Camp Hinds

Pine Tree Council Boy Scouts of America



Symmer Camp 2011 - Leader's Guide

http://www.camphinds.org



The Scoutmasters Timeline for Camp Planning

Early 2011	Review with your Scouts the programs available at Camp Hinds this summer.
	☐ Reserve your week and campsite with Pine Tree Council.
	☐ Send in deposits for Scouts going to camp.
	☐ Make parents aware of summer camp dates and the required BSA Health Forms
April, 2011	☐ Payment of \$25 per Scout due at Pine Tree Council
	☐ Arrange for Adult leadership to cover your troop at camp
April 1st, 2011	☐ Campership Application Deadline!
April 27th & May 21st	Scout Leader & SPL Kick-Off Celebrations: Join us for dinner on Wednesday, April 27th @ 7pm at the PTC Office in Portland and May 21st @2pm at the Camp Hinds Training Center. Join us for a Beaver Workday w/ the Hinds Alumni & Friends on May 21st from 9am-1pm and stay for the leaders meeting! Free BBQ at 1pm!
April/May 2011	☐ Review with Scouts the Merit Badges at camp
	Counsel Scouts on appropriate Merit Badges and pre-requisites
	SPL's discuss with Scouts the program opportunities available at camp, troop rotations, outposts and various troop activities
	☐ Scoutmasters secure 2-deep leadership for troop while at camp
May 1, 2011	☐ Early Bird Deadline! Payments are due at PTC!
	☐ Backpacking Trek Registration Deadline!
	Online registration for merit badges begins. You can access online registration by going to: www.pinetreebsa.org/scss
	Confirm the number of Scouts & Adults attending camp with PTC by returning the camp contract that is mailed to Scoutmasters.
May 7, 2011	Beaver Workday at 9am! Help get our camp ready for a summer of fun and action! Free BBQ & limited special edition beaver day patch for workers.
June 2011	☐ Start sending merit badge forms to camp (if you have not completed online registration)
June 1, 2011	SCUBA w/ PADI Certification (Week 3 Program, NOT The Weekly MB) Registration Deadline
30 Days Prior to	☐ Finalize plans, shake-down equipment, leadership and transportation
Troop Coming to Camp Hinds	■ Make final payments to PTC (bring receipts to camp!)
	Review Merit Badge sign-up forms for All Campers
	Collect and review BSA Health Forms for accuracy and completeness
	☐ Prepare gear for Wednesday Cookout meal in campsite
	☐ Arrange for emergency funds for camp (just in case)
At Least Two Weeks Prior to Camp!	Mail photocopies of all NEW BSA Health Forms and Advancement Registration materials (if not done online) to Camp Hinds. Mail Forms Directly To Camp Hinds At:
	Camp Hinds 146 Plains Road Raymond, ME 04071
Sunday at Camp	■ Welcome! Scoutmasters and SPL's attend the orientation meeting at 1pm at the Tabor Retreat. Bring 2 copies of your Troop Roster!



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Dear Scouters.

Welcome to the 2011 Camp William Hinds Season and our 84th summer of Scouting! We would like to thank you and your unit for selecting Camp Hinds as your summer camp destination. Summer camp plays a very important role in our youth's advancement, as well as their growth in character building, citizenship training and personal fitness. Our staff's goal is to create a summer of memories filled with fun, adventure and an exceptional outdoor learning experience!

The camp environment and trained staff provide a unique atmosphere that we hope will help each boy to reach their goals but success depends mostly on you, the Unit Leader. As we have said at the closing campfire for the past two years, we rely on your example, imagination, preparation, and planning to have a successful camp program. The challenge for all of us is great, but so are the rewards of seeing the impact the Scouting program has on the young mans' lives.

To make our program, and thus your Scouts, successful we have created this Leader's Guide for your use. It has been designed to provide you with all of the information you need to plan your troop's summer experience. Our entire staff will be working hard in the coming months to finetune our program, so keep your eyes on http://www.camphinds.org for updates and please do not hesitate to contact us for further assistance, questions or comments. We would love to hear from you!

"A week of camp life is worth six months of theoretical teaching in the meeting room." ~ Baden-Powell

Yours in Scouting,

Josh

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Introduction to Camp Hinds

Camp Hinds is located on over 300 acres of land on Panther Pond in Raymond, Maine. Less than an hour outside of Portland, Panther Pond is part of the Sebago Lakes Region of Maine. Camp Hinds is owned and maintained by the Pine Tree Council, Boy Scouts of America.

The camp was founded in 1927, and over the years has grown to include a number of facilities and buildings including a 300+ seat Dining Hall, Health Lodge, Recreation Hall, Trading Post, Craftshop, Messer Training Center, High and Low Ropes Course and waterfront areas. Several buildings are used for year round camping but Hinds is used primarily as a traditional resident summer camp. When not serving as a summer camp, various Scout units for the area can be found utilizing its many campsites and buildings throughout the fall, winter and spring months.



Camp Hinds Staff

Camp Hinds has a trained staff of approximately 55 Scouts and Scouters. Our camp staff are all registered members of the Boy Scouts of America and our mission is to help promote the aims and methods of Boy Scouting, to their fullest, here at Camp Hinds.

The camp is lead by a Camp Director, who works with a Program Director and the Camp Properties Superintendent. Each of our program and support areas are overseen by an Area Director, many of whom have attended the National Camping School program for training specific to their job. Camp Hinds is routinely inspected and meets the standards set down by the B.S.A. National Office for an Accredited Boy Scout Summer Camp. Our staff will assist and try to accommodate your needs in every way possible, so do not hesitate to ask for assistance. Occasionally, it may be necessary to shift or rearrange program plans or campsites to accommodate everyone, but this will only be done when no other alternative is possible and when it is in the best interest of the Scouts and the program.



2011 Camp Dates & Programs

WEEK 1: July 3 – July 8

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- ★ Trail To Eagle Advancement Week

WEEK 2: July 10 – July 15

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- ★ CIT Session 1: For 3 weeks running Weeks 2–4

WEEK 3: July 17 – July 22

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- ★ SCUBA Week with PADI Certification
- ★ CIT Session 1: For 3 weeks running Weeks 2–4

WEEK 4: July 24 – July 29

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- ★ CIT Session 1: For 3 weeks running Weeks 2-4

WEEK 5: July 31 - August 5

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- ★ Backpacking Trek in the Bigelow Mountain Range
- **★** BSA Lifeguard

WEEK 6: August 7 – August 12

- **★** Traditional Summer Camp for Troops & Provisional Scouts
- **★** Trail to Eagle Advancement Week

2011 Season Highlights!

- * Expanded *Older Boy Programs* including the Mountain Man Experience, Cycling & SCUBA Merit Badges offered weekly!
- * Bigelow Range Backpacking Trek offered week 5!
- * Over 50 merit badges including the addition of more Eagle Required badges such as Personal Fitness & Communications.
- * Introducing the *Panther Pond Triathlon* & other athletic opportunities.
- * New & Expanded Troop Rotation Offerings including water polo, duct duct tape, tomahawk throwing, pioneering challenge & GPS cache hunting with your troop!
- **NEW CAMP WIDE EVENT:** You won't want to miss the Camp Hinds Relay Race and Troop competitions held this year on WEDNESDAY afternoon.



Camp Telephone & Address

There is a phone located at camp for business and emergency use. The camp phone number is (207) 655-4878. Remember, there is no phone next to your son's tent so parent's should *only use* this number in case of an emergency.

There is a pay phone available in camp for non-emergency use. We strongly encourage all leaders to keep their Scouts away from the phone. Experience has taught us that this really helps with homesickness. Camp does require that All Campers using the pay phone have the permission of their Scoutmaster to use the phone!

Scouts enjoy receiving mail from home during their stay at camp! We encourage you to write, but be sure to write early in the week as even though mail is delivered daily, sometimes it can take a day or two for mail to reach camp depending on your location. Each campsite has a mailbox in the Trading Post for mail and non-emergency messages! Leaders, please check your mailbox a couple of times each day for incoming mail and messages. All emergency messages received in the camp office will be delivered immediately to the adult leadership of the Scout by the camp staff.

Mailing Address:

Scout's Name | Scout's Troop # and Campsite Camp Hinds 146 Plains Road Raymond, ME 04071

For Updates & The Latest Information...

Please refer to the website at http://www.camphinds.org! Any changes to course offerings, schedules, etc. will be posted there as soon as they become available. You also can sign-up for the Council E-Lists and receive program specific council newsletters right in your inbox!





A Typical Day at Camp

The day at Camp Hinds is organized to provide personal advancement opportunities, activities to unify and strengthen the troop and plenty of time to make new friends, work on advancement or enjoy the many evening programs and special events we offer.

Morning activities include 3 periods where boys attend merit badge sessions and work on advancement. Working with their scoutmaster, boys individually choose the badges they want to work on. Signups are done prior to camp. Limited changes can be accommodated after arrival.

The afternoons at Camp Hinds offer activities for all ages. Many older boys will choose to participate in one of our older boy speciality programs. Polaris participants and first year campers can schedule additional advancement opportunities at the waterfront. Each afternoon will have different programed activities to participate in including hiking, water polo, climbing, shooting sports, crafts, tomahawk throwing and troop sporting competitions. You may choose to leave camp on one of popular troop out-posts like the Tenny River Run or Rattlesnake Mountain Hike! Working with your SPL, troops may pre-register for these events prior to camp. New this year, our Camp Hinds triathlon will give individual campers a chance to compete and returning this year - an expanded all-camp event!

Evenings at Camp Hinds allow time to visit open program areas as a troop or with a buddy. Many nights will also include special camp programs such as our night hikes, drumming circle, and our weekly Scout Master Splash. Some merit badge sessions and advancement opportunities may be offered as well as extra time to work with merit badge counselors. At the end of the busy day, all campers enjoy time in their campsite around a campfire.

Special Camp Programs

In addition to our traditional Scout camp, specialized programs are offered each week at Camp Hinds. Our excellent **Trail to Eagle Advancement Week** gives Scouts 13 and older a chance to work on many of the Eagle required merit badges, plus participate in an Eagle service project and learn valuable skills to prepare for the Eagle project, board of review and ceremony. This program is offered weeks 1& 6. Ever wondered what it takes to be part of our camp staff? Take our **Counselor-in-Training Program** offered this year during week 2-4. A full 3 week course will prepare you for camp leadership and teaching. Scuba with PADI certification returns to week 3 again this year. Don't miss this unique opportunity! Our excellent BSA **Lifeguard Program**, a full week of training, instruction and fun is week 5 this year. We are excited to introduce a **Backpacking Trek** that will be week 5 only this summer. Join a small group of older Scouts and hike the Bigelow Range. Register today for these exciting camp options!!



NEW FOR 2011 - The Mountain Man Experience!



The Mountain Man Program is designed for older Scouts (13+) who want to experience what the life of a Mountain Man in the fur trade era of the 1840s would have been like. Participants will experience the primitive lives of these men and learn of the contributions they made to the growth of our country. Scouts will enjoy activities such as knife making, tomahawk throwing, black powder shooting, fire building, leatherwork, tracking skills and dutch-oven cooking. This course will run Monday-Wednesday afternoons and will include some required evening events and an overnight experience.

An additional registration fee of \$50 to cover mountain man clothing, leatherwork & knife making materials will be required.



Take The Cycling Merit Badge & Discover Nature on Two Wheels!

Program Specifics: This program will run every week and is for older boys (13+). The merit badge is offered as a double period with our Fitness/Sports staff and will be limited to 10 Scouts.

Pre-camp requirements: Participants should be familiar with the requirements for the Cycling merit badge. Requirements 1-7 will be covered at camp. Each scout should complete at least 3 rides prior to camp. These should include one 10 mile ride, and two 15 mile rides. Come with a log of ride dates, routes traveled and interesting things seen. We will complete one 10 mile ride and one 25 mile ride at camp. Rides will start and end from Camp Hinds. Adult leadership will be provided, along with a chase vehicle in the event of a breakdown. Information will be provided to participants of possible 50 mile rides being held in the Southern ME area.

Equipment needs: All participants need to provide a bicycle suitable for road travel. The bike should be well-maintained and properly sized for the participant. In addition, each cyclist needs to bring a bicycle helmet that meets standard safely requirements. Participants need their own water bottle and a small backpack or bike pack to carry water, a jacket and some snacks. Bright colored clothing is encouraged.



Take your camp experience "up a notch"...



Join Us On A Maine **Backpacking Adventure!** Week 5: July 31 – August 5, 2011 **Bigelow Range**

Program Requirements: Scouts must be 13 years old by August 1, 2011. They may register for week 5 with their troop or as a provisional camper. A \$50 additional fee will be added to the camp fee for this program. The program is limited to 10 Scouts and the registration deadline is May 1st!

Program Specifics: Scouts will arrive for Sunday check-in and evening events. Trek participants will depart on Monday and return to camp by Friday afternoon. This trek will be led by adult trained guides.

Merit Badge Requirements: All Scouts should be familiar with the Backpacking merit badge requirements. Participants will complete requirements 1-9 as part of the pre-training and trek experience. Scouts will need to plan and complete additional backpacking trips to complete the merit badge.

<u>Pre-Trip Requirements:</u> All Scouts will be required to attend one of two pre-camp meetings, including a day hike, to participate. Dates and location to be announced. Trip specifics and an equipment list will be distributed at this time.

Equipment Needs: Scouts will be required to provide a suitable backpack, proper hiking boots and personal items, including a sleeping bag for the trip. All food and cooking equipment will be provided by Camp Hinds. Watch the website for updates & equipment lists!







New For 2011!

The Panther Pond Triathlon!!!

The sport/fitness staff at Camp Hinds are pleased to announce the First Annual Panther Pond Triathlon! This event directly ties in with the Boy Scout's aim to promote physical fitness. Scouts will have the opportunity to set a goal, train and compete with others around camp. This event will also promote unity not only on a camp-wide basis but within your troop. We encourage those Scouts who are not participating to come and cheer for those who are!!!

The Panther Pond Triathlon will be held on Friday afternoons at 2:30 p.m. It will consist of three events, swimming, canoeing and running. Participants will swim a quarter of mile at Main Beach, canoe up the Tenny River, and then complete a 3 mile run. The winner will be determined by the fastest completion time.

Safety is very important to us at Camp Hinds. In the swimming portion of the race, all BSA rules and regulations regarding the waterfront will be in effect. At each transition point, staff members will be positioned to ensure that the rules are being followed and that each scout completes that portion of the race. The Health officer will be on hand to deal with any emergencies.

Requirements to compete in the Panther Pond Triathlon are:

- 1. Participants must be in good health and be physically able to swim, canoe and run. This will be determined by our Health Officers and the Scoutmaster of the troop.
- 2. All swimmers must have passed the BSA Swimmer's test and have earned both swimming & canoeing MB. In addition, each participant must complete at least 1 Polar Bear Swim session during the week (6:45 a.m. Monday – Friday) and participant in one session of mile swim (11:45 Monday – Thursday)
- 3. Participants must complete at least one session of Personal Training with the fitness staff. Personal Training will be a chance to meet with the Sports staff and train through a series of calisthenics, stretching and running exercises. This training will be Monday and Tuesday evenings.
- 4. Participants must meet with the boating staff and review how to paddle and steer a solo canoe.
- 5. Participants must complete the participation form and return it to the Program Director no later than Thursday at breakfast. This form will be available when you arrive at camp!



Join Polaris!

Our First Year Camper Program

We are pleased to offer our outstanding Polaris program for Boy Scouts up to age 13, Tenderfoot Rank to First Class. This is the perfect introduction to the Camp Hinds experience and your Scouts are guaranteed an amazing camp experience. In this program, Scouts will:

- Have excellent staff that stay with you all week.
- Learn the patrol method with other first year Scouts!!
- Make new camp friends!
- Complete a number of requirements for Tenderfoot through First Class while still earning one or more merit badges at camp.
- Have an opportunity to experience every program area at camp!
- Build scout spirit! Work as a team! Develop leadership skills!
- Get the Polaris patch to wear on your uniform!

A typical day in the *Polaris* Program:

8:30-8:45 - Welcome! Daily Patrol Challenge!

8:45-9:15 - Whip & Fuse The End Of A Rope

9:15-9:30 - Knot Relay Race

9:30-10:00 - Demonstrate the proper use and sharpening of an ax

10:00-10:20 - Take the itch out of camp! Plant identification



Daily Special Events Include: ice cream social, hike to

Rattlesnake Mountain, Polaris Campfire and more!

Program Specifics

Scouts will be divided into patrols for the week. Scouts will work on rank requirements for a double period and their choice of a merit badge during the third period. Special afternoon and evening events will also be scheduled – including a hike, and a Polaris campfire.

Note to Scoutmasters and parents: While most of the rank requirements for Tenderfoot to First Class will be covered, we realize that selected requirements are best done as a troop. We encourage All Campers to learn the first aid requirements prior to attending camp.

Sign your younger Scouts up for this exciting program full of skills, Scout spirit, new experiences and fun!!





For the Scout that is serious about working on his Eagle rank... consider our:

Trail to Eagle Program

When: Offered Week 1 (July 3-8) and Week 6 (August 7 - 12)

Who: Due to the demands of the Trail to Eagle Advancement Week, this program is only open to 13 year old Scouts who are Star or Life rank and to all 14 years or older Scouts.

Organization: Trail to Eagle participants can come with their troop or register as a provisional scout for the week. Adult volunteer Scoutmasters and trained staff serve as Scoutmasters and assistant Scoutmasters for the week.

Program Descriptions: Many of the Eagle required badges will be offered during the Trail to Eagle week. Participants may take up to 5 merit badges. Some badges require more than 1 session. Most merit badges do have work that needs to be done prior to camp in order to complete their badge. Scouts will need to provide proof of work indicating that the requirement has been completed. A letter from your scoutmaster or parent or the written work will need to be presented to the instructor. Merit badge booklets are required for most of the badges. Scouts are encouraged to bring them from their troop library or to purchase them at the Scout shop prior to camp. Limited booklets will be available at the trading post.

All Campers are also required to register for a daily leadership session. How do you choose a project? What do I need to include in a project proposal and write-up? How do I prepare for my Eagle Board of Review? How to plan an Eagle ceremony and opportunities to stay in scouting beyond achieving the Eagle are all discussed. Our Eagle Scouts on staff and volunteer Scoutmasters will be teaching these sessions. As part of the leadership session, all participants will complete a camp service project. Please bring work gloves and work clothes for the project.



Trail to Eagle Merit Badges 2011

Note: If a Scout does not complete the required pre-requisites or all of the work at camp, he will not complete the badge at camp. A list of partial requirements covered will be provided to the Scoutmasters.

Merit Badge	General Information	Pre-requisites
Citizenship in the Community	Bring a map of your community. Merit badge booklet required.	3a (be ready to discuss b) 4a & b, 7, and come with information to complete req. 8
Citizenship in the Nation	Bring copy of historical speech to camp with you. Merit badge booklet required.	2 & 6 (select speech prior to camp and come with copy)
Citizenship in the World	Broaden your world views! Merit badge booklet required.	7c, 7d or 7e if possible
Communications	Come ready to talk at this badge! Double period session. Merit badge booklet required.	4, 5, & 8 if possible
Emergency Preparedness	Participants should have earned or be taking the First Aid merit badge. Merit badge booklet required	Complete 2c, 8c and 9a, 9b or 9c prior to camp.
Environmental Science	This requires a 2 hour session to complete. Merit badge booklet required.	
First Aid	Bring completed first aid kit from home. Merit badge booklet required.	2d
Lifesaving	Must be a swimmer and have swimmer MB. May require extra time and/or help.	
Personal Fitness	Design your own fitness plan and execute it for 12 weeks. Merit badge booklet required.	1a and 1b 6 & 7 will be done at camp but scout will need to exercise for 12 weeks.
Personal Management	Personal financial plan. These requirements take 13 weeks to complete. Merit badge booklet required.	1 and 2 must be completed with family. Complete 8 prior to camp and come ready to discuss.
Swimming	Must pass swimmers test. Have long sleeve pants, shirt and shoes that can get wet.	



Take the BSA Lifeguard Course at Camp Hinds this summer!!

The purpose of the BSA Lifeguard is to provide an intensive training program in aquatics safety for older Scouts and adult leaders.

Completion of the course earns participants a 3 year lifeguard certification recognized at all BSA camps and events. In many states, BSA lifeguards may work at public beaches and camps.

Who: All participants must be excellent swimmers. To enroll, you must be at least 15 years of age. Merit badge pre-requisites include: Swimming, Lifesaving, and First Aid. Boating experience is preferred. Adults wishing to participate must contact the Camp Hinds Administration for approval. Available space will be given to Scouts first. Adults participating will be charged the extra leader fee as they are not available to provide troop leadership in their units.

When: For the 2011 Camp season, the BSA Lifeguard course will be offered Week 5 only. Scouts may come with their troop or register as a provisional Scout and participate in this program.

Program Description: This is an intensive program that will run all week and involve the candidate for most of the camp week, including evenings. Scouts will learn multiple rescue techniques including rescue from a watercraft, swimming extension rescue, active drowning rescue, passive drowning rescue, and submerged victim rescue. Course also covers long shallow diving, stride jumping, compact jump and defense and grip escapes and backboarding procedures. Students will need to pass a written exam on theory and knowledge showing an understanding of aquatics program and emergency management skills. Scouts will serve as a lifeguard at 2 or more aquatic events during the week.

Note: This course covers some first aid and CPR but in order for your certification to be valid, you must hold current certification in CPR. We encourage participants to attend a class offered by the American Heart Association, the American Red Cross or the National Safely Council prior to camp.



CAMP HINDS, IN CONJUNCTION WITH MAINE DIVERS, IS OFFERING TWO DIFFERENT LEVELS OF SCUBA PROGRAM IN 2011



(Self Contained Underwater Breathing Apparatus)

Complete Open Water PADI Certification WEEK 3 ONLY **REGISTRATION DEADLINE JUNE 1st!**

Come as a Provisional Scout or with your Troop

Work with Maine Divers Scuba Center (www.mainediversscubacenter.com) and their Master Instructors on your PADI certification! PADI is the internationally recognized "Professional Association of Dive Instructors." Participants that successfully pass the course will receive their Open Water PADI Certification and will be registered with PADI. They will also receive the SCUBA MERIT BADGE! Divers under the age of 18 will have limits on their certifications as to whom they can dive with until they reach the age of 18. **Open to Scouts and adults.**

- * Classes offered in the afternoon
- * Scouts must be 14 years or older (no exceptions)
- * Scouts must be strong swimmers with pre-requisites of Swimming MB and Lifesaving MB
- * Mandatory online classroom instruction, with PADI and in conjunction with the Maine Divers, will begin in June.
- * For the Week 3 Program the cost is \$600 to cover the cost of camp, PADI Certification & ALL SCUBA GEAR!



We will be offering SCUBA MB as part of the morning merit badge program in 2011!

- * Scouts must be 13 years or older (no exceptions)
- * Scouts must be strong swimmers with pre-requisites of Swimming MB and Lifesaving MB
- * Extra fee of \$50 to cover Maine Diver Instructors & SCUBA Gear
- * One additional SCUBA session will be required to complete the badge. These will be offered during Week 3 & Week 6 at Camp Hinds - specific details & dates/times TBA.



Ever wonder about a summer living and working at Camp?

Join the Counselor in Training Program!!

Camp Hinds offers an excellent CIT program for interested Scouts that will introduce them to life as a staff member, as well as provide valuable leadership, communication skills and work experience.

When? The CIT program is a 3 week program. Participants will live and work at Camp Hinds for all three weeks, with only weekends off. One CIT session will be offered for the 2011 season. Participants must be available to attend all 3 weeks in order to enroll in the CIT program.

CIT Dates: July 10-29, 2011

Who? Scouts who wish to participate need to be 15 years old as of July 1, 2011 and must fill out a Camp Hinds Staff application. Applications are due into the Pine Tree Council office by May 1st. All staff who apply will be contacted by the Camp Hinds Administration for an interview in order to be selected into the program. Late applications will be permitted as space permits.

<u>Cost?</u> For those Scouts who are accepted, the cost is \$200 for all three weeks. In addition, each Scout needs to have 2 complete class A uniforms (Scout shorts, shirt, socks) as well as Scout shorts and Scout socks for class B uniforms to last a week. A complete supply list will be provided upon acceptance to the program.

Program Specifics! The CIT program has been planned so that Scouts will have increasing responsibilities at camp. Time is spent on learning leadership, teaching and communication skills. Typically during Week 1, Scouts will be able to earn merit badges and learn teamwork by participating in troop rotations as a CIT troop. Week 2 finds our CITs taking limited merit badges while doing observations and some limited assisting in many different areas throughout camp. It is our goal to introduce our CITs to all the programs at camp, including COPE. Week 3 they will experience life as a camp staff – assisting in some merit badge instruction, helping with troop rotations and evening activities at camp, including our campfires. Scouts who complete this program may be eligible for staff positions the following year. If a scout is hired, a scout will have a starting salary bonus of \$100.

Parent Meeting: A parent meeting will be held at Camp Hinds prior to the CIT session. Accepted applicants will be mailed the date and time for this meeting.



Older Boy Weekly Programs

Camp Hinds offers special afternoon programs for our Scouts 13 years and older in place of attending troop activities. This is a great way to meet other Scouts your age and try something new at Hinds. Class sizes are limited. Pre-register to insure a space in the program you want. Attendance at all sessions is required. The following courses will be offered each week.

NEW FOR 2011 - The Mountain Man Experience! The Mountain Man Program is designed for older Scouts who want to experience what the life of a Mountain Man in the fur trade era of the 1840s would have been like. Participants will experience the primitive lives of these men and learn of the contributions they made to the growth of our country. Scouts will enjoy activities such as knife making, tomahawk throwing, black powder shooting, fire building, leatherwork, tracking skills and dutch-oven cooking. This course will run Monday-Wednesday afternoons and will include some required evening events and an overnight experience. An additional registration fee of \$50 to cover mountain man clothing, leatherwork & knife making materials will be required.

NEW FOR 2011 - Stop, Dropcloth and Roll! Come earn the painting merit badge and provide some much needed camp service. Participants will learn how to prepare and paint exterior surfaces as well as ladder safety, health and environmental responsibility. Bring clothes that can get messy and come for a colorful time. This course will run Thursday - Friday.

COPE – Our "Challenging Outdoor Physical Experience" program is designed to challenge you both mentally and physically. The program consists of teambuilding activities on the ground, the low course (elements 6 ft. in height) and the high course (elements 20 ft. in height). Based upon the values of teamwork and "challenge by choice", no one is forced to do a task if they do not wish to undertake the challenge presented. This is a four day course running Monday-Tuesday and Thursday-Friday. Participants will earn the COPE "knot" after completion of the course.

Lights, Camera Action!! Returning again for another season! You can spend the afternoon planning. directing, filming and editing your own feature film! Scouts will learn all aspects of film making – from developing a story board, operating a video camera, filming and editing your work. Earn the cinematography merit badge and start your film legacy! Course will run Monday-Tuesday and Thursday-Friday.

Par for the Course!! Returning this year!! Go green and earn the golfing merit badge at Camp Hinds! Enjoy two afternoons and work on your grip, stance and swing. For the beginner or the experienced golfer. Participants are invited to bring their own golf clubs. An Additional green fee of \$15 will be required. Course will run Monday-Tuesday afternoons.

Sailing: Love to sail or looking to refine your skills? Join a staff member for an afternoon of sailing on Panther Pond. Participants must be swimmers but do not need to have prior sailing experience. Course will vary according to the experience of participants. Sign-up for Monday-Tuesday or Thursday - Friday.

In addition to the weekly older boys program, limited afternoon daily events may be offered to the older Scouts. These will take the place of troop activities for all or part of the afternoon. Watch for the daily announcements or see the Program Director for more information!



Merit Badge Basics

Merit badge classes expose Scouts to new subjects, teach a variety of skills and are an important part of the Scouting programming at Camp Hinds. Our mornings are filled with merit badge sessions, enabling All Campers to earn two or three badges during their time at camp. For the motivated scout, additional opportunities are provided, usually in the evening, to start and possibly complete additional badges.

Consider your options: Choosing the right merit badges is an important step for camp success. While a scout may be interested in a particular badge, it may not be the right badge (or the right year) for him to take the merit badge. Many of our badges have pre-requisites and/or specific age requirements. Scoutmasters need to meet with their Scouts and determine which merit badges and advancement opportunities best suit their needs. A list of merit badges and their pre-requisites are included in this packet.

Pre-register!!! Beginning May 1st, you can complete on-line registration for merit badges for your troop at www.pinetreebsa.org/scss. Classes are filled on a first-come basis. On-line registrations will be given first priority. If on-line service is not available to you, you can go to the Pine Tree Council Center and ask for help to enter your badges for your troop. Your last option is to mail your advancement forms. All mailed registration forms should be mailed to camp two weeks prior to your arrival. Any late registrations and merit badge changes will be done on Sunday afternoon at camp as well as Monday morning before and after breakfast.

Confirm your choices: All Scoutmasters who pre-register will receive a tentative schedule for their troops on Sunday afternoon. Although we try to meet as many Scouts' choices as possible, please be aware that some merit badges have class limits and will fill up. Preference is given to older youth who have not yet completed the badge. In order to balance class sizes, we occasionally change the time a scout has a class. Some classes are balanced based on equipment needs or staff availability. Scoutmasters will receive a final printout for each scout and one for their troop at the Sunday evening campfire.

<u>Check for Pre-camp requirements:</u> Many merit badges require Scouts to complete requirements prior to camp. These are listed on the merit badge page. Please consult the merit badge pamphlet for specific information about these requirements. Review these requirements with a scout and their parents so they can encourage a scout to come to camp prepared and ready to complete the badge. If the pre-camp requirements are not done prior to camp, a scout will earn a partial on that merit badge.

Be Prepared with merit badge books and any special equipment!:

For the following Eagle Required Badges (Emergency Preparedness, Personal Fitness, Communications, Environmental Science, First Aid and all Trail to Eagle badges) we are asking that Scouts bring the merit badge booklet from their troop library or purchase them at the scout shop prior to camp. Limited copies will be available in the trading post. This will enable camp staff to have more interactive and informative sessions.

Some merit badges require special equipment (fishing reel, musical instrument, etc). While the camp has some equipment, a scout will increase his learning opportunities by bringing his own equipment from home. Please label any items brought from home. The camp cannot be responsible for lost or damaged items.

Completing the badge: Every scout should be strongly encouraged to attend each of his merit badge sessions. Careful planning has been done by the staff to ensure that the information required is presented in an interesting and interactive way. If a scout needs to miss a session (sickness or absent from camp etc.), he will need to complete outside work or go home with only partial requirements.

Extra Help for Merit badge work: Scoutmasters should check with their Scouts to make sure camp work is being completed. Our staff will try to inform Scoutmasters if any of their Scouts are having trouble completing the required work. All Campers can receive extra help for merit badges during the scheduled open areas during the evening or by prior arrangement with a camp staff member. If you have a question as to why a Scout is not being signed off on a requirement, please see the Merit Badge counselor. If a problem is still un-resolved, see the area director and then the program director and we will meet and discuss the issue.

Paperwork and Partials: Camp Hinds uses a camp facsimile of the blue cards to record all work done in camp. Leaders will be able to pick up copies of the Camp Hinds Merit badge sheets for their youth Friday afternoon. Completed badges will be recorded and kept in the records at Camp Hinds. If you are missing paperwork, please contact the camp office before August 15th.



2011 Camp Hinds Merit Badge Information

Archery	Recommended For: Returning Campers	Prerequisites: None Preparation: None	Other Information: Meets for a double period
Art	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information: A good merit badge for those with some artistic talent.
Athletics	Recommended For: Returning Campers	Prerequisites: None Preparation: Requirements 3 & 5	Other Information: Must participate in an athletic activity for one season.
Astronomy	Recommended For: Returning Campers	Prerequisites: None Preparation: Do requirement 6 & 7B prior to camp.	Other information: At least one night observation session will be required.
Backpacking	Recommended For: Scouts 13 Years & Older.	Prerequisites: Must attend pre-camp meeting & hike Preparation: Must provide suitable hiking boots & backpack	Other information: Offered Week 5 Only Eagle Required Badge: Additional Backpacking will be needed to complete the badge Additional fee of \$50 required



ella.			Camp Programs
Basketry	Recommended For: Returning Campers	Prerequisites: None	Other Information: Materials for basic project included.
Camping/Hiking	Recommended For: Returning Campers	Preparation: None	Other Information: This MB session will cover parts of the camping & hiking MBs - both Eagle Required Additional camping & hiking will be required to complete the badge
Canoeing	Recommended For: Returning Campers	Prerequisites: Must be a swimmer. Preparation: Bring shoes or sandals that can get wet for swamping.	Other Information:
Cinematography	Recommended For: Part of the Older boy program – Lights, Camera, Action.	Prerequisites: None Preparation: None	Other Information: Will be held during the afternoon sessions at camp. Will make a camp movie!
Climbing	Recommended For: 3 rd Year Campers and above. Must be at least 13.	Prerequisites: None Preparation: Need to bring long sleeve shirt and long pants	Other Information: The merit badge includes climbing on the tower and natural rock faces. This MB is a Double Session
Communications	Recommended For: Returning Campers & Older	Prerequisites: None Preparation: Complete req. 4 & 5 prior to camp.	Other Information: Eagle required badge. Help make a Camp Hinds newsletter. This merit badge is a double session.



			Camp Programs
Cycling	Recommended For: 3rd Year Campers and	Prerequisites: Must Have Own Bike and	Other Information: Eagle Required Badge.
	above. Must be at least 13.	<u>Helmet</u>	This merit badge is a double session.
(GIO)		Preparation: Must have completed	
		pre-camp rides.	
Emergency Preparedness	Recommended For: Returning Campers	Prerequisites: Earn First Aid Merit Badge	Other Information: Is an Eagle Required
4	Treatming cumpers	Preparation: Complete 2c, 8c, and 9 a,	Merit Badge.
		9b or 9c prior to camp. Merit badge book required	
Environmental	Recommended For:	Prerequisites:	Other Information:
Science	3 rd Year Campers and older.	None Preparation: Merit badge book required	Eagle Required Badge. Extensive Merit Badge. Meets for a
(5.43)			double session.
Fingerprinting	Recommended For: All Campers	Prerequisites: None	Other Information: Meets Monday Night.
		Preparation: None	Great badge for first year Scouts.
Fire Safety	Recommended For: All Campers	Prerequisites: None	Other Information: Visit a fire station prior to
	1	Preparation:	camp.
		Complete req. 11 prior to coming to camp.	
First Aid	Recommended For:	Prerequisites: Must have	Other Information:
San	Returning Campers	First Aid skills up through and including First Class.	Merit badge book required.
		Preparation: Complete Req. 2d (First Aid	
Name of the last o		Kit)	
Fishing	Recommended For: All Campers	Prerequisites: None	Other Information: May require fishing
(2)	7 m Campers		outside of merit badge
-5		Preparation: Bring Fishing Pole	session. You must catch 2 fish, clean & cook one.
35		if Possible	You will spend part of the week fishing in Panther
			Pond during this session.



•			Camp i rograms
Fish & Wildlife Management	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information: One of the merit badges required for the World Conservation Award
Geology	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information:
Golf	Recommended For: Part of the Older Boys "Par for the Course" afternoon program.	Prerequisites: None Preparation: Participants are invited to bring their own golf clubs.	Other Information: Additional greens fee of \$15 required.
Indian Lore	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information: Learn about the crafts and culture of people who first lived in Maine.
Insect Study	Recommended For: All Campers	Prerequisites: None Preparation: Complete Req. 7 prior to camp	Other Information: None
Kayaking BSA	Recommended For: Returning Campers	Preparation: Must have Swimming and Canoeing or Rowing MB	Other Information: Not a Merit badge but an award from BSA.
Leatherwork	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information: Good choice for first year campers. Materials for basic projects included



4			Camp Programs
Lifesaving	Recommended For: Returning Campers	Prerequisites: Must be a swimmer and have Swimming MB. Preparation: None	Other Information: Eagle Required Badge. Meet requirements otherwise meet by Emergency Preparation. May require extra time and/or help.
Music	Recommended For: All Campers	Prerequisites: None Preparation: Complete req. 3 prior to camp.	Other Information: Good merit badge for music lovers or those involved in school music program.
Nature	Recommended For: All Campers	Prerequisites: None Preparation: None	Other Information: A great merit badge for those who love the outdoors!
Orienteering	Recommended For: Returning Campers	Prerequisites: Should have completed orienteering requirements up through First Class Preparation: None	Other Information:
Personal Fitness	Recommended For: Returning Campers	Prerequisites: None Preparation: Complete Reqs. 1a & 1b prior to camp	Other Information: Eagle Required Badge. Scout will design their own fitness plan and will execute it for 12 weeks following camp.
Pioneering	Recommended For: Returning Campers	Prerequisites: Should have completed knots and lashing requirements up through First Class Preparation: None	Other Information:
Rifle	Recommended For: Returning Campers	Prerequisites: None Preparation: None	Other Information: Meets for a double period. Class size limited.



			Camp 1 rugi ams
Rowing	Recommended For:	Prerequisites:	Other Information:
N. Salakara	All Campers	Must be a swimmer	Could be difficult for
			small frame Scouts. Needs
(A)		Preparation:	shoes or sandals that can
The same of the sa		None	get wet for swamping
SCUBA	Recommended For:	Prerequisites:	Other Information:
S C C 211	Offered to Campers	Swimming & Lifesaving	Participants will be
	13 Years and Older	Merit Badges	notified of additional time
	13 Tears and Older	Wient Budges	to work with Maine
		Preparation:	Divers. See Leaders
		None	Guide for more
Transporter .		None	information.
			illioillation.
			Additional for of \$50
			Additional fee of \$50
			required
Contratues	Recommended For:	Duonoguisitos	Other Information:
Sculpture		Prerequisites:	Other information:
Section 1	All Campers	None	
600 Y 1000 Y		T D 4:	
		Preparation:	
		None	
No. of the last of			
Shotgun	Recommended For:	Prerequisites:	Other Information:
A STATE OF THE PARTY OF THE PAR	3 rd Year Campers and	Must be at least 13 years old	
	older.	or have Rifle Merit Badge.	
		Preparation:	
		None	
997			
C UD (C "	D 115	D	
Small Boat Sailing	Recommended For:	Prerequisites:	Other Information:
	Returning Campers	Must be a swimmer and	Class size limited
		have earned Canoeing MB	
		or Rowing MB	
		Preparation:	
The same of the sa		None	
The state of the s			
Sports	Recommended For:	Prerequisites:	Other Information:
San Printers	All Campers	None	Must play in 2 different
		. 3	sports prior/following
		Preparation:	camp to earn the merit
		Requirements 4 & 5	badge.
(9)		1	
1	I	1	į –



-			Camp 1 rograms
Swimming	Recommended For:	Prerequisites:	Other Information:
100	All Campers	Must be a swimmer.	Great first year badge.
3 B 2 B 2		Preparation:	Prerequisite for many of
		Bring long sleeve button up	the aquatic merit badges.
		shirt, long pants and shoes	
A STATE OF		that can get wet.	
Wilderness Survival		Prerequisites:	Other Information:
N. S.	Recommended For:	Should have completed the	Must sleep out in shelter
	Returning Campers	camping requirements up	for one night to complete
And the second		through First Class.	badge at camp
section of the sectio		Preparation:	
数据(表)		Bring supplies for Req 5	
"本五年"		(small survival kit)	
Wood Carving	Recommended For:	Prerequisites:	Other Information:
were the same of t	All Campers	None	
AND THE REST		Preparation:	
Spinior College		Helpful to bring own	
		jackknife for carving	
A A A		projects. Blade must lock or	
***	D 115	be BSA approved.	
Woodwork	Recommended For:	Prerequisites:	Other Information:
Jana Santa	Scouts 13 years	None	This MB will focus on
The state of the s	and older	Preparation:	making woodworking
11711		None	projects for camp
1 may			
The second			



Afternoon Troop Activities

Are you ready for some water polo at Main Beach? Or would you rather see Camp Hinds from the top of the climbing wall? Take a romp in the Swamp! Paddle down the Tenny! Build a tower in Scoutcraft or make something cool at the craft shop. With the afternoon troop activities at Camp Hinds, you can do all this and more!!

Afternoon programs at Camp Hinds are designed as a fun way for Scouts to experience as many areas of camp as possible to build teamwork within their troops. Please encourage all your Scouts to participate. Programed events run from Monday to Friday afternoon and include both camp-wide and troop events. New this year is a chance for Scouts to compete in the Camp Hinds Triathalon. Show your camp spirit by swimming, running and paddling to the finish line. Older boys enrolled in a weekly program will miss troop rotations. Polaris participants may have some scheduled afternoon events that they can choose to attend or do activities with their troop.

New this year! Troops may register on-line and choose many of the activities in their schedule. Priority will be given to troops who register early. Some activities will fill up. Afternoon schedules will be finalized by the Program Director on Monday morning. Completed schedules will be handed out at the Senior Patrol Leaders' meeting on Monday. Although we try to meet all troop requests, we may need to change the schedule based on staffing limitations.





Camp Hinds 2011 Afternoon Troop Activities

- Please encourage all of your Scouts to participate.
- An adult leader MUST accompany the troop at all of the afternoon activities.
- Never invite you or your troop into a program area without a staff person present
- Don't miss these advancement opportunities: Second Class Swim Requirements (Monday Afternoon) & First Class Swim **Requirements (Tuesday Afternoon)**

CPR Practical - 1 period A 50 minute lesson on the basics of CPR. Come learn for the first time or as a review. This is not a certification course but it does satisfy the CPR requirement for the following merit badges - Swimming, Lifesaving, First Aid, and Emergency Preparedness and could help you save a

<u>Tomahawk Throwing – 1 period</u> Try your hand at learning the skill of tomahawk throwing. Fun to learn, easy to improve. Practice this old time scouting skill with your troop.

Tie-dying! 1 period It may be a blast from the past – but you'll be sure to be cool with the troops at camp. Join our very hip craftshop staff for a session of tiedying. Troops need to provide their own white/ lightcolored t-shirts to dye. Limited quantities available for purchase.

Rifle Shooting – 1 period Wander up to the Rifle Range and shoot with our knowledgeable and extremely accurate shooting sports staff!

<u>Archery – 1 period</u> Welcome to Sherwood Forest! Choose this period and learn the ancient art of archery with your troop. You can't be far off the mark with this one!!!

<u>Swamp Romp - 2 periods</u> Not for the faint of heart, continue this well-known Camp Hinds tradition and join our Ecology/Nature staff for a romp in our swamp. A great way to see nature up close and personal!!!

Water Polo – Main Beach – 1 period Beat the heat and make some waves with a game of water polo. The aquatics staff will divide up the teams, cover rules and officiate the fun. Units will be expected to provide extra help as lifeguards.

Troop Climb – Climbing Wall – 2 periods Reach new heights with your troop. Join our sports staff at the climbing wall and see if this is your new favorite sport. Equipment and basic instruction will be provided.

Boating – 1 period Nothing like boating on Panther Pond! If you have a unit full of swimmers, take out our canoes or rowboats with your troop for some R&R or even some fishing!!!

Pioneering Under Pressure: 1 period Can you lash it? Square off against other troops to lash the strongest structure at camp. Basic instruction and all materials will be provided in this spontaneous problem solving session. Winner will be determined in an evening troop show-down!

Duct, Duct Tape! 1 period Come to the craftshop for a session of sticky fun! Create a project that we suggest or one of your own! Join the duct tape craze and see what many Scouts hope to be the new BSA merit badge!

Troop Attack 3 periods Join our sports staff for an afternoon of strategy and camp-wide fun as we celebrate 85 years at Hinds. Troops will be divided into teams and move throughout camp to capture flags, people and guaranteed fun!

Finders Keepers! 3 periods Catch the geocaching bug and learn to locate caches in and close to camp. We will provide equipment and a staff member to leave you looking for more!

Open Swim - West or Main Beach - 1 or 2 periods Chill at Main or West Beach. Take in some swimming or play a game of your own. Your unit will be expected to provide extra help as lifeguards

Rattlesnake Mountain Hike - 3 periods Take the afternoon and enjoy the wonderful views up Rattlesnake Mountain. The perfect "high adventure" activity , on a clear day, you can see the Presidential Range in NH. Your unit will be expected to provide the proper leadership. Maps of the trails will be provided.

<u>**Tenny River Run**</u> – 3 periods Paddle your way down the Tenny River to Crescent Lake for an afternoon of relaxation and free time. The perfect activity for a troop of swimmers – the unit will be expected to provide the proper leadership for this trip, including one with Safe Swim Defense and Safety Afloat Train-

Camp Hinds Service Project – 1 or 2 periods Spend an hour helping out Camp Hinds!! Your service is not only needed but it will help to improve camp for future campers as well as earn valuable service hours towards rank advancement.

<u>Troop Time - 1</u> or more periods_Spend some time working on troop programming in your camp site, take a hike around camp or play a sport with your own troop.



Special Events & Camp Activities

NEW FOR 2011! The Panther Pond Triathlon! Are you up for a challenge? Join us this year at the Panther Pond Triathlon! Scouts will swim, canoe and run to the finish line. The competition will be on Friday afternoon at camp but you can start training today! Bring your swim suit, your running shoes, a great attitude and your troop as your cheering section and join us for a great time! See page 11 for more information!

NEW CAMP WIDE EVENT: You won't want to miss the Camp Hinds Relay Race and Troop competitions held this year on WEDNESDAY afternoon. A great way to build unity in your campsite - plans are being made to make it even better than last year. Why save all the excitement for the end of the week . . . come join us on Wednesday for an afternoon of fun! Senior patrol leaders will get info at the SPL meetings!

Polar Bear Dip: Up with the sun? Join the waterfront staff for the mystery and majesty of the Polar Bear Dip. Every morning, Monday through Friday, at 6:45 a.m. on the Main Waterfront, we invite you to take the plunge into Panther Pond. For those brave enough to attend four mornings, the honor of being able to purchase the Polar Bear Dip patch will be theirs.



Mile Swim, BSA: This is a rugged swimming challenge for All Campers and leaders who want to test their endurance. Swimmers swim Monday – Thursday at 11:45. Participants must attend ALL the mile swim sessions. Completion cards will be given to all who complete the challenge and a patch can be purchased at the trading post with the completion card.

Fishing anyone? Scouts may go fishing with a buddy during open areas. A favorite spot is along Tenny Point. Scouts may only fish from rowboats and only during troop rotations or open boating times. Fishing is not allowed off the bridge or in the swimming or boating areas. No wading is allowed while fishing at any time. Those not yet swimmers may be able to fish from a rowboat with a swimmer present.

Sports Activities: Want to challenge the staff to a friendly game of frisbee or play water polo with another troop? Feel like playing just for fun? Watch the Camp Hinds Daily for nightly sporting events happening around camp. Volleyball, soccer, basketball, baseball, badminton, ultimate frisbee or your troop's favorite sport are available to participate in during your week at camp. Stop at the camp office to check on availability of equipment.

Morning Flag Duty – We see the Staff take down the flags at retreat but who puts them up each morning? Solve this camp mystery by making it you and your troop!! Volunteer for this important camp service and meet some basic scout skills requirements at the same time. Stop by the office or see the Program Director for details.



Leaders Shoot/ Leaders Climb: Join other leaders at the shooting range or the climbing wall for these special leader only events. Dates and times will be announced at the Scoutmaster coffees.

ScoutMaster Splash! Will you win in splash, style or pain? We invite all willing leaders to compete in the annual Scoutmaster Splash. Can you beat our own Camp Director and members of the aquatic staff? This not-to-be missed camp tradition is a wet and wacky time for all.

Duty to God Service: A non-denominational service is held every Tuesday evening at the Council Ring. All Campers and leaders are encouraged to attend. For all of camp, this is a "period of silence". No program areas, including the camp office and trading post, are open.

Ice Cream Social with Staff: All first year campers at Hinds, regardless of their age, are invited to an ice cream social on Monday night to meet the staff, make new friends and get comfortable with camp life. Don't miss this sweeeet Hinds tradition!!

Wear Your PJ's to Breakfast: Continue the mid-week tradition and wear your pj's to breakfast on Wednesday morning. Pink pajamas optional but encouraged!





Awards, Awards, Awards

At Camp Hinds we want to encourage All Campers and Scoutmasters to do their best, live the Scout law and fully participate in everything that Camp Hinds has to offer. To encourage individual Scouts, Scoutmasters, troops, and outstanding staff, we have the following awards. Award winners will be recognized at the closing ceremony on Friday.

Best Troop Award! Show us what your troop can do! Many things will combine to help us decide on the honor troop of the week! Camp inspections, participation in special events like the Scoutmaster Splash and Camp Hinds Triathalon, plus your score earned in the Camp Wide Event will all combine to earn you this coveted award! More information will be given out at the Scoutmaster meeting.

Honor Camper Award: At the conclusion of the week, each troop should vote for the Scout that they feel has best lived up to the Scout Oath and Law during their week at camp.

Honor Scoutmaster Award: Camp Hinds wants to recognize outstanding Scoutmasters who fully participate and enjoy their week at Camp Hinds. Information will be given out at the Sunday scoutmaster meeting. Do you have what it takes to be an honor Scoutmaster?

Honor Staff Member Award: Troops can recognize outstanding service in our staff by nominating a favorite staff member at the end of the week. So keep your eyes open for some quality service!

Baden Powell Award: Can you work as a team during your week at camp? Every patrol in camp is eligible to work towards this award which includes patrol spirit, advancement, service and living the Scout Law all week.

Paul Bunyan, Totin Chit and Firem'n Chit: All three of these awards are available at Camp for individuals or as a patrol activity. Contact the Scoutcraft director for open times to earn the Totin and Firem'n chits at camp this year.

World Conservation Award: Scouts can earn the World Conservation Award by completing the following merit badges: Environmental Science, Fish and Wildlife Management, and Citizen-The Fish & Wildlife Management merit badge will be offered this year as part of our econ program for interested Scouts.



On-site Leadership Training!!

Adult Leader Training: for Scoutmasters and volunteers at camp. While your Scouts are in merit badge sessions, you can attend Leaders Essential and Scoutmaster training. All training will be provided from our Council Training staff. No need to pre-register. More information will be given at camp.

BSA Aquatics Supervision Swimming & Water Rescue and BSA Paddle Craft Safety

This class covers the information needed for leaders to coordinate troop aquatic activities. These training courses are provided locally by qualified instructors who are authorized by the local council. Training will begin on Thursday evening at 7:00pm at Main Beach.

Climb on Safely Training: Climb on Safely training will be held for any interested adults. This training is important for any troop leaders wishing to have their youth participate in climbing activities outside of a Boy Scout camp. The training is focused on making leaders aware of BSA climbing policies and procedures so that this information can be passed to facilitators not familiar with the BSA program.

Leave No Trace: Leave No Trace is the Boy Scouts training on how to perform successful low-impact camping excursions. The training takes 30-45 minutes and will be offered for all interested campers and leaders. Participants will receive a card verifying their training at the end of the session.

Safety Afloat and Safe Swim Defense: This training is required for troops wanting to do aquatics based activities at camp, including the Tenny River Run. Adults are encouraged to attend this important training at 11:30 on Monday at the waterfront. No swimming is involved. You can also take this training prior to camp online at www.pinetreebsa.org Please bring proof of training to camp.

Scoutmaster Coffees and Leaders Meeting: Don't miss your chance to sit back with the Program and Camp Director and learn from other Scoutmasters. Meetings will be held Tuesday and Thursday mornings at 8:45. A closing informational meeting will be held on Friday morning to confirm check out and departure procedures.

SPL Daily Meetings: A brief meeting will be held daily with the Program Director for all Senior patrol leaders. Please send a troop representative to this lively, informative meeting. Not to be missed, this is where the communication with your troop all happens!!

Trek on Safely Training: Trek on Safely is the Boy Scout training for adult leaders on how to perform safe High Adventure activities with their unit. The training takes 30-45 minutes and will be offered for all interested adults.

Waterfront Orientation: A brief, but mandatory waterfront orientation for All Campers and Leaders will be held at the waterfront directly after dinner on Sunday night. Everyone in camp must attend.

Check the complete schedule for times, dates and locations of all leadership trainings or stop by the office for more information



Youth Fees

The 2011 Summer Camp Fee for Camp Hinds is \$310.00 per week for PTC Scouts. The cost for Out of Council Scouts is \$340.00. If you are going to be attending Camp Hinds as a provisional camper add \$25.00 to the above fee. For those Scouts who are coming to camp for their SCUBA *certification*, your cost will be \$600 for the week which includes your camp fee and *PADI* fees. Additional fees will be required for the following programs/MBs: \$15 for Par for the Course, \$50 for Mountain Man Experience, Week 5 Backpacking Trek & SCUBA MB.

Second Week & Sibling Discounts!

If you are coming for a 2nd week of camp, your first week is full price and your second week is only \$225 (whether it's with your troop or provisional). Have a second son coming to camp? The second sibling comes for \$225! Sorry, no additional early bird discount on these.

Adult Leader Fees

Two adults are free with the first eight boys! One additional adult goes free for each additional eight boys! Extra adult leaders are charged \$90.00 per week. The Adult fee will be prorated according to the # of Scouts attending camp @ \$15.00 a day.

Early Bird Discounts! New Date for 2011: May 1st!

If your total camp fee is paid in full by May 1st, 2011 **deduct \$20.00** from the above fee!

Reservation Policy

To reserve a troop campsite, the reservation fee is \$10.00 per Scout (an additional \$25.00 per Scout is due by April 1, 2011). Reservations can be made through the Pine Tree Council Camping Secretary, at (207) 797-5252 x 14. Camp space is limited so reserve early!

Refund Policy

Individuals or groups that cancel a program reservation 30 days prior to the date of the event will receive a refund, less 15% administrative charge. No refunds will be made after the 30-day cancellation period.

Any exception to this policy will need a written request with documentation (i.e. a Scout broke his leg, we would need documentation from a physician) for a refund to be considered.

Camperships!

Limited financial assistance, usually a portion of the camp fee is available on an individual basis for Scouts who could not attend camp without assistance. Applications must be submitted and approved by the unit leader and the Pine Tree Council Campership Committee. Applications are available through PTC at (207) 797-5252 or at www.pinetreebsa.org!

The campership application deadline is April 1st, 2011!

Note on Camperships to Scoutmasters:

Camperships should be reserved for those that truly need financial assistance. Scoutmasters need to sign off on the campership forms and must be submitted entirely completed.

Order of the Arrow Campership!

Madockawanda Lodge offers two free camperships to deserving Scouts through the Lenny Niman Memorial Campership Program. Applications are available through PTC, your OA Chapter or on the web at: pinetreebsa.org/lodge



For Leaders - Arrival

Scouts should arrive at the Camp Hinds parking lot (not the parking lot on Plains Road but the one in camp by Cadigan Cabin) just prior to the gates opening at **2pm on Sunday**. Once there, troops will be greeted by their campsite guide, who will accompany the boys, parents and leaders to their campsite. A vehicle pass will be given to each troop to enable all gear to be brought to the campsite. Vehicles without a pass will not be allowed into camp. Once the unloading of gear is complete, vehicles need to be moved back to the parking lot. Each troop is allowed a trailer with gear to remain in the campsite.

Scoutmasters and SPLs don't forget about your orientation meeting at 1pm at the Tabor Retreat!

After unloading is complete, and the vehicles are parked, the campsite guide will accompany the boys on a tour of camp and to the Health Lodge for a medical check-in. All medications must be checked in at the Health Lodge at this time. As a reminder, it would be prudent for leaders to have copies of all medical forms in the event some are missing. Once the boys and leaders have completed their medical check-ins, they will be given identifying armbands that they are to wear for the duration of their week stay.

Following the medical checks, buddy tags will be given and all must complete their swim test followed by time to get settled into your campsite. A brief waterfront orientation, mandatory for all, will follow the evening meal on Sunday.



For Leaders - Departure

On Friday, the camp gathers for a sit down lunch, highlighted by the traditional plaque hanging ceremony in the dining hall. Following lunch there is some time to begin the process of packing and cleaning the campsites before the afternoon activities & Camp Hinds Triathlon (which will end at approximately 4:30pm)! Starting at 5pm, parents and guardians should begin to arrive and join us for our closing retreat, BBQ & Friday Night Campfire! Bring the family for an evening of fun for all!

Please note: given the large amount of pedestrian traffic, only one troop vehicle will be allowed in each campsite to haul out troop and personal gear. Vehicle passes will be issues to Scoutmasters on Friday.



Dining Hall & Meals Overview

Meals are prepared by our kitchen staff and served in the dining hall. The camp menu has been designed and dietician approved to ensure that properly balanced meals are being served to the growing young men that visit Camp Hinds each summer. A copy of the camp menu will be posted in the dining hall.

Troops are assigned tables at the dining hall on Sunday by the Dining Hall Steward based on the number of people in your troop, including adult leadership. These assignments will be used for breakfast and dinner. Some of our troops will eat indoors and some will be assigned tables at the outside dining deck. Tables are set to hold eight people. Troops are strongly encouraged to assign one adult leader to each table.

Breakfast and dinner are served family style, with the kitchen staff providing platters or bowls of food for each table. Lunch is served buffet style (described below).

The Waiter System

The waiter system is used at camp during the family style meals to help facilitate the serving and cleanup of the meals. Each troop needs to assign waiters, one per table assigned to the troop, for each of these meals!

All waiters are responsible for arriving at the dining hall 20 minutes before breakfast and dinner. The Dining Hall Steward will instruct waiters in setting the tables for the meal being served. Waiters are the only Scouts allowed to be up during the meal to get seconds and desserts from the kitchen. Waiters are also responsible for staying after the meal to clear their tables and sweet the floor. The Dining Hall Steward will dismiss them from their duties when he or she feels the hall has been properly cleaned.





Cafeteria Style Lunch

While breakfast and dinner are "family style", during lunch we change things up (just a bit) to provide a more convenient lunch break. Our dining room will be open for serving lunch from 12pm to 1pm. Scoutmasters can decide if they want their troop to eat together, by patrol or with the buddy system. You may choose to eat inside or outside on the picnic tables. A self-serve salad bar will be available as well as a lunch entree (no worries, we would never forget the dessert!) at the window. This will allow more flexibility with the schedule and give those that need it, the opportunity for a longer lunch break or siesta.

Troop Cooking

All troops will be cooking Wednesday night dinner in their campsite! The kitchen will provide a variety of ingredients, to be announced at the Leaders Meeting, that troops can cook according to their own personal taste and cooking techniques. As a note, troops will need to provide a majority of their utensils and cookware. Camp will have a limited amount of cooking equipment available at the camp room.

If your troop is interested in doing more troop cooking in your campsite, arrangements may be made through the Camp Office for in camp meals and through the Camp Director for Outpost trips.

Special Diets

Arrangements can be made with the cook for those with special dietary concerns (religious or health based). Please contact the camp at least one week prior to your arrival at camp for special diets so that arrangements can be made and food can be ordered.

Friday BBQ and Parents Night

Parents and Family are invited to attend the Friday evening activities, including retreat, BBQ, and closing campfire. Flag ceremony and retreat begin at 5:45 p.m followed by dinner at 6 p.m. Please stay and attend the Friday closing campfire with your Scout! It's the culmination for what is the highlight of their summer! The staff, and even some Scouts, will be putting on a show for all of our visitors that your Scout will not want to miss!

BBO Tickets are available for purchase at the Trading Post starting on Sunday. Tickets must be purchased by noon on Tuesday to allow time for ordering food. The meal will be hamburgers, hot dogs and all the fixing's (Vegetarian options will be available)! Campers do not need to purchase tickets. The tickets are \$5.00 per person/\$3.00 for guests under 12. In the event of "liquid sunshine", activities may be moved inside and dining times will be assigned to campsites.



Adult Leadership in Camp

Every troop is required to have a MINIMUM of TWO LEADERS IN CAMP AT ALL TIMES! One MUST be 21 Years or Older and One 18+.

If your troop is having problems securing two-deep leadership for your week at camp, you should consider sharing a campsite with another troop. Arrangements for this can be done through the PTC camp administrator.

The troop is responsible for providing adult leadership for its Scouts. Discipline problems are the responsibility of the Troops leadership, with help from the camp staff when necessary. Feel free to contact the Camp Director with any concerns while in camp. Leaders are responsible for making sure their Scouts receive their medications. Notices will be sent to Scoutmasters for any Scouts consistently missing their medication distribution times.

Looking to Get Involved?

Do you want to take a more active role (either before or during) at Camp Hinds this summer? We would love to hear from you! In the Forms Section of this guide you will find a Leaders Resource Sheet. Please fill that out and return it to PTC at your convenience to let us know how you might help us this summer!

Leader Meetings...

Camp Hinds 2011 Program Kickoff!

We will hold two program kickoff celebrations and we strongly encourage **ALL Leaders and SPLs** to attend. The meeting is an informational meeting to update Scoutmasters and/or Troop Camp Leaders of the changes and program information for the 2011 camp season. Both meetings will cover the same information. A dinner meeting will be held on April 27th @ 7pm at the PTC Office in Portland and May 21st @ 2pm at Camp Hinds. We will be holding a Beaver Workday w/ the Hinds Alumni & Friends prior to the meeting on May 21st from 9-1 for all interested. A Free BBO Dinner will be provided for all who attend!

Pre-Camp Scoutmaster & SPL Meeting

We have a meeting for Camp Scoutmasters and SPL's held on each Sunday at 1:00pm at the Tabor Family Retreat. All Scoutmasters and SPL's are expected to attend. No units will be allowed into camp before **2pm.** Material to be covered includes Merit Badge Registration, troop planing, camp rules and emergency procedures.

SPL Council and Scoutmaster's Coffee

All SPL's will meet daily with the Program Director at 11:35am at the Waterfront. If the SPL is not available, please send a representative. Troop Leaders are invited to meet with camp leadership at the Dining Hall on Tuesday and Thursday at 8:45. A brief meeting to discuss check out procedures will be held on Friday morning at 8:45.



Camp Health & Safety Policies

The following rules and policies have been established by the Pine Tree Council Camp Administration for the health, safety and protection of All Campers and leaders in camp.

- **→** NO ALCOHOL or ILLEGAL DRUGS are permitted in camp at any time!
- **→** NO FIREARMS, AMMUNITION, FIREWORKS, HAND HELD WEAPONS (swords, nightsticks, butterfly knives, etc.) or ARCHERY **EQUIPMENT** may be brought into **camp.** Due to our liability insurance, youth may only use the equipment provided by the camp.
- **→** NO PRIVATELY OWNED WATERCRAFT are allowed in camp.
- **→** NO OPEN FLAMES IN ANY **TENTS!** Troops may only use selfcontained stoves and lanterns in their campsites, under the direction of knowledgeable adults.
- **→** NO LIQUID FUELS MAY BE USED TO START FIRES! ALL LIQUID **FUELS MUST BE KEPT IN THE** LOCKED LIQUID FUEL LOCKER PROVIDED BY CAMP.
- → NO RUNNING IN CAMP, except in an athletic field or sporting event. *In an* emergency, you may move quickly without running.
- → NO PETS allowed by campers or visitors.
- **→ APPROPRIATE FOOTWEAR** is required at all times.
- **→ THE BUDDY SYSTEM** for Scouts is required for ALL activities in camp!

- **→ SMOKING IS ONLY ALLOWED IN** DESIGNATED SMOKING AREAS, BY 18+ YEAR OLD ADULTS. These areas will be selected by the camp administration.
- → ALL VEHICLES, not necessary for the operation of camp, WILL BE KEPT IN THE PARKING LOT.
- **→** *Exceptions to the parking rule will be* made for those with a physical handicap through arrangements with the Camp Director. Parking passes will be issued to troops on Sunday and Friday afternoons in order to transport supplies to your campsite. The no vehicle policy is for the safety of our Scouts, leaders and guests.
- **→ YOUTH PROTECTION** GUIDELINES, as established by the Pine Tree Council and the BSA, ARE TO BE ENFORCED AT ALL TIMES. Any physical, emotional, sexual or neglectful abuse must be reported to the Camp Director immediately so the proper steps can be taken to protect the Scout.
- → SCOUTS & LEADERS LEAVING/ ENTERING CAMP AT ANYTIME MUST SIGN IN & OUT OF THE **CAMP OFFICE.** No Scout shall be released from camp without the permission of his parent or guardian.
- **→** VALUABLES SHOULD BE LEFT AT **HOME!** Please encourage Scouts to leave all electronic or expensive equipment at home. Advise your Scouts not to leave valuable items they do have in camp unlocked in their campsites. Camp is not responsible for damaged or lost items during your stay.



Medical Supervision

Dr. Donald Burgess, Chief of Pediatrics at Southern Maine Medical Center, oversees the camp medical staff. A licensed health officer is in camp, on duty at all times, to handle all medical emergencies. If the injury or illness is serious, the person is brought to a local health care facility. Written agreements are in place between Camp Hinds and local health care providers to care for our campers, staff and guests. All medical illnesses or injuries must be reported to the health officers in camp - no matter how minor the incident. Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Medical Forms

All Campers and Leaders attending camp must have a completed BSA medical form on file with the camp health office while at camp. A new health form for 2011 has been developed by the BSA and is included in this packet. ALL PARTICIPANTS are REQUIRED TO USE THIS NEW FORM! Scouts and Leaders must have a valid physical within 12 months of camp. The height and weight restrictions are only guidelines for summer camp but are mandatory for high adventure activities. NEW FOR 2011: A section in Part B entitled "Adults Authorized to Take Youth to and From Events." We are recommending that under the "designate" portion you have parents/guardians write "Licensed Driver over the age of 18 with permission of the Scoutmaster." Then, be sure to have parents/guardians include any adults NOT authorized in the next section.

It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. NO exceptions will be made. Camp Leaders should collect all medical forms and check them to make sure they are complete prior to leaving for camp. Please mail a copy of each persons health form to Camp Hinds at least two weeks prior to your stay in camp. The health officers will review the forms before your arrival to help provide your troop with a smooth check-in once camp begins. Please make two copies of your medical forms; one for camp and one for your records.





Medical Recheck & Medications

Upon arrival in camp, All Campers and Leaders will go through a medical recheck at the Camp Health Lodge. Pine Tree Council and Camp Hinds must comply with all State of Maine laws and BSA politics concerning medication in camp. ALL medications brought to camp by campers, leaders and staff MUST be given to the Health Officer upon arrival in camp. This includes prescription and non-prescription medicine.

The Health Officer is available at scheduled times to administer medications as needed. An exception may be made for a limited amount of medications to be carried by the Scouts or adult for life-threatening conditions including; bee-sting kits, nitroglycerin, inhalers and medication specifically prescribed "to be carried at all times" by a physician. Camp supplies any over-the-counter medications and first aid supplies that your scout may need during his week at camp.

Emergency Medication Plan

For Asthma Patients Only!

The State of Maine requires that All Campers that are going to carry a rescue inhaler or Epi-pens, provide the camp with an Emergency Medication Plan. Additionally, each camper must have their parent's and physician's approval to carry the inhaler and indicate that the camper is able to use the inhaler. At the time of check in, the camp health staff must also evaluate the camper's ability to use the inhaler. Please be sure to complete the Emergency Medication Plan with the physician and send it to camp with the health form. A copy of the school asthma plan will be acceptable as well.

Peanut Butter Free Zone

Due to the increase in campers having peanut butter allergies, some which are life threatening, we have decided to make the Camp Hinds dining hall a peanut free zone. This means no foods with peanut oil or peanut butter will be used in the kitchen or dining hall.

Any parents, who have a camper with food allergies, still needs to list the allergies on the campers health form and notify the camp at least two weeks in advance.

Many campers love a peanut butter sandwich, and this can be a great snack! Troops may still choose to have peanut butter in their campsites as long as the Scouts in their campsite don't have a peanut allergy. Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them.



Handicapped Information

Camp Hinds aims to make our program available to All Campers. If you have a person with a disability that may require special attention, auxiliary aids or any reasonable accommodations, please contact the Camp Director at 655-4878 at least two weeks prior to your stay at Camp Hinds.

Emergency Procedures

Camp Hinds has long established procedures recommended by the BSA for lost campers, lost swimmers, fires and severe storms. We use a siren as a warning device if and when it becomes necessary to call the camp together.

Camp Hinds has written agreements with local fire, police and medical departments to provide Camp Hinds with the necessary coverage for any emergency.

Further information on the emergency procedures to be followed while in camp can be found posted in each campsite for review by All Campers and Leaders in camp.





Your Troop Campsite

Each troop site has two-man tents on platforms for all of our Scouts and Leaders. Bunks with mattresses or cots, picnic tables with tarps, water buckets, a flagpole and a bulletin board are also provided in each campsite.

Troops are encouraged to spruce up their campsite with troop flags or banners, cooking equipment and lanterns. Troops may want to bring along sports equipment, paper products, water jugs and campsite games.

Campsite Etiquette & Quiet Hours

Getting enough sleep can make a difference between having a great or poor week at camp! Camp Leaders should see that their Scouts are in the campsite by 9pm and that quiet hours are observed from 9:30pm-7am. A siesta is scheduled for rest time everyday directly following lunch. Everyone should show respect for others within the campsites, by following the quiet hours, assisting with campsites and general camp cleanliness by following the Scout Law.

Campsite Inspection

Camp Commissioners will inspect each campsite on a daily basis for cleanliness, safety, conservation, organization and Scout spirit! Troop Inspection Sheets are posted in each campsite. Can your Troop have the best site in camp? The top troops will be recognized in front of their peers!

Campsite Supplies & Fire Protection

A broom, shovel, rakes, fire buckets and a water hose will be kept in each campsite. Commissioners will check daily to see if the camp equipment is there. Equipment that is lost or broken due to misuse will be charged to the unit. There is no need to bring this equipment back to the camp room at the end of the week.

Please use care around the campfires in your sites. Only established campfire rings may be used in camp for fires. No liquid fuel may be used to start any fires. No open flames, of any type, are permitted around or in any tent. Full fire buckets are required around your campfire ring, along with a full, trash-free, 55gal drum in or near the campsite. Troops need to fill out and follow the posted Troop Fire Guard Plan found on the bulletin board in your campsite. Hot showers, with individual shower stalls, are available for all campers and leaders. Latrines with toilets and hand-washing facilities are found in each campsite.



The Camp Room

The camp room is located next to the camp office. Toilet paper, cleaning supplies and extra fire buckets are available at the camp room. A limited supply of cooking equipment and American Flags are also available for units to check out.

The camp room will be open daily following breakfast until 8:45am. Please try to send a representative of your campsite during this time. If supplies are needed in an emergency basis, please check with the camp office.

Camp Good Turns

A Scout is helpful and clean! Each day troops are asked to assist in keeping camp clean with a rotating schedule of good turns. Good turns should be done directly following lunch. Schedules of good turns are posted in camp!

Donations & Camp Projects

We encourage troops to contact Ranger Bob Gosselin (655-4878) during the off-season, in order to find out what camp needs for help and equipment. Troops are always welcome to perform a small service project for camp such as building erosion walls and brush removal!

Adopt A Site

Units can also participate in the Adopt A Site Program, run by Ranger Bob, where units can select a site in camp and help keep it in working condition during the year.

Order of the Arrow Service Hour

Members of the Order of the Arrow will have the opportunity to participate in the OA Service Hour each week. On Thursday evenings, members of the OA will join with the OA staff members for a service project at camp. Your participation will earn your troop points in the campsite inspections and all workers will receive a specially designed patch after their "cheerful service."

OA Brotherhood Conversions

A brotherhood conversion ceremony will take place on Thursday nights starting at 7pm. To be eligible, the Ordeal Member must have over 10 months of tenure as well as be a member in good standing (dues paid in full). There will be a small fee attached to cover the cost of the Brotherhood sash.



Uniforms

Camp Hinds has a long established tradition of wearing uniforms in camp. Our staff is in uniform at all times, unless their job requires something else. We encourage all of our Scouts and Leader to proudly wear the Class A Scout Uniform every evening for retreat and the dinner meal. The 2011 camp t-shirt, hats, etc. will be available in the Trading Post for those that would like to purchase them.

Troop Photos & Photo Release Form

A professional photographer will be in camp on Tuesdays to take troop photos before and after lunch for those units wanting them. Photos are colored 8 x 10's. The cost for each photograph will be \$8.00. A troop photo order form will be given to each troop at camp. Money needs to be collected and turned in with the order form to the Trading Post by noon on Tuesday. Troops will receive their photos at the Friday night campfire.

Pictures may be taken in camp to be used by Pine Tree Council for advertising, marketing or to highlight our programs.

The Trading Post

Camp Hinds operates a trading post, like a general store. The trading post offers camp t-shirts, hats, sweatshirts, postcards and stamps, souvenir items, candy, soda and toiletries. We also offer camping equipment like flashlights, bug spray, jackknives and much more! The amount of money that each Scout bring is an individual matter and should be determined by the Scout and his parents. Generally speaking, \$40.00 is plenty for a weeks stay.

Visitors & Siblings

Visitors are welcome in camp, but please understand that everybody is on a busy schedule and Scout prone to homesickness may do better without visitors. All visitors must sign in and out at the camp office. Remember that the camp facilities are primarily for the use of campers and leaders. Visitors must purchase tickets for meals, which are available in the trading post. Visitors should limit their visits to dinner & "open area" time immediately following dinner. We ask that all visitors sign out before 9pm.

Due to insurance issues, limited space requirements and program needs, younger or older siblings of Scouts are not allowed to stay overnight in camp, even if their parents are Scout leaders in the campsite. They may come as an occasional guest to visit during the week. Program activities are open for Scouts and leaders only unless advertised as a family event - such as the Friday night Campfire & BBQ. Please be aware, there may be some children of the staff that live in the camp for the summer.



Directions to Camp Hinds 146 Plains Road, Raymond

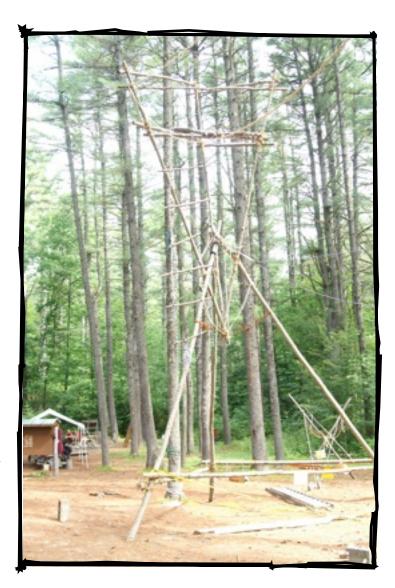
Plains Road is between Route 85 and 121, both of which intersect Routes 302 and 11.

From the South:

- * Take exit 48 Westbrook of the Maine Turnpike
- * Turn right onto Riverside Street
- * Turn left at the third traffic light onto Route 302 West
- * Go 15 miles and turn right at the traffic light onto Route 85
- * Drive 6 miles on Route 85 past the Jordan Small School
- * Turn left onto Plains Road at the bottom of the hill
- * Camp is 1/2 miles on left

From the North:

- * Take exit 63 Gray off the Maine Turnpike
- * Turn left onto Route 202, go 0.5 miles
- * Turn right onto Route 26a
- * Go 3 miles and turn left onto North Raymond Road (Dry Mills Store)
- * Go 1.0 mile and turn left onto Egypt Road
- * Go 4.0 miles, at end of Egypt Road, take right onto route 85
- * Go 1.8 miles, past schools and down a large hill
- * Turn left onto Plains Road
- * Camp is 0.3 miles on left





CAMP WILLIAM HINDS 2011 DAILY ACTIVITY SCHEDULE

	YAUNIS	Monday	Tiesday	Wednesday - P Breakfast	Thursday	Friday
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6:45		Reveille &				
		Polar Bear Dip				
7:15		Waiter's Call				
7:30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 9:20		MERIT BADGE 1		MERIT BADGE 1	MERIT BADGE 2	MERIT BADGE 1
9:30 10:20		MERIT BADGE 2	MERIT BADGE 1 DOUBLE PERIOD	MERIT BADGE 2	MERIT BADGE 3	MERIT BADGE 2
10:30 11:20		MERIT BADGE 3	MERIT BADGE 3	DOUBLE PERIOD	DOUBLE PERIOD	MERIT BADGE 3
11:30 11:45		SPL Meeting MILE SWIM	SPL Meeting MILE SWIM TROOP PHOTOS	SPL Meeting MILE SWIM	SPL Meeting MILE SWIM	SPL Meeting Troop Time/Campsite Cleanup
12:00 1:00		Dining Room Open for Cafeteria Style Lunch	12:30 Lunch in Dining Hall and plaque hanging			
1:00	SM/SPL Meeting	Siesta	Siesta	Siesta	Siesta	Siesta
2:15 3:00	Welcome to Camp!	Troop Activity Period Older Boy Programs	Troop Activity Period Older Boy Programs	All Camp Event/ Camp Hinds Relay Race	Troop Activity Period Older Boy Programs	Panther Pond Triathlon Troop Activity Period Older Boy Programs
3:10 3:55	Med forms swim checks set up campsite!	Troop Activity Period	Troop Activity Period		Troop Activity Period	Troop Activity Period
4:00 4:45		Troop Activity Period	Troop Activity Period		Troop Activity Period	Troop Activity Period
5:00 5:45		Staff & Leader Swim Retreat	Staff & Leader Swim Retreat	Troop Cooking	Staff & Leader Swim Retreat	5:45 - RETREAT
00:9	Dinner	Dinner	Dinner	Dinner in Campsite	Dinner	6:00 -FAMILY B-B-Q
6:50	Waterfront Orient.	First Year Ice Cream Social	DUTY TO GOD SERVICE	OPEN AREAS	OA SERVICE HOUR Special Events	CAMPEIRE AND
until 8:30	Welcome Campfire	BLACK POWDER DEMO	OPEN AREAS Leave No Trace	Scoutmaster Splash	OPEN AREAS	CLOSING CEREMONY
(or DUSK)				Scoutcraft Overnight	Extra Merit Badge Help	
9:00 9:25	Call to Quarters Tattoo	Call to Quarters Tattoo	Call to Quarters Tattoo	Call to Quarters Tattoo	Call to Quarters Tattoo	Dismissal from Camp
9:30	Taps	Taps	Taps	Taps	Taps	



HELPFUL SUGGESTIONS TO MAKE YOUR WEEK RUN SMOOTHER A GUIDE TO THE SCOUTMASTER'S DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6:30 Polar Bear Swim	6:45 Polar Bear Swim	6:45 Polar Bear Swim	6:45 Polar Bear Swim	6:45 Polar Bear Swim
	6:45 Reveille	6:45 Reveille	6:45 Reveille	6:45 Reveille	6:45 Reveille
	7:00 AM MB Changes @ Office	7:10 Send Waiters	7:10 Send Waiters	7:10 Send Waiters	7:10 Send Waiters
	7:10 Send Waiters	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast
	7:30 Breakfast	Scout to camproom for latrine supplies	Scout to camproom for latrine supplies	Scout to camproom for latrine supplies	Scout to camproom for latrine supplies
	Scout to camproom for supplies	8:45 Scoutmaster's Coffee		8:45 Scoutmaster's Coffee	
			10:00 Leader's Chat w/ PTC Rep		Visit MB classes & take attendance
	Visit MB classes & take attendance	Visit MB classes & take attendance		Visit MB classes & take attendance	
	Turn-in troop photo money to	Turn-in BBQ count and get tickets	Visit MB classes & take attendance		Turn-in Honor Camper, Honor Scoutmaster
	the Trading Post	at Trading Post before noon		Turn in Birthday names to office	Honor staffer and Baden Powell awards.
		Tuesday			
	11:30 Safe swim & Safety Afloat				
	for All Leaders at the waterfront.	Troop Photos before and after lunch			
1:00 SM & SPL meeting at Tabor	11:30 AM SPL Meeting w/ Prog. Dir.	11:30AM SPL Meeting w/ Prog. Dir.	11:30AM SPL Meeting w/ Prog. Dir.	11:30AM SPL Meeting w/ Prog. Dir.	11:30 AM SPL Meeting with Prog. Dir.
retreat - Bring updated roster and any	12-1pm cafeteria style lunch	12-1pm cafeteria style lunch	12-1pm cafeteria style lunch	12-1pm cafeteria style lunch	Campsite pickup
changes to merit badges/troop rotations.	1-2:00 Siesta in Campsites	1-2:00 Siesta in Campsites	1-2:00 Siesta in Campsites	1-2:00 Siesta in Campsites	12:30 Lunch in Dining Hall - bring plaques
2:00 Gate opens-move in, med	2:15-4:45 Attend troop rotation	2:15-4:45 Attend troop rotation	2:15-4:45 Attend Camp Wide Event and Camp	2:15-4:45 Attend troop rotation	2:15 - 4:45 Attend troop rotation or Panther
checks, swim checks	activities with your Scouts	activities with your Scouts	Hinds relay race with your troop! Good luck!	activities with your Scouts	Pond Triathlon with your Scouts
5:00 Deadline for MB changes in the					
office. Come at 7 AM Monday for					Pick-up advancement packet with med
additional changes.	Start getting acurate counts for				forms & troop photos at Rec Hall
	Friday BBQ. Turn count into T-Post				Check for mail at the Trading Post
					Pick up meds at Health lodge.
5:40 Send waiters	5:40 Send Waiters	5:40 Send Waiters	5:00 Send two scouts for food from kitchen	5:40 Send Waiters	5:00 Families arrive at Camp Hinds
5:45 Retreat	5:45 Retreat	5:45 Retreat	NO RETREAT	5:45 Retreat	5:45 Retreat
6:00 DINNER	6:00 DINNER	6:00 DINNER	6:00 DINNER in Campsite - your chance for the	6:00 DINNER	6:00 Family BBQ
Waterfront orientation for all of camp.	7:15 Climb On Safely Training	Attend Duty to God Service w/	Scouts to cook!!		
	Black Powder Demostration	Scouts		7:15 Order of the Arrow Service Hour	
	Special Evening Events	Leave No Trace Training	8:00 Scoutmaster Splash! Come join the fun!!	Special Evening Events	7:15 Closing campfire/Awards ceremony
	Check for mail at the Trading Post	Special Evening Events	Check for mail at the Trading Post		
7:45 - Be ready for site guide to pick		Check for mail at the Trading Post		Polaris Campfire	
you up for Campfire		Is someone working on your troop	Wildemess Survival Overnight	Have troop vote for Honor Camper	
8:00 Opening Campfire	8:00 First Year Camper Ice Cream Social	plaque yet?		and Honor Staffer Awards	
9:15 Leader Meeting after Campfire.	8:30 Have troop activity or	8:30 Have troop activity or	8:30 Have troop activity or	8:30 Have troop activity or	Have a safe drive home!
Get Merit Badge schedules	campfire at campsite	campfire at campsite	campfire at campsite	campfire at campsite	See you next year!



		camp Willia	iam Hinds 2	OII Advancement	ement san	Schedule	
	AQUATICS	CRAFTSHOP	ECOLOGY/NATURE	SCOUTCRAFT	SHOOTING SPORTS	POLARIS	SPORTS/CLIMBING
FIRST ACTIVITY PERIOD	Canoeing MB Lifesaving MB Swimming MB Kayaking BSA Small- Boat Sailing MB	Art MB Woodcarving MB Basketry MB	Astronomy MB Environmental Science MB (Double Per. 1 & 2) Fishing MB	Wilderness Survival MB Emer. Prepardness MB Orienteering MB	Rifle MB (Double Per 1 & 2) Archery MB (Double Per 1 & 2)	First Year Camper Program	Climbing MB (Double Per. 1 & 2) Sports MB Personal Fitness MB
SECOND ACTIVITY PERIOD	Canoeing MB Lifesaving MB Swimming MB Kayaking BSA Small-Boat Sailing MB Scuba	Woodcarving MB Woodwork MB Sculpiture MB	Fish & Wildlife MB Environmental Science (Double Per. 1& 2) Environmental Science (Double Per. 2 & 3)	Wildemess Survival MB First Aid MB Fire Safety MB	Shotgun MB Rifle MB (Double Per 2 & 3) Archery MB (Double Per 1 & 2) (Double Per 2 & 3)	First Year Camper Program	Climbing MB (Double Per. 1 & 2) Cycling MB (Double Per 2&3) Communications MB (Double Period 2 &3)
THIRD ACTIVITY PERIOD	Canoeing MB Swimming MB Rowing MB BSS Swimming Small-Boat Sailing MB	Woodcarving MB Leatherwork MB Indian Lore MB	Insect Study MB Nature MB Environmental Science MB (Double Per. 2 & 3)	First Aid MB Pioneering MB Camping/Hiking MB	Shotgun MB (Double Per. 2 & 3) Archery MB (Double Per. 2 & 3)		Cycling MB (Double Per. 2 & 3) Communications MB (Double Period 2 & 3) Athletics MB
SPECIAL EVENTS and EVENING PROGRAMS	Polar Bear Dip- Fingerprinting Mon-Fri. Mon. 7 - 8:36 6:45-7:15am Plaque Painti Mile Swim-MonThurs.11:45 Panther Pond Tri Scout Master Splash SCUBA PADI certification - Week 3 BSA Lifeguard - Week 5	Fingerprinting MB - Mon. 7 - 8:30 PM Plaque Painting ion - Week 3 5	Swamp Romp Bug Show	Totin Chip/ Fireman Chit Pioneering Under Pressure Finders Keepers Wilder. Survival Campout Leave No Trace	Black Powder Demo Leaders Shoot	Ice Cream Social Leaders FYC Training Polaris Campfire Polaris Hike	COPE Climb On Safely Troop Climb Leaders Climb Panther Pond Tri Evening Sports.

Extra Help In All Merit Badge Classes is Available in Program Areas in the Evenings.



Camp Paperwork

All paperwork needed for camp is enclosed in the following pages. Feel free to make additional copies of information to pass on to yours Scouts and their families.





2011 Individ	lual Advancement Regist	ration Worksheet
Scout:	DOB	(m/d/year)Week:
District:	Troop	(m/d/year)Week:
Merit Badge Morning Sessions	<u> – First period – Circle one:</u>	
Open to all scouts	Returning scouts	13 year old and older scouts
Fishing	Basketry	Environmental Science (Per 1 &2)
Wood Carving	Astronomy	Climbing (Per 1 & 2)
Swimming	Wilderness Survival	5 (
Art	Personal Fitness	
Sports	Orienteering	
**Polaris – First Year Camper Program	Emerg. Preparedness	
(Per 1 & 2)	Archery (Per 1 & 2)	
(1 01 1 00 2)	Rifle (Per 1 & 2)	
	Canoeing	
	Small Boat Sailing	
	BSA Kayak	
M '4 D 1 M ' C '	Lifesaving	
Merit Badge Morning Session –		10 11 11
Open to all scouts	Returning scouts	13 year old and older scouts
Woodcarving	Wilderness Survival	Woodwork
Swimming	Communications (Per 2& 3)	Environmental Science (Per 1 & 2)
Sculpture	First Aid	Environmental Science (Per 2 & 3)
Fish & Wildlife Management	Archery (Per 1 & 2)	Climbing (Per 1 & 2)
Fire Safety	Archery (Per 2 & 3)	Cycling (Per 2 & 3)
**Polaris – First Year Camper Program	Rifle (Per 1 & 2)	Shotgun Shooting (per 2 & 3)
(Per 1 &2)	Canoeing	*Scuba
	Small Boat Sailing	
	BSA Kayak	
	Lifesaving	
Merit Badge Morning Session –		
Open to all scouts	Returning scouts	13 year old and older scouts
Woodcarving	Communications (Per 2 &3)	Environmental Science (Per 2 & 3)
Leatherwork	Small Boat Sailing	Cycling (Per 2 & 3)
Insect Study	First Aid	Shotgun Shooting (Per 2 & 3)
Indian Lore	Pioneering	Shotgun Shooting (1 ci 2 & 3)
Nature	Archery (Per 2 & 3)	
Swimming	Canoeing	
Rowing	Camping/Hiking	
BSS Swimming	Athletics	
Evening Merit Badges held du	ring open areas 7:00 – 8:30	
Fingerprinting - open to all scouts Mon		
		ears or older. See Course Descriptions
	k, low and high rope elements	
	, ,	,
		natography Merit Badge (M T TH F)
*Par for the Cour	'se! Golfing Merit Badge (M	Γ)
Stop, Dropcloth a	nd Roll! Painting Merit Badg	e (TH F)
*Ma4a Ma 1		ernoon/evening program (M T W)
	ogram Indicate: Monday/Tu	
BSA Lifeguard P	rogram – Full Day Program -	– Week 5 only
	ek – Full Day Program – We	ek 5 only
* Additional fees are required		v
This is to certify that I have personally c		fy that he understands and mosts the
prerequisites as described in the Camp F		
programs selected. Note: Erasures or o	manges must be initiated by scoutma	15101.
Scoutmaster	Data	
Scoutmaster		



2011 Camp William Hinds Trail to Eagle **Merit Badge Registration Form**

Scout: Distric		Birthday:	Week (1 or 6):
	Period 1 – follows Ca	mp merit	badge rotation
	Emergency Preparedness Lifesaving Citizenship in the Community	Swimming Environmen	ntal Science (per 1 & 2)
	Period 2 – Follows Ca	mp merit	t badge rotation
	Swimming Environmental Science (per 1 & 2) Citizenship in the World Communications (per 2 & 3)	Lifesaving Environmer First Aid	ntal Science (per 2 & 3)
	Period 3 – Follows Ca	mp merit	t badge rotation
	First Aid Environmental Science (per 2& 3) Citizenship in the Nation	Swimming Communica	ations (per 2 & 3)
	Period 4 – Afternoon	Session 1	
	Personal Fitness Personal Management	Leadership	Seminar
	Period 5 – Afternoon	Session 2	
	Personal Fitness Personal Management	Leadership	Seminar
	Evening Session		
	Citizenship in the Community Citizenship in the Nation	Citizenship Leadership	in the World Seminar
Note:	In addition to the 5 merit badge session	s, ALL participa	ants should sign up for a leadership
semina	r. Participants will receive a finalized i	merit badge sche	edule on Monday morning.
rank re- to Eagl pre-req	to certify that I personally counseled the quirements to complete this program. The Program as described in the 2011 Cartuisites for the merit badge choices with with proof of work that a parent or a me	This Scout unde mp Hinds Leade this Scout and	rstands the description of the Trail r's Guide. I have reviewed all the I will encourage him to come to
Scoutn	naster Signature:		Date:



2011 Camp Hinds **Provisional Individual Boy Scout Reservation Form**

To sign up for Camp: 1. Fill out this form for provisional camper. 2. Choose the date you are attending. 3. Circle program wanted- watch age restrictions! 4. Send in registration form with \$10.00 deposit to Pine Tree Council 131 Johnson Rd. Portland, ME 04102.

Provisional Scouts: (Individual Scouts coming without their own troop & leadership)

1 10 VISIOIIAI	<u> Deducsi</u>	(Illulvidual Scouts	coming without them
Scouts Name:			
Address:			
Town:		State:	Zip:
Troop#	Age:	Rank:	
Parent's Name			
Phone - Day:		Night:	
Parent's email:			

Mail to: Pine Tree Council, BSA 131 Johnson Rd. Portland, ME 04102

2011 CAMP HINDS

DATES & PROGRAMS:

Check week and circle program requested!

July 3-8 WEEK 1

> Traditional Camp Program Trail To Eagle*

July 10 - 15 WEEK 2

Traditional Camp Program

July 17 -22 WEEK 3

Traditional Camp Program *SCUBA w/ PADI (extra fee)

July 24- 29 WEEK 4

Traditional Camp Program

July 31- Aug. 5 WEEK 5

Traditional Camp Program BSA Lifeguard*

WEEK 6 Aug. 7- 12

> Traditional Camp Program Trail to Eagle*

Camp Paperwork - Once a reservation is received at Pine Tree Council, paperwork regarding program specifics and what to bring to camp will be sent out!

<u> 2011 Provisional CAMP FEES:</u>

\$335 per week for Pine Tree Council Scouts \$365 per week for Out of Council Scouts \$600 per week for SCUBA with PADI certification

2nd Week Discount- \$225 for second week of camp Sibling Discount - \$225 If brother also attending Camp Hinds

Discounts- EARLY BIRD - Deduct \$20.00 from fee if paid in full by May 1, 2011

2nd Week Discount- \$225 No early bird on 2nd week or sibling discount. Sibling Discount – have a brother attending Camp Hinds- first brother is full price- 2nd is only \$225

Reservation policy:

- Deposit \$10.00 per person to reserve a spot.
- > For the Early bird discount the entire fee must be paid in full by May 1, 2011.
- Otherwise the bill must be paid in full 2 weeks prior to the start of camp.

REFUND POLICY:

Individuals or groups that cancel a program reservation 30 days prior to the date of the event will receive a refund of fees, less 15% administrative charge. No refunds will be made after the 30-day cancellation period.

^{*} Must be at least 13 years old



TROOP ROSTER

Please print or type

Troop	District or Co	ommunity	Campsite
Week	Council Name	ommunity	
TOTALS:			
FULL TIME A	ADULTS:		REMINDER: Please try to have one
PART TIME A	ADULTS		copy of this roster ready to turn in at
SCOUTS:			the Scoutmaster's meeting at 1:00 p.m.
			on Sunday.
ADULT LE	ADERS:		
NAME OF LE		POSITION	DAYS IN CAMP (Please Circle)
4			Sun Mon Tue Wed Thr Fri
			Sun Mon Tue Wed Thr Fri
			Sun Mon Tue Wed Thr Fri
4			Sun Mon Tue Wed Thr Fri
5			Sun Mon Tue Wed Thr Fri
U			Sun Mon Tue Wed Thr Fri
7	~		Sun Mon Tue Wed Thr Fri
8			Sun Mon Tue Wed Thr Fri
SPL		Leaders (Those not	
2			
3			
D A TED CO	NI NIANGE		
4	OL NAME:		
		5	
2			
4		8	
PATRO	L NAME:		
1	-	5	
2		6	
3		7	
4		8	



	PATROL NAME:	
1		5
2		6
3		7
4		8
	PATROL NAME:	
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2		6
3		7
4		8
	PATROL NAME:	
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	PATROL NAME:	
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4		
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	PATROL NAME:	
1	THROUTHIE.	5
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4		



Camp Hinds ~ **Camp Payment Coupon**

Scoutleader's- To help ensure that your summer camp payments are credited correctly to your troop's summer camp account, please complete and submit one of these payment coupons with each payment!

Camp Hinds ~ Camp Payment Coupon
Date Troop # District
Scoutmaster's Name
Week attending Camp Campsite
Amount Enclosed \$ Please breakdown payment as follows:
Camp fees: For # of Scouts @ \$ each.
Payment for extra programs and special MB fees:
Golf MB# of Scouts @ \$15 each
Scuba MB# of Scouts @ \$50 each
Mountain Man program# of Scouts @ \$50 each
Backpacking Trek# of Scouts @ \$50 each
SCUBA Paid Certification # of Scouts @ \$600 each
Comments
Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102
Camp Hinds ~ Camp Payment Coupon
Date Troop # District
Scoutmaster's Name
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Amount Enclosed \$ Please breakdown payment as follows:
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Mountain Man program # of Scouts @ \$50 each
Backpacking Trek # of Scouts @ \$50 each
SCUBA Paid Certification # of Scouts @ \$600 each
Comments
Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102



Annual Health and Medical Record

(Valid for 12 calendar months)

Policy on Use of the Annual Health and Medical Record

In order to provide better care for its members and to assist them in better understanding their own physical capabilities, the Boy Scouts of America recommends that everyone who participates in a Scouting event have an annual medical evaluation by a certified and licensed health-care provider—a physician (MD or DO), nurse practitioner, or physician assistant. Providing your medical information on this four-part form will help ensure you meet the minimum standards for participation in various activities. Note that unit leaders must always protect the privacy of unit participants by protecting their medical information.

Parts A and B are to be completed at least annually by participants in all Scouting events. This health history, parental/guardian informed consent and hold harmless/release agreement, and talent release statement is to be completed by the participant and parents/guardians.

Part C is the physical exam that is required for participants in any event that exceeds 72 consecutive hours, for all high-adventure base participants, or when the nature of the activity is strenuous and demanding. Service projects or work weekends may fit this description. Part C is to be completed and signed by a certified and licensed heath-care provider - physician (MD or DO), nurse practitioner, or physician assistant. It is important to note that the height/weight limits must be strictly adhered to when the event will take the unit more than 30 minutes away from an emergency vehicle-accessible roadway, or when the program requires it, such as backpacking trips, high-adventure activities, and conservation projects in remote areas.

Part D is required to be reviewed by all participants of a high-adventure program at one of the national highadventure bases and shared with the examining health-care provider before completing Part C.

- Philmont Scout Ranch. Participants and quests for Philmont activities that are conducted with limited access to the backcountry, including most Philmont Training Center conferences and family programs, will not require completion of Part C. However, participants should review Part D to understand potential risks inherent at 6,700 feet in elevation in a dry Southwest environment. Please review specific registration information for the activity or event.
- Northern Tier National High Adventure Base.
- Florida National High Adventure Sea Base. The PADI medical form is also required if scuba diving at this base.

Risk Factors

Based on the vast experience of the medical community, the BSA has identified the following risk factors that may limit your participation in various outdoor adventures.

- Excessive body weight
- · Heart disease
- Hypertension (high blood pressure)
- Diabetes

- Seizures
- Lack of appropriate immunizations
- Asthma
- Allergies/anaphylaxis
- Muscular/skeletal injuries
- Psychiatric/psychological and emotional difficulties

For more information on medical risk factors, visit Scouting Safely on www.scouting.org.

Prescriptions

The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. A leader, after obtaining all the necessary information, can agree to accept the responsibility of making sure a youth takes the necessary medication at the appropriate time, but BSA does not mandate or necessarily encourage the leader to do so. Also, if state laws are more limiting, they must be followed.

Frequently Asked Questions (FAQs)

- Philmont Scout Ranch: www.philmontscoutranch.org or 575-376-2281
- Northern Tier National High Adventure Base: www.ntier.org or 218-365-4811
- Florida National High Adventure Sea Base: www.bsaseabase.org or 305-664-5612
- National Scout Jamboree: www.bsajamboree.org

For frequently asked questions about this Annual Health and Medical Record, see Scouting Safely online at http://www.scouting.org/scoutsource/HealthandSafety.aspx. Information about the Health Insurance Portability and Accountability Act (HIPAA) may be found at http://www.hipaa.org.



Annual BSA Health and Medical Part A GENERAL INFORMATION		ai neuuru	High-adventure base p Expedition/crew No.: or staff position:	·	
			Date of hirth	Age Male □ I	Fem
				Grade completed (youth only)	
				Phone No.	
-				Unit No.	
				Religious preference	
		-	,	y No	
AT In case of e	TACH A PHOTOCOPY OF BOTI emergency, notify:	H SIDES OF IN	SURANCE CARD. IF FAMILY HAS	S NO MEDICAL INSURANCE, STATE "NONE	E."
				· · · · · · · · · · · · · · · · · · ·	
Home phor	ne	Busine	ss phone	Cell phone	
Alternate co	ontact		Alternate	e's phone	
HEALTH HIS Are you nov	STORY w, or have you ever been treated	for any of the	following:	Allergies or Reaction to:	
Yes N	No Condition		Explain	Medication	
	Asthma Last attack:		-spielii	Food, Plants, or Insect Bites	
	Diabetes Last HbA1c:			1 00d, 1 lants, of fiseot bites	
	Hypertension (high blood p			Immunizations:	
	Heart disease (e.g., CHF, (The following are recommended by the	e BS
	Stroke/TIA	. ,		Tetanus immunization is required an	nd m
	Lung/respiratory disease			have been received within the last 10	
	Ear/sinus problems			had disease, put "D" and the year. If im check the box and the year received.	mur
	Muscular/skeletal conditio	n		Yes No Date	
	Menstrual problems (wom	en only)		□ □ Tetanus	
	Psychiatric/psychological	and		□ □ Pertussis	
	emotional difficulties Behavioral disorders (e.g.,	ADD		□ □ Diphtheria	
	ADHD, Asperger syndrom			□ □ Measles	
	Bleeding disorders			□ □ Mumps	
	Fainting spells			Rubella	
	Thyroid disease Kidney disease			□ □ Polio □ □ Chicken pox	hicken pox
	Sickle cell disease			☐ Chicken pox ☐ ☐ Hepatitis A	
	Seizures Last seizure:			□ □ Hepatitis B	
	Sleep disorders (e.g., slee		Use CPAP: Yes □ No □	□ □ Influenza	
	Abdominal/digestive proble Surgery	ems		□ □ Other (i.e., HIB)	
	Serious injury			☐ Exemption to immunizations claim	ned
Other				(form required).	
this part o	edications currently used. (If a	nd EpiPen info	ce is needed, please photocop ormation must be included, eve		ion
Medicatio	on	Medicat	tion	Medication	
Strength	Frequency	Strengtl	n Frequency		
Approxim	ate date started	Approxi	mate date started	Approximate date started	
Reason fo	or medication	Reason	for medication	Reason for medication	
Medication	on	Medica	tion	Medication	
l	Frequency	I	n Frequency		_
_	ate date started	-	mate date started		
	or medication	1	for medication	Reason for medication	
					_

Be sure to bring medications in sufficient quantities and the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication.

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Part B

IMPIIKIVIPII	I:IINXFNI ANI	N HALD HARMLES	S/RELEASE	Alikeemieni

High-adventure base participants:	
Expedition/crew No.:	
or staff position:	

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I also understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's

parents or guar	rdian, and/or determination of the participant's ab	ility to continue in the program activities.	
the sharing of tl		r myself and/or my child to participate in these activities. I and professionals who need to know of medical situations g activities.	
	by Scouts of America, the local council, the activit issociated with the activity from any and all claims	y coordinators, and all employees, volunteers, related pars s or liability arising out of this participation.	ties, or other
☐ Without rest	rictions.		
☐ With special	considerations or restrictions (list)		
TALENT RELEASE	AGREEMENT		
film/videotapes release the Boy	s/electronic representations and/or sound recording	of America the right and permission to use and publish the pags made of me or my child at all Scouting activities, and I coordinators, and all employees, volunteers, related parting from such use and publication.	l hereby .
film/videotapes		dcast, electronic storage, and/or distribution of said photogs without limitation at the discretion of the Boy Scouts of e for any of the foregoing.	
□ Yes □ No			
ADULTS AUTHORIZ	ZED TO TAKE YOUTH TO AND FROM EVENTS:		
You must design	nate at least one adult. Please include a telephone r	number.	
1. Name		Telephone	
2. Name		Telephone	
3. Name		Telephone	
	thorized to take youth to and from events:		
3. Name			
for participation If I am particip understand the that the partici	on in any event or activity. pating at Philmont, Philmont Training Cente e risk advisories explained in Part D, <i>including</i> ipant will not be allowed to participate in applie	und to be inaccurate, it may limit and/or eliminate the r, Northern Tier, or Florida Sea Base: I have also re height and weight requirements and restrictions, and cable high-adventure programs if those requirements are activities described, except as specifically noted by	ad and understand are not met.
health-care pro	ovider.	, , ,	
	me		
	gnature	Date	
Parent/guardian	n's signature	(if participant is under the age of 18)	
This Annual He	ealth and Medical Record is valid for 12 calend	ar months.	
Part B	Full name:	DOB:	
			680-00 2010 Printii



•								
			Į I	ligh-adventur	e base p	articipants	:	
			E	Expedition/crew I				
art C	MININIO III	CALTU CAD	_	or staff position:		[14D DO]		
ou are being ask gh-adventure pr	ed to certify togram at one	hat this individue of the national l	E PROVIDER (Certi al has no contraindication high-adventure bases, p	on for participatio	n in a Scou	uting experie	nce. For individu	
art D was made		me. 🗆 Yes 🗆	i No)					
HYSICAL EXAMI	NATION							
eight (inches) ood pressure		0 ") Maxin se	•	·		height/weight lin	nits □ Yes □ No
				•		,		45 00
away from an en and/or camp, pa nealth-care prov	mergency veh articipation of rider is deterr for this deterr	nicle-accessible f an individual ex mined to be 20 p mination.) Pleas	t as explained on this p roadway, you will not exceeding the maximum percent or less for a fen e call the event leader a	be allowed to pa weight for heigh nale or 15 percer	rticipate. A t may be a nt or less fo	t the discret llowed if the or a male. (Pl	ion of the medical body fat percen hilmont requires	al advisors of the eve tage measured by the a water-displacement
	Normal	Abnormal	Explain Any Abnormalities	Range of M	lobility	Normal	Abnormal	Explain Any Abnormalities
Eyes				Knees (both)				
Ears				Ankles (both)				
Vose				Spine				
Throat								
ungs								
Neurological				Other	r	Yes	No]
leart				Contacts]
Abdomen				Dentures				
enitalia				Braces				
				Inguinal hernia	a			Explain
Skin Emotional				Inguinal hernia	ment			Explain
`	· · · · ·		ır state for BSA camp s	Inguinal hernia Medical equip (i.e., CPAP, ox taff) Nega	ment	ositive		Explain
Skin Emotional adjustment Fuberculosis (TE lergies (to what estrictions (if	t agent, type none, so stat	of reaction, trea	atment):	Inguinal hernia Medical equip (i.e., CPAP, ox taff) Nega	ment ygen) ative P	nended	Allowable	Maximum
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kin motional djustment uberculosis (TE ergies (to what estrictions (if KAMINER'S (ertify that I have d find no contra is participant	t agent, type none, so stat CERTIFICA reviewed the indications fo	of reaction, treate) TION health history and reparticipation in	atment):	Inguinal hernia Medical equip (i.e., CPAP, ox taff) Nega	Recomm	nended ((lbs)	Exception	Maximum Acceptance
kin motional djustment uberculosis (TE ergies (to what estrictions (if (AMINER'S (ertify that I have d find no contra is participant Meets height/w	t agent, type none, so stat CERTIFICA reviewed the indications fo eight require	of reaction, treate) TION health history and reparticipation in terms.	d examined this person a Scouting experience.	Inguinal hernia Medical equip (i.e., CPAP, ox taff) Nega Height (inches) 60 61 62	Recomm Weight	nended ((lbs) 38 43 48	139-166 144-172 149-178	Maximum Acceptance 166 172 178
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idin important distribution of the control of the c	t agent, type none, so stat CERTIFICA reviewed the indications fo eight require ncontrolled he orthopedic in jery in the las their orthope	of reaction, trea	d examined this person a Scouting experience.	Inguinal hernia Medical equipi (i.e., CPAP, ox taff) Nega Height (inches) 60 61 62 63 64	Recomm Weight 97-1 101- 104- 107- 111-	nended ((lbs) 338 43 48 52 57 662	139-166 144-172 149-178 153-183 158-189	Maximum Acceptance 166 172 178 183 189
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CAMP EMERGENCY MEDICATION PLAN

Epi-Pen		Camp N	lurse Signatu	ire		Date	
TO BE COMPLETED BY CAMP NURS		demonstra	ates knowled	ge and ski	I to car	ry and	use:
Healthcare P	rovider signature		Date	_			
Other:							_
of pre-exercise treatment)	a parent ii camper is us	mig quick it	oner medicines	more than 2	unico a	**CCN (1.6	. 111 676699
 This camper is not able to carry and us Please contact Healthcare Provider and 				☐ Epi-pe		week (i o	in eyeess
This camper has the knowledge and sk	_	_		☐ Epi-pe			
Maine law now permits campers to carry Inhalers and or Epi-Pen to camp nurse. I				er aemonstr	aung ap	propriat	e usė ot
Special Instructions:	, and upo inhalad	liootic == ==	nd Eni nan së	or domeses	ntina	nvon ele 1	o uos of
☐ Other:							
☐ Give 4 puffs quick relief inhaler (or ne Call 911 if child does not improve of	**	•					
> RED ZONE: If child is in respiratory				D			
☐ Other:							
☐ Give 2 puffs of child's quick relief inha recover to Green Zone. Notify parer		ulizer treatm	nent). May be r	epeated in 1	0 minute	s if does	n't
> YELLOW ZONE: If child is coughing,	-		•				
Asthma Exacerbation Treatment I	Instructions:						
☐ Measure Peak Flow prior to recess / ph						w	
☐ Give 2 puffs of quick relief inhaler 15 mi☐ May repeat 2 puffs of quick relief inhaler							_
Exercise Pretreatment Instruction		• /					
☐ Other triggers to avoid:							_
Allergies /Triggers for asthma: ☐ Avoid animals	☐ None known						
							-
☐ Albuterol (Proventil, Ventolin)▶ Inhaler with spacer OR nebulizer	□ Pirbuterol (Maxair)▶ Dose/Frequency: _						
Quick Relief Medications: (check th							
Preventive (Controller) Medication	ns:						
Medications:							
Child's Green Zone:				d Zone: belo	w		
Peak Flow: Child's predicted, or personal best peak	flow:	Date:					
	NO changes f	rom pre	vious plan				
Provider name:	Tel	.#:		Fax#			
TO BE COMPLETED BY CAMPER'S PH							
My child may carry and use his/her: inhal				Epi-Pen D	Yes	□ No	□ N/A
Physician/Healthcare Provider Name:				cii piiolie			
Parent or Guardian signature:Parent or Guardian tel.# home:	work:			Date:			
I authorize the exchange of medical inform			-	-		-	
TO BE COMPLETED BY PARENT OR G	UARDIAN:						
Camp Hind	ds Camp	Telephoi	ne & Fax: 207	'-655-4878			
Scout'sName:		Date of I	Birth:	Pa	ick or T	roop #:	

(revised for camp use 1/1/2007)



CAMP EMERGENCY MEDICATION PLAN

ASTHMA PLAN INSTRUCTIONS

Every camper with asthma should have a current

Camp Emergency Medication Plan completed and signed by their physician (or other health care provider) and kept on file in the camp nurse's office. The form must also be signed by a parent/guardian. The plan should be updated each year or when there are major changes to the plan (such as in medication type or dose). The physician's office is encouraged to fax the plan to the camper's camp nurse.

The camp plan is intended to strengthen the partnership of families, healthcare providers and the camp. It is based on the NHLBI Guidelines for Asthma Management. (For more information contact the camp nurse or www.nhlbi/nih/gov).

CARRYING AND ADMINISTERING QUICK RELIEF INHALERS and/or Epi-Pen:

- > Most campers are capable of carrying and using their quick relief inhaler by themselves. The camper, camper's parents, camp nurse and healthcare provider should make this decision. The camp nurse must also evaluate technique for effective use.
- > The appropriate boxes must be checked by the parent, provider and camp nurse to indicate the camper's ability to carry and self-administer these medications.

USE OF QUICK RELIEF MEDICATIONS MORE THAN TWICE WEEKLY:

> This indicates poor control of asthma, and providers should be notified by the camp nurse or designated staff.

PEAK FLOW ZONES (based on camper's personal or predicted best):

Green zone: **Peak flow 80-100%**

- Symptoms and/or use of quick relief medication < 2 times a week</p>
- > Use daily controller medication at home
- > Full participation in physical education and sports

Yellow zone: Peak flow 50-80%

- ➤ Has symptoms or needs quick relief medication >2 times a week
- Needs quick relief medication and further observation by camp nurse; notify parents
- > Attend physical education but restrict strenuous aerobic activity

Red zone: Peak flow <50%

- > Symptoms may include shortness of breath, retractions, difficulty talking or walking; quick relief medication not effective
- > Requires immediate action, close monitoring and notification of parent and healthcare provider

Maine Asthma Council

(revised for camp use 1/1/2007)



CAMPERSHIP APPLICATION

DEADLINE: APRIL 1, 2011

It is the intent of the Council Campership fund, to provide assistance to youth in securing the necessary funds to experience an outdoor Scouting Adventure. Realizing that families occasionally are not in the financial position to pay for their son to attend a camping experience, the campership funds are made available to assist those Scouts with a financial need. Camperships are available to individuals with a financial need and are to support and supplement other sources of funding, such as family, unit, sponsor and/or other sources.

All information requested on this form must be completed for the Campership Application to be accepted for processing. All information on this form is confidential.

(Please Print) Youth's Name:			Pa	ack/Troop #	
Address:					
City:					
Telephone:	District:				
Has this Scout received a Pine Tree G	Council Campership in the pas	st? Yes	No		
Does his Pack/Troop conduct a fund	raiser(s) for camp?	Yes	No		
-	Popcorn Sale?	Yes	No		
	Other ?	Yes	No		
	Did this Scout participate	? Yes	No		
Which camp do you plan to attend: (
		York Day Cam			
Hinds Boy Scout Camp		Abnaki Day Ca			
Webelos Resident Camp		Casco Bay Day Downeast Day			
wedelos Resident Camp		K-Valley Day			
	•	z vanej zaj v	- ump		
Name of Unit Leader:		Date:			
Address:					
City:	State/Zip:				
Init leader signature: Y					
Unit leader signature: X					



PINE TREE COUNCIL

BOY SCOUTS OF AMERICA

The Pine Tree Council believes that each Scout show	ald contribute something towards camp.	This policy also allows us
to utilize our limited funds for more individuals.	It should be understood that we do no	ot award camperships for
Funpack Weekends, or extra weeks at camp.		

Contribution from boy and family: Contribution from Troop/Pack: Contribution from sponsor:	
Contribution from fundraiser: TOTAL CONTRIBUTIONS:	
CAMP FEE: AMOUNT REQUESTED FROM CAMP All information requested on this form must be application to be accepted for processing.	PERSHIP FUND: completed for the Campership
Confidential Information (must be complete):	Gross annual family income as of application date:
Father's occupation:	Below \$10,000 \$10,001-\$15,000
Total number of people in household	\$15,001 - \$20,000 \$20,001- \$25,000 \$25,001- \$30,000
Do you qualify for free or reduced school lunch?	\$30,001 - \$40,000 \$40,000 or above
Do you receive any other federal or state aid? If yes, please explain	
Parent or Guardian Statement: I am requesting financial assistance because	se
Signature of Parent: X	Date:
Please return to: Campership Committee Pine Tree Council, Inc. Boy Scouts of America 131 Johnson Rd Portland, ME 04102	
APRIL 1st DEADLI	NE!!!
OFFICE USE ONLY	
Action of Committee: Not Approved: Approved: Amount: \$	Initials:

Camper.Doc



Leader Resource Sheet

Dear Camp Leaders,

In the past, many leaders have offered the help of their services while at camp with their troop. If you would like to help either before summer camp or during your stay, please complete this Leader Resource Sheet and send to Camp Hinds. This will help the camp administration plan for the most productive use of our resources- our dedicated leaders! Leaders, not needed to provide the 2-deep leadership to their Scouts, are encouraged to use their free time to help benefit camp.

Name:	Tr	Week in Camp:
Day Phone #:	Evening Phone	e #:
Email Address:		<u></u>
☐ I am interested in being contact	ed about the following	g.
Helping with a specific merit bath List MB's or area interested in		•
☐ Teaching a BSA Adult Leader T	Training Course	
■ Working on a camp project - n	ny skills are in:	
(Circle areas of expertise, please	understand some areas	have specific training needs or licensing)
Electrical Rough Carp	entry Plumbing	Roofing Finish Carpentry
Chainsaw Work Comp	uter Skills Othe	er
☐ I am interested in volunteering	on a Camp Beaver Da	y prior to camp.
My troop is interested in the Adour campsite is		
My troop or I maybe interested camp. Please send me more info		ring a project or program need for
Please mail to: Pine Tree Council Attn: Camp Hinds Director		

Portland, ME 04102