



2015

CAMP WILLIAM HINDS

WEBELOS RESIDENT CAMP

LEADER'S GUIDE

WWW.CAMPHINDS.ORG



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CAMP WILLIAM HINDS

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Welcome to the 2015 Camp Season

Dear Webelos Leader or Webelos Scout Parent,

Thank you for choosing Camp Hinds in 2015.

Webelos Resident camp is a great opportunity for Scouts, their parents, and their leaders to enjoy a camping experience, get a jump start on advancement, and most importantly have lots of fun. Webelos Resident camp is specifically designed for Scouts who will be entering 4th or 5th grade in the fall. Activities will be more challenging than those at Cub Scout Day Camp and will introduce Webelos to the Boy Scouting program. Our staff's goal is to create a summer of memories filled with fun, adventure and an exceptional outdoor learning experience.

To make our program, and your Scouts successful, we have created this guide for your use. It has been designed to provide you with all of the information you need to plan your summer experience. Please share this guide, and the forms, with your other leaders & parents.

Our entire staff will be working hard in the coming months to fine-tune our program, so keep your eyes on www.camphinds.org for updates and please do not hesitate to contact us for further assistance, questions or comments. We would love to hear from you and have the opportunity to visit packs and hear directly from the your Scouts


Yours in Scouting,

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CAMP LEADER'S TIMELINE

CAMP WILLIAM HINDS

All Camp Forms are located at the end of this guide for easy removal and to make copies

All Forms Are Also Available Digitally at www.camphinds.org

Spring 2015	Review with your Scouts the Webelos program available at Camp Hinds this summer. Reserve your space with Pine Tree Council. Send in deposits for Scouts going to camp. Make parents aware of summer camp dates and the required BSA Health Forms. Arrange for adult leadership to cover your pack at camp.
Spring 2015	<u>Webelos Camp Kick-Off Promotions</u> Join us at your district roundtable to get your camp questions answered. Consult <i>Pine Spills</i> for details.
March 28, 2015	Campership Application Deadline.
May 29, 2015	Early Bird Deadline Payments are due at PTC.
June 1st, 2015	Online registration for program choices begins at http://www.pinetrebsa.org/scss
30 Days Prior to Camp	Finalize plans, leadership & transportation for your time at camp. Make final payments to Pine Tree Council. Collect and review BSA Health Forms for accuracy and completeness.
At Least Two Weeks Prior To Arrival At Camp	Mail <u>Photocopies</u> of BSA Health Forms & Pack Rosters (if not done online) to Camp <u>MAIL FORMS DIRECTLY TO CAMP HINDS.</u> Camp Hinds 146 Plains Road Raymond, ME 04071
First Day of Camp	Welcome GATES INTO CAMP OPEN AT 2pm





INTRODUCTION

CAMP WILLIAM HINDS



Camp Hinds is located on over 300 acres of land on Panther Pond in Raymond, Maine. Less than an hour outside of Portland, Panther Pond is part of the Sebago Lakes Region of Maine. Camp Hinds is owned and maintained by the Pine Tree Council, Boy Scouts of America.

The camp was founded in 1927, and over the years has grown to include a number of facilities and buildings including a 300+ seat Dining Hall, Health Lodge, Recreation Hall, Trading Post, Craftshop, Messer Training Center, High and Low Ropes Courses and waterfront areas. Several buildings are used for year round camping but Hinds is used primarily as a traditional resident summer camp. When not serving as a summer camp, various Scout units from the area can be found utilizing its many campsites and buildings throughout the fall, winter, and spring months.



Camp Staff

Camp Hinds has a trained staff of Scouts and Scouters. Our camp staffers are registered members of the Boy Scouts of America and our mission is to help promote the aims and methods of Boy Scouting to their fullest here at Camp Hinds.

The camp is lead by a Camp Director, who works with an Assistant Camp Director and a Program Director. Each of our program and support areas are overseen by an Area Director, many of whom have attended the National Camping School program for training specific to their job. Our staff will assist and try to accommodate your needs in every way possible, so don't hesitate to ask for assistance. Occasionally, it may be necessary to shift or rearrange program plans or campsites to accommodate everyone, but this will only be done when no other alternative is possible.





THE PROGRAM



CAMP WILLIAM HINDS

After the initial check-in is complete, the fun begins...

Following a medical & swim check, Scouts will spend their first afternoon settling into their first overnight experience. With the help of camp provided guides, Dens will have time to host small activities that will get them comfortable with their campsite and fellow Scouts. Typically we have a ice breaker craft project that the Scouts start working on and continue to build on throughout the week. The day will round up with the world famous Camp Hinds campfire hosted by our energetic staff and will have lots of skits, songs and cheers.

Dens will spend the mornings and afternoons attending activities that they have signed up for. Activities will range from craft projects, water activities, recreational games, and nature projects, to open shooting....just to name a few.

Throughout the week we welcome Scouts and leaders to attend the activities in a theme-related costume. Whether it is just a small accessory or a full costume it will be sure to enhance their week at camp.

Program Sign-up

Once you have had time to look over the program and collect your unit's interest in activity choices (and you've reserved your space with Pine Tree Council) you will be able to select your den's activity choices.



Beginning June 1st, Webelos Leaders can sign up for activities in one of two ways. The BEST way to sign up for activities is to log on to our user-friendly online portal accessed at www.pinetreesbsa.org/scss. It is the quickest and easiest way to submit your choices and enter your individual Scouts so that they appear on the den roster. Additionally those who sign up online will be given priority over the alternate form of registration. Please don't hesitate to contact our **Camp Director Owen Maguire** with questions about the system or help signing up for activities online.

The alternative way of signing up for activities is to mail the form to camp. Forms received by mail will be entered after online requests as the online website opens a full two months before our office staff arrives. Forms for activity sign up can be accessed from the end of the leaders guide or on-line at www.camphinds.org. Mail forms to:



Camp William Hinds
146 Plains Road
Raymond, ME 04071

CAMP WILLIAM HINDS - 2015 - SAMPLE WEBELOS SCHEDULE

DAY 1 Tuesday, June 30, 2015 Sunday, Aug 16, 2015

2:00 PM	Gates open, Check-In Begins
2:30 - 4:30	Tours of Camp, med checks, swim checks
4:30 PM	Welcoming activity in campsites
5:40 PM	Waiter's Call
5:45 PM	Retreat - (Flag Ceremony at Waterfront - In Uniforms)
6:00 PM	Dinner and Dining Hall Program
7:00 PM	Waterfront Orientation
7:30 PM	Duty to God Service at Council Ring
7:45 PM	Campfire Program
9:00 PM	Taps (Lights out and all quiet)

DAY 2 Wednesday, July 1, 2015 Monday, Aug 17, 2015

6:30 AM	Polar Bear Swim									
7:00 AM	Reveille (Rise and Shine)									
7:10 AM	Waiter's Call									
7:30 - 8:15 AM	Breakfast and Dining Hall Program									
GROUP A	GROUP B	GROUP C	GROUP D	GROUP E	GROUP F	GROUP G	GROUP H	GROUP I	GROUP J	
8:30 - 9:05 Pellet Range	8:30 - 9:05 Archery	8:30 - 9:35 Boating	8:30 - 9:35 Boating	8:30 - 9:05 Nature	8:30 - 9:05 Craftshop or Tech	8:35 - 9:35 Swimming	8:35 - 9:35 Swimming	8:30 - 9:05 Challenge	8:30 - 9:05 Scout Skills	
9:10 - 9:45 Archery	9:10 - 9:45 Pellet Range			9:10 - 9:45 Craftshop or Tech	9:10 - 9:45 Nature			9:10 - 9:45 Scout Skills	9:10 - 9:45 Challenge	
9:55 - 10:30 Challenge	9:55 - 10:30 Scout Skills	9:55 - 10:30 Pellet Range	9:55 - 10:30 Archery	9:55-11:00 Boating	9:55-11:00 Boating	9:55 - 10:30 Nature	9:55 - 10:30 Craftshop or Tech	10:05 - 11:05 Swimming	10:05 - 11:05 Swimming	
10:35 - 11:10 Scout Skills	10:35 - 11:10 Challenge	10:35 - 11:10 Archery	10:35 - 11:10 Pellet Range			10:35 - 11:10 Craftshop or Tech	10:35 - 11:10 Nature			
11:30 - 12:30	Buffet Lunch at Dining Hall - Wear Class "A"s for Pack/Den Photos before and after lunch									
12:30 - 1:30	Siesta									
GROUP A	GROUP B	GROUP C	GROUP D	GROUP E	GROUP F	GROUP G	GROUP H	GROUP I	GROUP J	
1:35 - 2:35 Swimming	1:35 - 2:35 Swimming	1:30-2:05 Challenge	1:30-2:05 Scout Skills	1:30-2:05 Pellet Range	1:30-2:05 Archery	1:30 - 2:30 Boating	1:30 - 2:30 Boating	1:30-2:05 Nature	1:30-2:05 Craftshop or Tech	
		2:10 - 2:45 Scout Skills	2:10 - 2:45 Challenge	2:10 - 2:45 Archery	2:10 - 2:45 Pellet Range			2:10 - 2:45 Craftshop or Tech	2:10 - 2:45 Nature	
2:55 - 3:30 Nature	2:55 - 3:30 Craftshop or Tech	3:00 - 3:55 Swimming	3:00 - 3:55 Swimming	2:55 - 3:30 Challenge	2:55 - 3:30 Scout Skills	2:45 - 3:20 Pellet Range	2:45 - 3:20 Archery	2:50 - 3:50 Boating	2:50 - 3:50 Boating	
3:35 - 4:10 Craftshop or Tech	3:35 - 4:10 Nature			3:35 - 4:10 Scout Skills	3:35 - 4:10 Challenge	3:25 - 4:00 Archery	3:25 - 4:00 Pellet Range			
4:20 - 5:25 Boating	4:20 - 5:25 Boating	4:10 - 4:45 Nature	4:10 - 4:55 Craftshop or Tech	4:25 - 5:25 Swimming	4:25 - 5:25 Swimming	4:10 - 4:45 Challenge	4:10 - 4:45 Scout Skills	4:10 - 4:45 Pellet Range	4:10 - 4:45 Archery	
		4:50 - 5:25 Craftshop or Tech	4:50 - 5:25 Nature			4:50 - 5:25 Scout Skills	4:50 - 5:25 Challenge	4:50 - 5:25 Archery	4:50 - 5:25 Pellet Range	
5:40 PM	Waiter's Call									
5:45 PM	Retreat - (In Uniforms)									
6:00 PM	Dinner and Dining Hall Program									
7:00 PM	All Camp Event									
8:30 PM	Campfire or Pack Activity in your Site									
9:00 PM	Taps (Lights out and all quiet)									

CAMP WILLIAM HINDS - 2015 - SAMPLE WEBELOS SCHEDULE

DAY 3 Thursday, July 2, 2015 Tuesday, Aug 18, 2015

6:30 AM Polar Bear Swim									
7:00 AM Reveille (Rise and Shine)									
7:10 AM Waiter's Call									
7:30 - 8:15 AM Breakfast and Dining Hall Program									
GROUP A	GROUP B	GROUP C	GROUP D	GROUP E	GROUP F	GROUP G	GROUP H	GROUP I	GROUP J
8:35 - 9:35 Swimming	8:35 - 9:35 Swimming	8:30 - 9:05 Sports	8:30 - 9:05 Sports	8:30 - 9:05 Slingshot	8:30 - 9:05 Archery	8:30 - 9:35 Boating	8:30 - 9:35 Boating	8:30 - 9:05 Nature	8:30 - 9:05 Craftshop or Tech
		9:10 - 9:45 Scout Skills	9:10 - 9:45 Polaris	9:10 - 9:45 Archery	9:10 - 9:45 Slingshot			9:10 - 9:45 Craftshop or Tech	9:10 - 9:45 Nature
9:55 - 10:30 Nature	9:55 - 10:30 Craftshop or Tech	10:05 - 11:05 Swimming	10:05 - 11:05 Swimming	9:55 - 10:30 Sports	9:55 - 10:30 Sports	9:55 - 10:30 Slingshot	9:55 - 10:30 Archery	9:55-11:00 Boating	9:55-11:00 Boating
10:35 - 11:10 Craftshop or Tech	10:35 - 11:10 Nature			10:35 - 11:10 Scout Skills	10:35 - 11:10 Polaris	10:35 - 11:10 Archery	10:35 - 11:10 Slingshot		
11:30 - 12:30 Buffet Lunch at Dining Hall									
12:30 - 1:30 Siesta									
GROUP A	GROUP B	GROUP C	GROUP D	GROUP E	GROUP F	GROUP G	GROUP H	GROUP I	GROUP J
1:30 - 2:30 Boating	1:30 - 2:30 Boating	1:30-2:05 Nature	1:30-2:05 Craftshop or Tech	1:35 - 2:35 Swimming	1:35 - 2:35 Swimming	1:30-2:05 Sports	1:30-2:05 Sports	1:30-2:05 Slingshot	1:30-2:05 Archery
		2:10 - 2:45 Craftshop or Tech	2:10 - 2:45 Nature			2:10 - 2:45 Scout Skills	2:10 - 2:45 Polaris	2:10 - 2:45 Archery	2:10 - 2:45 Slingshot
2:45 - 3:20 Slingshot	2:45 - 3:20 Archery	2:50 - 3:50 Boating	2:50 - 3:50 Boating	2:55 - 3:30 Nature	2:55 - 3:30 Craftshop or Tech	3:00 - 3:55 Swimming	3:00 - 3:55 Swimming	2:55 - 3:30 Sports	2:55 - 3:30 Sports
3:25 - 4:00 Archery	3:25 - 4:00 Slingshot			3:35 - 4:10 Craftshop or Tech	3:35 - 4:10 Nature			3:35 - 4:10 Scout Skills	3:35 - 4:10 Polaris
4:10 - 4:45 Sports	4:10 - 4:45 Sports	4:10 - 4:45 Slingshot	4:10 - 4:45 Archery	4:20 - 5:25 Boating	4:20 - 5:25 Boating	4:10 - 4:45 Nature	4:10 - 4:55 Craftshop or Tech	4:25 - 5:25 Swimming	4:25 - 5:25 Swimming
4:50 - 5:25 Scout Skills	4:50 - 5:25 Polaris	4:50 - 5:25 Archery	4:50 - 5:25 Slingshot			4:50 - 5:25 Craftshop or Tech	4:50 - 5:25 Nature		
5:30 PM Pickup food at kitchen for cookout									
5:45 PM Prep Dinner									
6:00 PM Dinner in your campsite									
7:00 PM Open Areas									
8:30 PM Campfire or Pack Activity in your Site									
9:00 PM Taps (Lights out and all quiet)									

DAY 4 Friday, July 3, 2015 Wednesday, Aug 19, 2015

6:30 AM Polar Bear Swim									
7:00 AM Reveille (Rise and Shine)									
7:10 AM Waiter's Call									
7:30 - 8:15 AM Breakfast and Dining Hall Program									
8:15 - 9:15 AM Campsite Cleanup and Pack-up									
9:15 - 10:45 AM Midway Fair									
10:45 AM Closing Ceremony									
11:00 AM Have a safe trip home									

Advancement and Offerings

While our daytime program is built around advancement, our focus is creating fun and interactive activities, designed around Webelos and Arrow of Light requirements, at each rotation. Throughout the week our staff will facilitate the activities. But ultimately it is the Webelos' leaders that can sign-off advancements when they think their Scout has fulfilled the requirements. A reference sheet of the advancement incorporated into the week will be handed out in the closing packets.

Listed below are the activities that your Webelos will participate in the week. While most of the activities are scheduled for you, there are two rotations where we offer Dens the choice of which activity pin to work on.

All Scouts will participate in these activities

Where an Adventure is listed, one or more requirements for that Adventure will be completed during that activity.

Swimming:
Webelos/AOL Elective
Adventure: Aquanaut



Boating:
Webelos/AOL Elective Adventure:
Aquanaut



Archery:
Archery Belt loop



**Action Slingshot
 & Pellet Rifles**

**Challenge & Initiative
 Games**

Sports:
Webelos/AOL Elective
Adventure: Sportsman



Scoutskills:
Webelos Adventure: Cast
Iron Chef



Cookout:
 (In your site)
Webelos Adventure: Cast Iron
Chef



Dens Will Choose One From Each Of The Following Options

Where an Adventure is listed, two or more requirements for that Adventure will be completed during that activity.

1) Nature
 (pick one) Nature:
Webelos/AOL Elective
Adventure: Into the Woods



Nature:
Webelos/AOL Elective
Adventure: Earth Rocks!



2) Craftshop
 or Tech
 (pick one) Craftshop:
Webelos/AOL Elective
Adventure: Art Explosion



Tech Center:
Webelos/AOL Elective
Adventure: Game Design





EVENINGS AT CAMP



CAMP WILLIAM HINDS

Day 1


Following dinner on Tuesday (session 1) or Sunday (session 2) we will have a **Waterfront Orientation** which is required of all Scouts and leaders followed by a brief **Duty to God Service** in the council ring followed by a campwide welcome **Campfire**.

Day 2 | All Camp Event


Following dinner on Wednesday (session 1) or Monday (session 2) we will have a unified activity that we ask all Scouts to participate in. In the past we have had a camp-wide staff hunt, scavenger hunts & more. This evening is filled with games and excitement which is always best enjoyed with friends. It is also the best time to dress up with your **"Take Flight"** theme costume.

Day 3 | Open Areas

After being at camp for two days now, each Scout will have the chance to experience more time in their favorite area. Each activity area will be open for the Scouts so they can go swimming, boating, make crafts, participate in Scout skill activities, use one of our shooting ranges or whatever caught their eye.



CAMPWIDE EVENT



CAMP WILLIAM HINDS

Day 4 | Midway

After breakfast on the last day, the center of camp will be set up with a huge array of games and challenges. We invite families to come early and checkout this event with your son (we will start around 9am) as well as tour around camp and see what they did during their stay.





Camp Hinds is offering two sessions of Webelos Resident Camp for 2015:

Session 1: June 30 – July 3

Session 2: August 16 - 19

How to Go to Camp

As A Den

Most Webelos Dens go to summer camp with their own leadership. This is a great way for Scouts to attend summer camp and build lasting relationships, while enjoying camp with their own leadership.

Provisional Camping

A provisional camper is when a youth comes as an individual without his unit. In this case, the Pine Tree Council's camp staff provides leadership. This is a great opportunity to make new friends and to experience the same great program.

Camperships!

Application deadline is March 20th, 2015! Limited financial assistance, usually a portion of the camp fee, is available on an individual basis for Scouts who could not attend camp without assistance. Applications must be submitted and approved by the unit leader and the Pine Tree Council Campership Committee. Applications are available through Pine Tree Council at (207) 797-5252 or at www.pinetreebsa.org!

CAMP FEES 2014

Youth Fees Paid By May 29th

Early Bird Youth Fees:

The 2015 Early Bird Fee for Webelos Resident camp at Camp Hinds is **\$180.00** per week for Pine Tree Council Scouts. The cost for *Out of Council Scouts* is **\$200.00**.

Second Week Discount:

If you are coming for a 2nd week of camp, your first week is the price above and your second week is at a 15% discount (whether it's with your troop or provisional).

Sibling Discount:

Have a second son coming to camp? The first Scout pays the price above and the second sibling gets a 15% discount.



Youth Fees Paid After May 29th

The regular fee for Webelos Resident camp at Camp Hinds is **\$230.00** per week for Pine Tree Council Scouts and \$250.00 per week for *Out of Council Scouts*. Discounts do not apply to these fees.

Adult Leader Fees:

Two adult leaders go free with the first four youth. One additional adult goes free for each additional four youth. Extra adult leaders are charged \$45.00 each.

Den Chief Fees:

\$45.00 fee covers the den chief attending with the den.

POLICIES

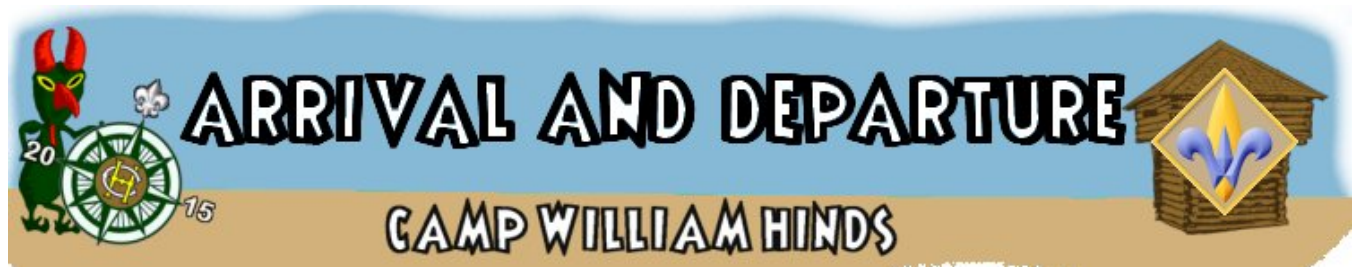
Reservation Policy

To reserve a troop campsite, the reservation fee is \$10.00 per Scout (an additional \$25.00 per Scout is due by April 1, 2015). Reservations can be made through the Pine Tree Council at 207-797-5252. Camp space is limited so reserve early!

Any exception to this policy will need a written request with documentation (i.e. a Scout broke his leg, we would need documentation from a physician) for a refund to be considered.

Refund Policy

Individuals or groups that cancel a program reservation 30 days prior to the date of the event will receive a refund, less 15% administrative charge. No refunds will be made after the 30-day cancellation period.



When You Arrive At Camp

PLAN TO ARRIVE AT CAMP FOR THE 2:00 PM OPENING AND CHECK-IN AS A GROUP. YOU MUST CHECK-IN AT THE PARKING LOT BEFORE GOING TO YOUR CAMPSITE.

Check in begins at **2:00 p.m.** on the first day of camp

Your Staff Guide will greet the Pack upon your arrival at Camp Hinds. The Staff Guide will take the Pack to the campsite, on a tour of camp, to the Health Lodge for medical rechecks and finally to the waterfront for your swim checks.

All vehicles must be parked in the camp parking lot. Each Pack will be given one vehicle pass to use for one vehicle (at a time) to be loaded with equipment and unloaded at the campsite and returned to the parking lot. Handicap vehicle passes will be given out as needed.



At Check-In the Webelos Leader will need:

- A Completed Pack roster
- Copies of your Scout/Adult Medical Forms

Once at your site Scouts and Leaders should:

- Place gear in tents
- Change into swimsuits for swim checks. You must wear shoes. Don't forget your towels.
- Your Camp Staff Guide will take you as scheduled for medical checks, swim checks and camp tour. Bring any medications brought to camp with you to check in

The Camp Tour will Include:

- Health Lodge-
- Dining Hall – Remember a waiter for your supper meal (& every meal)
- Trading Post
- Parade Field
- Camper Showers
- Program Areas

All Webelos taking part in any aquatics program is required to have a swim check. Leaders shall follow the same guidelines. Once the swim evaluation is completed, each person will be given a buddy tag. A buddy tag is needed to enter the waterfront or boating areas in camp All buddy tags should be kept stored in the campsite space on the buddy board at the waterfront.

Check-In At A Glance

- 2:00 PM – Gates open, Check-In Begins
- 2:30 PM – 4:30 Tours of Camp, med checks, swim checks
- 4:30 PM – Welcoming activity in campsites
- 5:45 PM – Retreat – (In Uniforms)
- 6:00 PM – Dinner
- 7:00 PM – Waterfront Orientation
- 7:30 PM – Duty to God Service
- 7:45 PM – Opening Campfire –
Wear your “Take Flight” theme costumes



When You Depart Camp

Check out is set for **11:00 AM**

Following the morning special activities, the following procedures should be followed:

- Pack all personal gear; double check so as not to leave anything –check the camp lost and found
- Remove any Pack items off the bulletin board
- Police the site for trash
- Clean the latrine
- One vehicle may be driven to the campsite to load the gear. Please refrain from driving more than one vehicle into the campsite at a time
- Be sure to return any additional borrowed equipment to the Camp Room
- Stop by the Health Lodge to pick up med forms and any medications for your Pack.

Remember: A Scout is Clean. Try to leave your campsite in better condition than you found it



Leaders at Camp

Every Pack that attends must be under the supervision of its own adult leadership at all times.

According to the BSA youth protection policy, two-deep leadership is required for all activities, one leader who is at least 21 years of age and a second who is 18 years of age or older. You are in charge of your Pack at all times. There must be at least two adults to accompany the Webelos to their activities and stay with the pack during the entire session of camp.

Den Chiefs

Do you have a Boy Scout that works as a den chief with your den? He can come to camp to assist. Den Chiefs must be Boy Scouts who are currently registered and should be at least two years older than the Webelos that they help counsel.

Discipline

Adult leaders are responsible for the discipline and organization of your Pack. The camp staff will assist you with the camp program for your Webelos. It is never the camp staff's task to take over your role as leader of your unit. If you have issues with leadership or discipline, please let the Camp Director know so we can assist you as needed

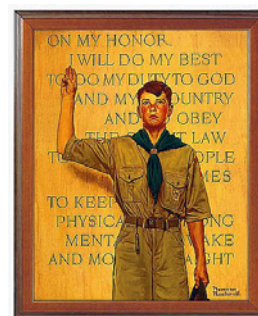




CAMP RULES

The following rules and policies have been established by the Pine Tree Council Camp Administration for the health, safety and protection of all Campers and leaders in camp.

- **No alcohol or illegal drugs** are permitted in camp at any time!
- **No firearms, ammunition, fireworks, hand held weapons** (swords, nightsticks, butterfly knives, etc.) or **archery equipment** may be brought into camp. Due to our liability insurance, youth may only use the equipment provided by the camp.
- **No privately owned watercraft** are allowed in camp.
- **No flames in tents!** Packs may only use self-contained stoves and lanterns in their campsites, under the direction of knowledgeable adults.
- **No liquid fuels may be used to start fires or charcoal. All liquid fuels must be kept in the locked liquid fuel locker provided by camp.**
- **No running in camp**, except in an athletic field or sporting event. In an emergency, you may move quickly without running.
- **No pets** allowed by campers or visitors.
- **Appropriate footwear** is required at all times.
- **The buddy system** for Scouts is required for **all** activities in camp!
- **Smoking is only allowed in designated smoking areas, by 18+ year old adults.** These areas will be selected by the camp administration.
- **All vehicles**, not necessary for the operation of camp, **will be kept in the parking lot.**
- Exceptions to the parking rule will be made for those with a physical handicap through arrangements with the Camp Director. Parking passes will be issued to troops on Sunday and Friday afternoons in order to transport supplies to your campsite. The no vehicle policy is for the safety of our Scouts, leaders and guests.
- **Youth protection guidelines**, as established by the Pine Tree Council and the BSA, **are to be enforced at all times.** Any physical, emotional, sexual or neglectful abuse must be reported to the Camp Director immediately so the proper steps can be taken to protect the Scout.
- **Scouts and Leaders leaving/entering camp at anytime must sign in and out at the camp office.** No Scout shall be released from camp without the permission of his parent or guardian.
- **Valuables should be left at home!** Please encourage Scouts to leave all electronic or expensive equipment at home. Advise your Scouts not to leave valuable items they do have in camp unlocked in their campsites. Camp is not responsible for damaged or lost items during your stay.



Medical Supervision

Dr. Donald Burgess, a Pediatrician at SMMC PrimeCare Pediatrics, oversees the camp medical staff. A licensed health officer is in camp, on duty at all times, to handle all medical emergencies. If the injury or illness is serious, the person is brought to a local health care facility. Written agreements are in place between Camp Hinds and local health care providers to care for our campers, staff and guests. All medical illnesses or injuries must be



reported to the health officers in camp - no matter how minor the incident. Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Medical Forms

All Campers and Leaders attending camp must have a completed BSA medical form on file with the camp health office while at camp. All participants are required to have parts A, B & C. Scouts and Leaders must have a valid physical within 12 months of camp. Please note, section Part B is entitled “Adults Authorized to Take Youth to and From Events.” We are recommending that under the “designate” portion you have parents/guardians write “Licensed Driver over the age of 18 with permission of the Cubmaster.” Then, be sure to have parents/guardians include any adults NOT authorized in the next section.

It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. NO exceptions will be made. Camp Leaders should collect all medical forms and check them to make sure they are complete prior to leaving for camp. Please mail a copy of each persons health form to Camp Hinds at least two weeks prior to your stay in camp. The health officers will review the forms before your arrival to help provide your pack with a smooth check-in once camp begins.

Please make two copies of your medical forms; one for camp and one for your records.

Medical Recheck & Medications

Upon arrival in camp, All Campers and Leaders will go through a medical recheck at the Camp Health Lodge. Pin e Tree Council and Camp Hinds must comply with all State of Maine laws and BSA politics concerning medication in camp. ALL medications brought to camp by campers, leaders and staff MUST be given to the Health Officer upon arrival in camp. This includes prescription and non-prescription medicine.

The Health Officer is available at scheduled times to administer medications as needed. An exception may be made for a limited amount of medications to be carried by the Scouts or adult for life-threatening conditions including; bee-sting kits, nitroglycerin, inhalers and medication specifically prescribed “**to be carried at all times**” by a physician. Camp supplies any over-the-counter medications and first aid supplies that your Scout may need during his week at camp.

Emergency Medication Plan (For Asthma Patients Only)

The State of Maine requires that All Campers that are going to carry a rescue inhaler or Epi-pens, provide the camp with an Emergency Medication Plan. Additionally, each camper must have their parent’s and physician’s approval to carry the inhaler and indicate that the camper is able to use the inhaler. At the time of check in, the camp health staff must also evaluate the camper’s ability to use the inhaler. Please be sure to complete the Emergency Medication Plan with the physician and send it to camp with the health form. A copy of the school asthma plan will be acceptable as well.

Peanut Free Zone

Due to the increase in campers having peanut allergies, some which are life threatening, we have decided to make the Camp Hinds dining hall a peanut free zone. This means no foods with peanuts, peanut oil or peanut butter will be used in the kitchen or dining hall.

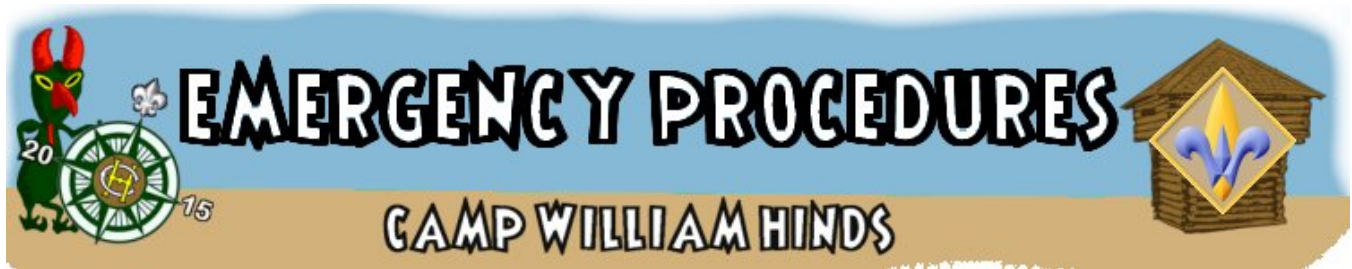
Any parents, who have a camper with food allergies, still need to list the allergies on the campers health form and notify the camp at least two weeks in advance.



Many campers love a peanut butter sandwich, and this can be a great snack! Troops may still choose to have peanut butter in their campsites as long as the Scouts in their campsite don't have a peanut allergy. Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them.

Handicapped Information

Camp Hinds aims to make our program available to All Campers. If you have a person with a disability that may require special attention, auxiliary aids or any reasonable accommodations, please contact the *Camp Director* at 655-4878 at least two weeks prior to your stay at Camp Hinds.



Camp Hinds has long established procedures recommended by the BSA for lost campers, lost swimmers, fires and severe storms. We use a siren as a warning device if and when it becomes necessary to call the camp together. When you hear the siren, all campers, leaders, and guests are to report immediately to the council ring. Please move quickly, but no running. The Cubmaster or Camp Leader needs to take a head count and report "Pack # all present" or "Pack # is missing # Scouts" as the Camp Director takes a Pack roll call. The staff may have different roles depending on the nature of the emergency.

In the case of a severe storm warning staff will be informed via the camp radio system. At the sound of air horns, all Scouts, leaders, and staff will seek shelter in the Rec Hall, the Dining Hall, Cadigan Lodge, Bates Cabin, or the Training Center depending on their location. A roll call will be taken. The camp will be dismissed once an all clear has been given.

Camp Hinds has written agreements with local fire, police and medical departments to provide Camp Hinds with the necessary coverage for any emergency.

Further information on the emergency procedures to be followed while in camp can be found posted in each campsite for review by all Campers and Leaders in camp.



YOUTH PROTECTION:

The following policies have been adopted by the BSA to provide security for the youth in our program. In addition they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse.

Two-deep leadership.

Two registered adult leaders or one registered leader and a parent of a participant, or other adult, one of whom must be 21 years of age or older, are required on all trips and outings. The chartered organization is responsible for ensuring that sufficient leadership is provided for all activities.

No one-on-one contact.

One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, such as a Scoutmaster's conference, the meeting is to be conducted in view of other adults and youths.

Respect of privacy.

Adult leaders must respect the privacy of youth members in situations such as changing clothes and taking showers at camp, and intrude only to the extent that health and safety require. Adults must protect their own privacy in similar situations.

Cameras, imaging, and digital devices.

While most campers and leaders use cameras and other imaging devices responsibly, it has become very easy to invade the privacy of individuals. It is inappropriate to use any device capable of recording or transmitting visual images in shower houses, restrooms, or other areas where privacy is expected by participants.

No secret organizations.

The Boy Scouts of America does not recognize any secret organizations as part of its program. All aspects of the Scouting program are open to observation by parents and leaders.

Separate accommodations.

When camping, no youth is permitted to sleep in the tent of an adult other than his own parent or guardian. Councils are strongly encouraged to have separate shower and latrine facilities for females. When separate facilities are not available, separate times for male and female use should be scheduled and posted for showers.

Appropriate attire.

Proper clothing for activities is required. For example, skinny-dipping is not appropriate as part of Scouting.

Proper preparation for high-adventure activities.

Activities with elements of risk should never be undertaken without proper preparation, equipment, clothing, supervision, and safety measures.

Constructive discipline.

Discipline used in Scouting should be constructive and reflect Scouting's values. Corporal punishment is never permitted.

Hazing prohibited.

Physical hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior leader training and supervision.

Adult leaders must monitor and guide the leadership techniques used by junior leaders and ensure that BSA policies are followed.

Member responsibilities.

All members of the Boy Scouts of America are expected to conduct themselves in accordance with the principles set forth in the Scout Oath and Law. Physical violence, hazing, bullying, theft, verbal insults, drugs, and alcohol have no place in the Scouting program and may result in the revocation of a Scout's membership in the unit.

Unit responsibilities.

The head of the chartered organization or chartered organization representative and the local council must approve the registration of the unit's adult leader. Adult leaders of Scouting units are responsible for monitoring the behavior of youth members and interceding when necessary. Parents of youth members who misbehave should be informed and asked for assistance in dealing with it.



DINING HALL AND FOOD SERVICES CAMP WILLIAM HINDS



Meals are prepared by our kitchen staff and served in the dining hall. The camp menu has been designed and dietician approved to ensure that properly balanced meals are being served to the growing young boys who visit camp each summer. *A copy of the camp menu will be posted in the dining hall.* You will be assigned tables at the dining hall by the Dining Hall Steward based on the number of people in your group. Webelos will assist with the setting of the tables and clearing after the meals.

The Waiter System

The waiter system is used at camp during the family style meals to help facilitate the serving and cleanup of the meals. Each pack needs to assign waiters, one per table assigned to the pack, for breakfast and dinner.

All waiters are responsible for arriving at the dining hall 20 minutes before dinner. The Dining Hall Steward will instruct waiters in setting the tables for the meal being served. Waiters are the only Scouts allowed to be up during the meal to get seconds and desserts from the kitchen. Waiters are also responsible for staying after the meal to clear their tables and sweep the floor. The Dining Hall Steward will dismiss them from their duties when he or she feels the hall has been properly cleaned.

Cafeteria Style Lunch

While breakfast and dinner is “family style”, during lunch we change things up (just a bit) to provide a more relaxed and convenient lunch break. We will be serving lunch from 11:45 am to 12:45 pm. Packs should come to the dining hall as a group, proceed through the line, and sit together. You may choose to eat inside or outside on the picnic tables. A self-serve salad/fruit bar will be available as well as your entree at the window. No worries, we would never forget the dessert at lunch

Special Meals

Arrangements can be made with the cook for those with special dietary concerns (religious or health based). Please contact the camp at least one week prior to your arrival at camp for special diets so that arrangements can be made and food can be ordered.

Pack Cooking

All packs will be cooking dinner in their campsite on Day 3. The kitchen will provide a variety of ingredients, to be announced at the Leaders Meeting, that packs can cook according to their own personal taste and cooking techniques. As a note, packs will need to provide a majority of their utensils and cookware. Camp will have a limited amount of cooking equipment available at the camp room. The cookout meal options will be posted at camphinds.org in early May! Packs who don't want to use pots and pans should consider doing foil dinners – see directions on the next page.



Aluminum Foil Dinners

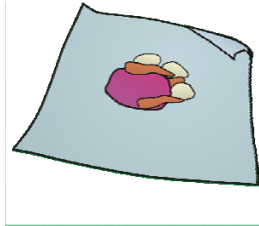


Peel and thin slice carrot, potato and onion. Form hamburger into patty. Place food on foil in following order: carrots, potato, onions, meat, potatoes and carrots. Add seasoning. Close foil tightly as described below. Place in hot coals 12 minutes per side.

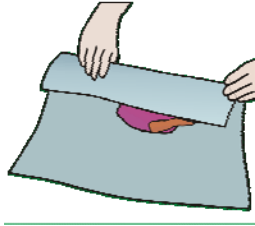
Ingredients:

1 carrot
1/2 to 1 potato
1/4 small onion
Other veggies
1/4 lb. hamburger
Salt & pepper
Other spices

Use two layers of light-weight, or one layer of heavy duty aluminum foil. Use heavy foil squares, three times the width of the food.



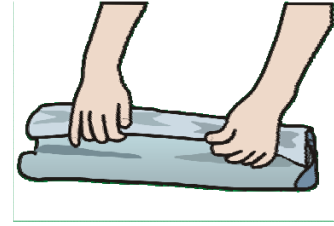
Place food in the center of the foil square.



Fold opposite sides up together



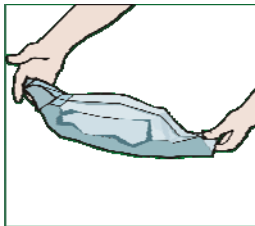
Make a seal by folding the two edges together.



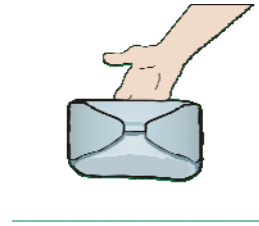
Continue the folding until it is tight against the food.



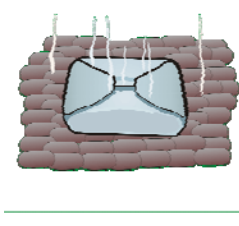
Press the ends down to seal the foil and force out most of the air.



Fold the ends to form triangles to form a tight seal.



Fold the triangle ends up over the top of the wrap. Make sure there are no holes in the foil so that juices will not leak out.

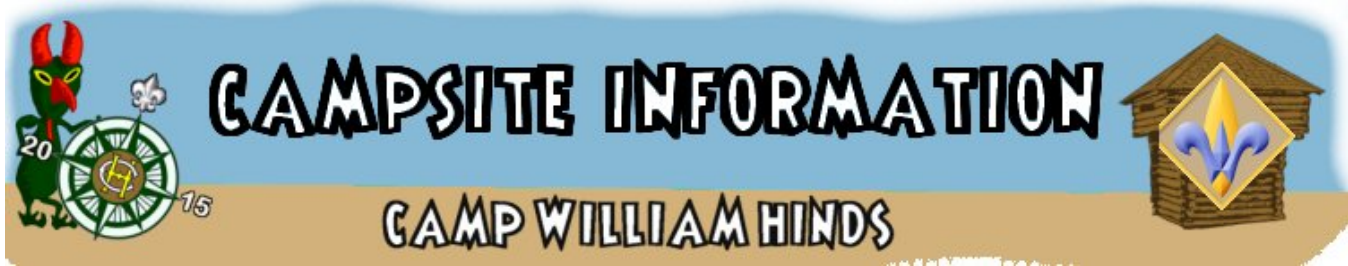


Place on a shallow bed of glowing coals that will last the length of cooking time.

Cooking Times:

Hamburger: 8-12 minutes,
Carrots: 15-20 minutes
Chicken pieces: 20-30 minutes,
Whole Apples: 20-30 minutes
Hot dogs: 5-10 minutes,
Sliced potatoes 10-15 minutes





Your Campsite

Each site has two-man tents on platforms for all of our Scouts and Leaders. Bunks with mattresses or cots, picnic tables with tarps, water buckets, a flagpole and a bulletin board are also provided in each campsite. Packs are encouraged to spruce up their campsite with flags or banners, cooking equipment and lanterns. Packs may want to bring along sports equipment, paper products, water jugs and campsite games.

Campsite Supplies

A broom, shovel, rakes, fire buckets and water hose will be kept in each campsite. Equipment that is lost or broken due to misuse will be charged to the unit.

Campsite Inspection

Camp Commissioners will inspect each campsite on a daily basis for cleanliness, safety, conservation, organization, and Scout Spirit. Pack inspection sheets are posted in each campsite. The top campsites will be recognized at the closing campfire.

Camp Good Turns

A Scout is helpful and clean. Each day the campsites are responsible for assisting in keeping the camp clean. Good turns can be done directly after lunch. Schedules for good turns will be posted in each campsite.

Fire Protection

Please use care around the campfires in your sites. Only established campfire rings may be used in camp for fires. No liquid fuel may be used to start any fires. No open flames, of any type, are permitted around or in any tent. Full fire buckets are required around your campfire ring. Troops need to fill out and follow the posted Troop Fire Guard Plan found on the bulletin board in your campsite.

Showers and Bathroom Facilities

Comfortably warm showers with individual stalls are available for all Scouts and Leaders. There is also a handicapped accessible shower facility. Bathrooms and hand washing basins are found in each campsite.

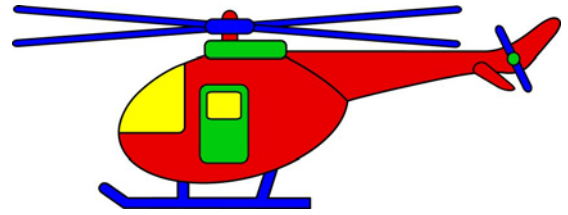
Sleep and Quiet Hours

Getting enough sleep can make a difference between having a great or poor week at camp. Camp Leaders should see that their Scouts are in the campsite by 8:30 PM and quiet time is observed from 9:00 PM - 7:00 AM.



Siesta

A siesta is scheduled for rest time everyday directly following lunch. All Scouts are to be in their campsites during this time. No program areas will be open during siesta.



Work Projects

Work projects for all different age groups and skill levels are available on a year round basis, not just during camp. Many recent improvements have been made to our camp facilities with the help of many volunteers. Projects are carried out under the supervision and direction of the Camp Ranger. Interested volunteers can contact the camp director for more information.



Uniforms

Camp Hinds has a long established tradition of wearing uniforms in camp. The official BSA summer uniform is suggested for Scouts and Leaders. The Class "A" includes uniform shirt and Scout shorts, socks, and belt (if you have them). The Class "A" uniform will be worn at flag lowering ceremonies, supper, and campfires (if you are not in costume). Our staff is in uniform at all times, unless their job requires something else. During the day Scouting T-shirts are appropriate. The '2015 camp T-shirt, hats and other items will be available in the Trading Post for those that would like to purchase them.

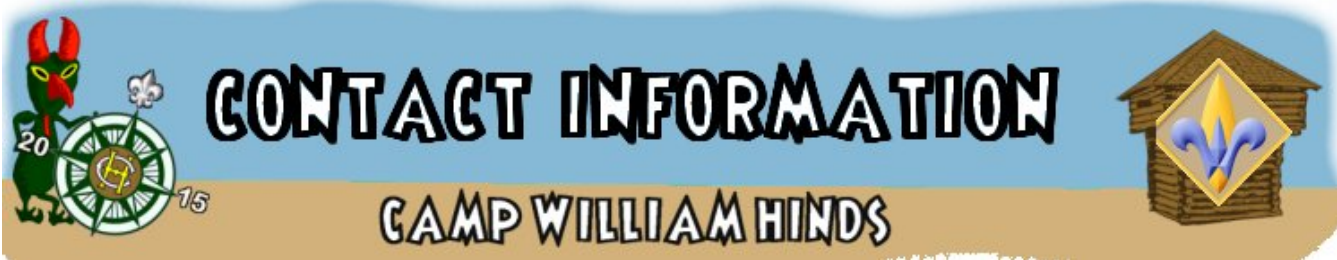


The Trading Post

Camp has a Trading Post, which is like a general store. The Trading Posts offer handicraft items, candy, souvenirs, soda, stamps, T-shirts, patches, etc. The amount of money each Scout brings is an individual matter and should be determined by the Scout and his parents. We recommend no more than \$20 for Scouts.

Pack/Den Photos

Again this year, camp will be offering pack/den photos. Photos are colored 8 x 10's. **Cost for each photograph will be \$10.00.** A photo order form will be given to each pack at camp. Money needs to be collected and turned in with the order form to the Trading Post. Photos will be available before your departure from camp.



Mail & Emergency Phone Numbers

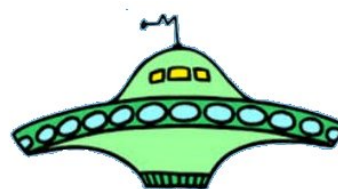
Two of the questions from parents are “Where will our son be?” and “How can we reach him?” Scouts enjoy receiving mail from home during their stay at camp. Please write, but don’t call unless it’s an emergency. Remember there is no phone next to your son’s tent. The camp phone is for camp business and emergencies.

EMERGENCY PHONE # 207-655-4878

There is a pay phone available in camp for non-emergency use. We encourage all leaders to keep their Scouts away from the phone. Experience has taught us that this really helps with homesickness. Camp does require that all Scouts using the pay phone have the permission of their Cubmaster / Camp Leader to use the phone

Mailing Address:

Scout’s Name
Scout’s Troop # and Campsite
Camp Hinds
146 Plains Road
Raymond, ME 04071



Mail is delivered daily to camp. Each campsite has a mailbox in the Trading Post for incoming mail and non-emergency messages. Leaders please check your mailbox a couple of times each day for incoming mail and messages. All emergency messages received in the camp office will be delivered immediately to the adult leadership of the Scout to whom the information concerns by the camp staff.

Scouts Leaving Camp

Campers are not to leave camp during the camping period without the approval of their parent, unit leader, and the Camp Director. With this prior approval, a Scout may leave the camp with a responsible adult who must sign-in and sign-out in the Camp Office. Scouts leaving early or for part of the day must have proper permission from his parent / legal guardian.

Leaders Leaving Camp

Leaders who must leave camp for any reason must advise the Camp Office at the time of departure and return. Do not leave your Webelos without appropriate two deep leadership. Leaders planning to alternate should wait until their replacement arrives before they leave to assure that the Scouts are well supervised at all times.

Visitors

Visitors are welcomed in camp, but please understand that everybody is on a busy schedule and Scouts prone to homesickness may do better without visitors. **All visitors must sign in and out at the camp office.** Remember that camp facilities are primarily for the use of campers and leaders. All vehicles will remain in the parking lot. *Tickets for Visitor meals may be purchased in the trading post.*



PACKING FOR CAMP



CAMP WILLIAM HINDS

The following items should be packed in a locked footlocker, tote or duffle bag:

Personal Gear

Scout Uniform (and extra parts)
Scout hat
Extra pants, shirts, socks
Extra underwear
Extra towels
Extra shoes
Rain gear
Water bottle
Pillow
Sleeping bag or blankets
Swim suit
Cook kit with knife, fork, spoon
Flashlight with extra batteries
Jacket or sweater
Toilet articles (No sprays please)
Photocopy of medical form
Webelos handbook

Leave at Home

Pets, sheath knives, fireworks, firearms, ammunition, bows & arrows, radios, CD players, televisions, walkmans, electronic games, cell phones, squirt guns, alcoholic beverages, and illegal drugs. Other valuables should be left at home.

Pack/Den Gear

Long handle tongs, chef kit (Cooking utensils)
Vegetable peelers, hot pot mitts
Pack flags, Den flags
Dependable alarm clock
Brooms
Photocopies of all medicals

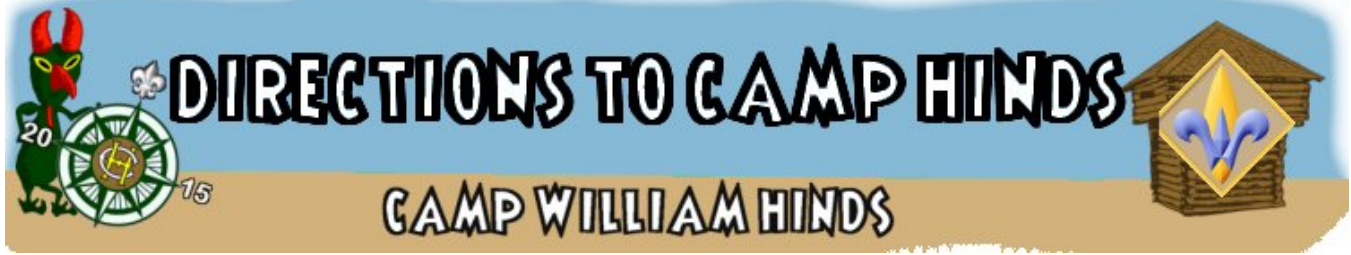
Optional Personal Gear

Pocket knife
Camera
Songbook
Watch
Money for trading post
Insect repellent (NO sprays please)
Laundry bag
Fishing gear
Sun tan lotion
Stationery & stamps
Pajamas
Bible or prayer book
Sports equipment (gloves, etc)
Water shoes

Optional Pack/Den Gear

Lanterns
Spade
Woods tools
Pots and pans, dutch oven (for cookout Dinner)
Cook stove, spices
Paper/plastic plates, cups, utensils
Charcoal, charcoal chimney
Solid charcoal lighter (no liquids)
Newspaper
Hot dog forks
Wheel barrow or garden cart
Sports equipment
Baby powder (helps dry feet at waterfront)





**146 Plains Road
Raymond, ME**

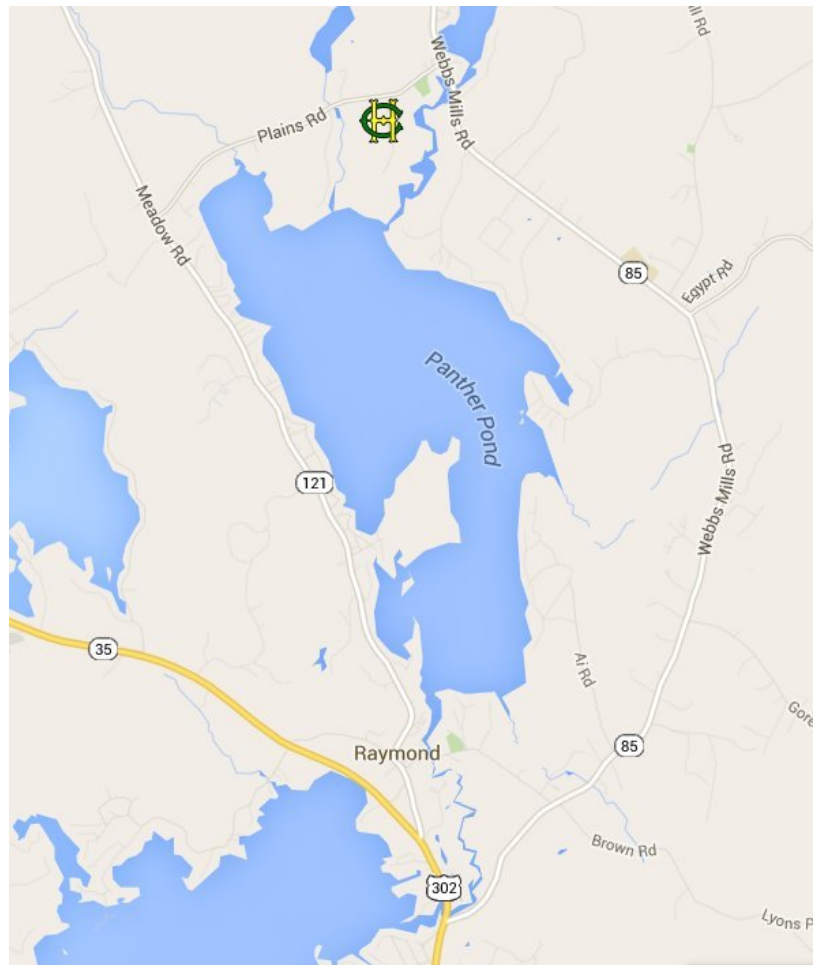
Plains Road is between Routes 85 and 121, both of which intersect Routes 302 and 11.

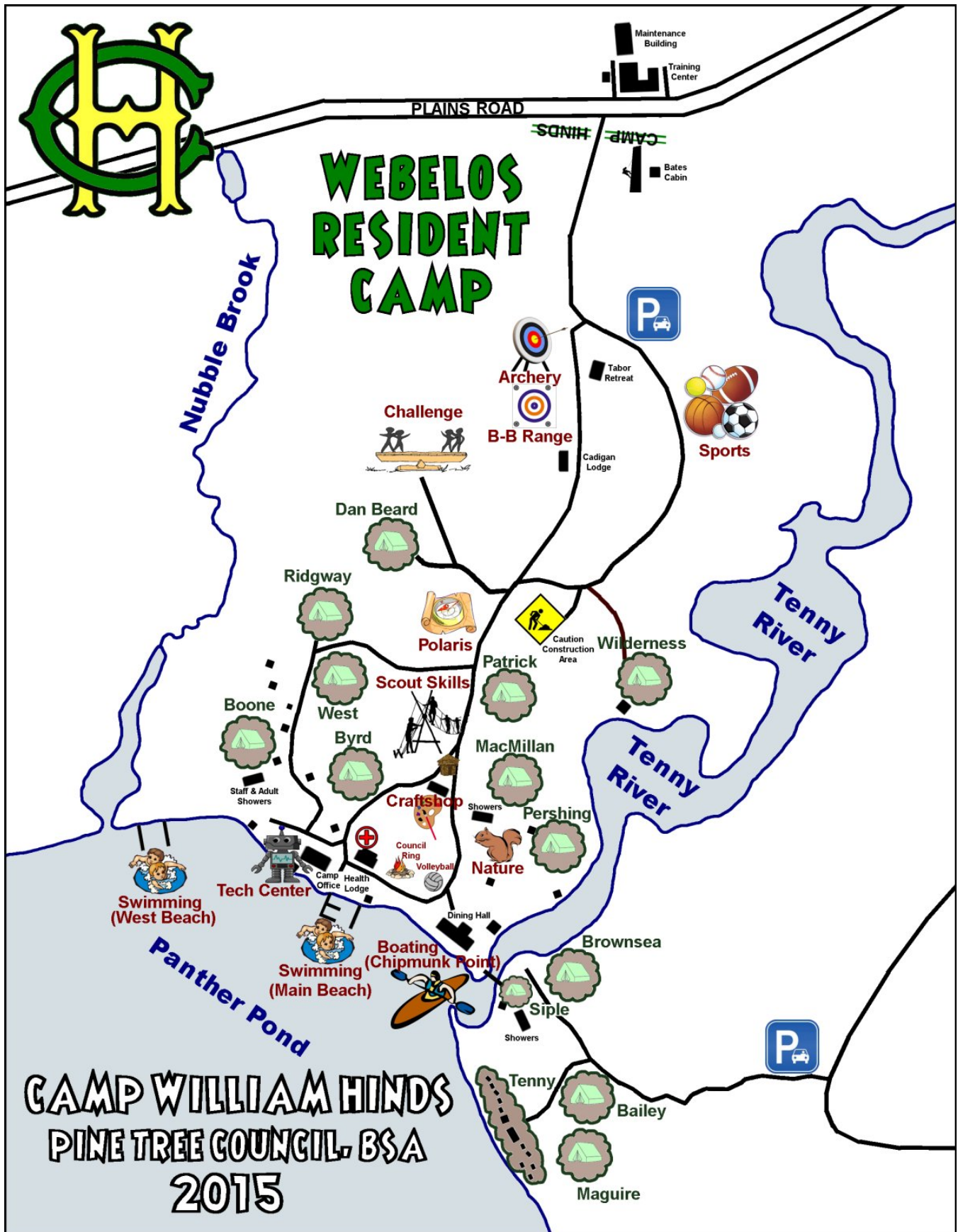
From the South:

Take Exit 48 (To Routes 25, 302: Riverside St., Larrabee Rd.) off the Maine Turnpike
 Turn Right onto Riverside Street
 Turn Left onto Route 302 West
 Go 15 miles and turn Right onto Route 85
 Go 6 miles on Route 85; past the Jordan Small School
 Turn Left onto Plains Road at the bottom of the hill
 Camp is 0.5 miles on Left

From the North:

Take Exit 63 (To Routes 202, 115, 4, 26: Gray/New Gloucester) off the Maine Turnpike
 Turn Left onto Route 202
 Go 0.5 miles and turn Right onto Route 26A
 Go 3 miles and turn Left onto North Raymond Road
 Go 1 mile and turn Left onto Egypt Road
 At the end of Egypt Road, turn Right onto Route 85
 Go 1.8 miles on Route 85; past the Jordan Small School
 Turn Left onto Plains Road at the bottom of the hill
 Camp is 0.5 miles on Left





2015 Webelos Resident Camp

Camp William Hinds

Pack Roster

Pack # _____ Camp Leader: _____ Campsite: _____

Phone # _____ E-mail Address _____

Adults

Time In Camp

Name	Full Session	Days Only	Nights Only	Other (explain)
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____

Youth

- | | |
|-----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |
| 11. _____ | 12. _____ |
| 13. _____ | 14. _____ |
| 15. _____ | 16. _____ |
| 17. _____ | 18. _____ |
| 19. _____ | 20. _____ |

2015 Webelos Resident Camp

Camp William Hinds

Activity Signup

Pack # _____ Camp Leader: _____ Campsite: _____

Phone # _____ E-mail Address _____

Please circle one in each area:

Nature

Into the Woods

Earth Rocks!

Craftshop or Tech Center

Art Explosion

Game Design

Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____
 DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.



List participant restrictions, if any: None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont, Philmont Training Center, Northern Tier, Florida Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____

(If participant is under the age of 18)

Second parent/guardian signature for youth: _____ Date: _____

(If required; for example, California)

Complete this section for youth participants only:

Adults Authorized to Take to and From Events:

You must designate at least one adult. Please include a telephone number.

Name: _____

Name: _____

Telephone: _____

Telephone: _____

Adults NOT Authorized to Take Youth To and From Events:

Name: _____

Name: _____

Telephone: _____

Telephone: _____



Part B: General Information/Health History

Full name: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

DOB: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Telephone: _____

Unit leader: _____ Mobile phone: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.



In case of emergency, notify the person below:

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	Last HbA1c percentage and date:
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	Last attack date:
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Behavioral/neurological disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	Last seizure date:
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Excessive fatigue	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date:
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



Part B: General Information/Health History

Full name: _____
 DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Allergies/Medications

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

CHECK HERE IF NO MEDICATIONS ARE ROUTINELY TAKEN. IF ADDITIONAL SPACE IS NEEDED, PLEASE INDICATE ON A SEPARATE SHEET AND ATTACH.

Medication	Dose	Frequency	Reason

YES NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by:

_____/_____
 Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)

!

Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

!

Immunization

The following immunizations are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Polio	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Influenza	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB)	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exemption to immunizations (form required)	

Please list any additional information about your medical history:

DO NOT WRITE IN THIS BOX
 Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: Yes No

Reason: _____

Approved by: _____

Date: _____

Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: _____

DOB: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____



You are being asked to certify that this individual has no contraindication for participation inside a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient.



Examiner: Please fill in the following information:

		Yes	No	Explain							
Medical restrictions to participate		<input type="checkbox"/>	<input type="checkbox"/>								
Yes	No	Allergies or Reactions		Explain		Yes	No	Allergies or Reactions		Explain	
<input type="checkbox"/>	<input type="checkbox"/>	Medication				<input type="checkbox"/>	<input type="checkbox"/>	Plants			
<input type="checkbox"/>	<input type="checkbox"/>	Food				<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings			
Height (inches): _____		Weight (lbs.): _____		BMI: _____		Blood Pressure: _____ / _____		Pulse: _____			

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have uncontrolled heart disease, asthma, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures.
<input type="checkbox"/>	<input type="checkbox"/>	For high-adventure participants, I have reviewed with them the important supplemental risk advisory provided.

Examiner's Signature: _____ Date: _____

Provider printed name: _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



Another Council Opportunity for your Scouts at Hinds



Fly First Class – April 2016

“Operation Fly First Class” is a Pine Tree Council Program being offered for Boy Scouts up to age 13, Tenderfoot rank through First Class! This 4-day program will offer new Scouts the chance to advance with other Scouts during the April school vacation, under the guidance of older Scouts and experienced leaders! “Operation Fly First Class” is held at Camp Hinds in Raymond.

Program features will include: cooking, woods tools, first aid, camp gadgets, outdoor code, leave no trace, native plants and wildlife, an overnight outdoor adventure, orienteering, service project, flag ceremonies, Scout’s Own Service and plenty of Scout Spirit!



**PLEASE BRING
THIS GUIDE TO
CAMP WITH YOU**