

Camp Hinds

Pine Tree Council
Boy Scouts of America



BOY SCOUTS OF AMERICA ★ 100 YEARS OF SCOUTING



CELEBRATING THE ADVENTURE ★ CONTINUING THE JOURNEY

100th Anniversary of Scouting
Summer Camp 2010 - Leader's Guide
Visit Us At <http://www.camphinds.org>



The Scoutmasters Timeline for Camp Planning

Early 2010	<ul style="list-style-type: none"> <input type="checkbox"/> Review with your Scouts the programs available at Camp Hinds this summer. <input type="checkbox"/> Reserve your week and campsite with Pine Tree Council. <input type="checkbox"/> Send in deposits for Scouts going to camp. <input type="checkbox"/> Make parents aware of summer camp dates and the required BSA Health Forms
April, 2010	<ul style="list-style-type: none"> <input type="checkbox"/> Payment of \$25 per Scout due at Pine Tree Council <input type="checkbox"/> Arrange for Adult leadership to cover your troop at camp
April 28th & May 8th	<p><input type="checkbox"/> Special 100th Anniversary Themed Scout Leader and SPL Kick-Off Celebration! April 28th @ 7pm at PTC Office and May 8th @ 4pm at Camp Hinds. Come to the Beaver Workday on May 8th @ Camp Hinds and stay for the Leaders Meeting! Lunch & Dinner Provided!</p>
May/June 2010	<ul style="list-style-type: none"> <input type="checkbox"/> Review with Scouts the Merit Badges at camp <input type="checkbox"/> Counsel Scouts on appropriate Merit Badges and pre-requisites <input type="checkbox"/> SPL's discuss with Scouts the program opportunities available at camp, troop rotations, outposts and various troop activities <input type="checkbox"/> Scoutmasters secure 2-deep leadership for troop while at camp
May 15, 2010	<ul style="list-style-type: none"> <input type="checkbox"/> Deadline for registering for SCUBA (The Registration Form is in the Forms Section) <input type="checkbox"/> Date that online registrations for merit badges begins. You can access online registration by going to: www.pinetreetsa.org/scss <input type="checkbox"/> Campership application deadline <input type="checkbox"/> Confirm the number of Scouts & Adults attending camp with PTC by returning the camp contract that is mailed to Scoutmasters.
June 1, 2010	<ul style="list-style-type: none"> <input type="checkbox"/> Early Bird Deadline! Payments are due at PTC! <input type="checkbox"/> Start sending merit badge forms to camp
30 Days Prior to Troop Coming to Camp Hinds	<ul style="list-style-type: none"> <input type="checkbox"/> Finalize plans, shake-down equipment, leadership and transportation <input type="checkbox"/> Make final payments to PTC (bring receipts to camp!) <input type="checkbox"/> Review Merit Badge sign-up forms for all Scouts <input type="checkbox"/> Collect and review BSA Health Forms for accuracy and completeness <input type="checkbox"/> Prepare gear for Wednesday Cookout meal in campsite <input type="checkbox"/> Arrange for emergency funds for camp (just in case)
At Least Two Weeks Prior to Camp!	<ul style="list-style-type: none"> <input type="checkbox"/> Mail photocopies of all NEW BSA Health Forms (scouts & leaders must now have a physical within 12 months of camp!) and Advancement Registration materials to Camp Hinds. Mail Forms Directly To Camp Hinds At: Camp Hinds 146 Plains Road Raymond, ME 04071
Sunday at Camp	<ul style="list-style-type: none"> <input type="checkbox"/> Welcome! Scoutmasters and SPL's attend the orientation meeting at 1pm at the Tabor Retreat. Bring 2 copies of your Troop Roster!



Introduction.....	4
Introduction to Hinds.....	5
Camp Dates for 2010.....	6
Camp Telephone & Address.....	7
Camp Programs.....	8
A Typical Day at Camp.....	8
Special Camp Programs.....	8
New For 2010 - Cycling Merit Badge!.....	9
<i>Polaris</i> - Our First Year Camper Program.....	10
Trail To Eagle Program.....	11
BSA Lifeguard Course.....	13
SCUBA with PADI Certification Course.....	14
Counselor in Training Program.....	15
Older Boy Opportunities.....	16
Merit Badge Information.....	17
Afternoon Troop Rotations.....	25
Special Events, Activities & Awards.....	27
Leadership Training & Meetings.....	30
Camp Fees & Camperships.....	31
Leader Information.....	32
Arrival & Departure.....	32
Dining Hall & Meals.....	33
Friday BBQ & Parent's Night.....	34
Leader Meetings (Scoutmaster & SPL).....	35
Guidelines, Policies & Procedures.....	36
Health & Safety Policies/Medical Information.....	36
Emergency Procedures.....	39
Campsite Information.....	40
The Order of the Arrow.....	41
Uniforms/Troop Photos/Trading Post/Visitors & Siblings.....	42
Directions to Camp.....	43
Forms.....	44



Dear Scouters,

Welcome to the 2010 Camp William Hinds Season and our Celebration of the 100th Anniversary of Scouting! Your troop is about to experience one of the finest Boy Scout camps in the nation! The beauty and majesty of Camp Hinds acts as a natural backdrop for a summer of fun, adventure and an exceptional outdoor learning experience.

To make our program, and thus your Scouts, successful we have created this Leader's Guide for your use. It has been designed to provide you with all of the information you need to plan your troop's 2010 summer experience. Our entire staff will be working hard in the coming months to fine-tune our program, so keep your eyes on our ***brand new website*** @<http://www.camphinds.org> for updates and please do not hesitate to contact us for further assistance, questions or comments. We would love to hear from you!

With new merit badges (including the 2010 Historical Merit Badges, Cycling, Scouting Heritage, Geocaching and SCUBA), specialty offerings and our weekly 100th Anniversary Celebration this summer is shaping up to the best yet! We are excited your troop has chosen Camp Hinds and look forward to seeing you on the shores of Panther Pond for a summer of Scouting!

"A hundred years from now it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove. But the world may be different, because I was important in the life of a boy."

~ Forest Witcraft

Yours in Scouting,

Josh

Joshua Gagnon
Camp Director
Joshua.Gagnon@gmail.com
207-651-5266

Karen

Karen Hawkes
Program Director
kkhawkes@earthlink.net
207-518-1342



Introduction to Camp Hinds

Camp Hinds is located on over 300 acres of land on Panther Pond in Raymond, Maine. Less than an hour outside of Portland, Panther Pond is part of the Sebago Lakes Region of Maine. Camp Hinds is owned and maintained by the Pine Tree Council, Boy Scouts of America.

The camp was founded in 1927, and over the years has grown to include a number of facilities and buildings including a 300+ seat Dining Hall, Health Lodge, Recreation Hall, Trading Post, Craftshop, Messer Training Center, High and Low Ropes Course and waterfront areas. Several buildings are used for year round camping but Hinds is used primarily as a traditional resident summer camp. When not serving as a summer camp, various Scout units for the area can be found utilizing its many campsites and buildings throughout the fall, winter and spring months.



Camp Hinds Staff

Camp Hinds has a trained staff of approximately 55 Scouts and Scouters. Our camp staff are all registered members of the Boy Scouts of America and our mission is to help promote the aims and methods of Boy Scouting, to their fullest, here at Camp Hinds.

The camp is lead by a Camp Director, who works with a Program Director and the Camp Properties Superintendent. Each of our program and support areas are overseen by an Area Director, many of whom have attended the National Camping School program for training specific to their job. Camp Hinds is routinely inspected and meets the standards set down by the B.S.A. National Office for an Accredited Boy Scout Summer Camp. Our staff will assist and try to accommodate your needs in every way possible, so do not hesitate to ask for assistance. Occasionally, it may be necessary to shift or rearrange program plans or campsites to accommodate everyone, but this will only be done when no other alternative is possible and when it is in the best interest of the Scouts and the program.





2010 Camp Dates & Programs

WEEK 1: July 4 – July 9

- ★ Traditional Summer Camp for Troops & Provisional Scouts
- ★ *Trail To Eagle* Advancement Week

WEEK 2: July 11 – July 16

- ★ Traditional Summer Camp for Troops & Provisional Scouts
- ★ BSA Lifeguard
- ★ CIT Session 1: For 3 weeks running Weeks 2–4

WEEK 3: July 18 – July 23

- ★ Traditional Summer Camp for Troops & Provisional Scouts
- ★ SCUBA Week with PADI Certification
- ★ CIT Session 1: For 3 weeks running Weeks 2–4

WEEK 4: July 25 – July 30

- ★ Traditional Summer Camp for Troops & Provisional Scouts
- ★ CIT Session 1: For 3 weeks running Weeks 2-4

WEEK 5: August 1 – August 6

- ★ Traditional Summer Camp for Troops & Provisional Scouts

WEEK 6: August 8 – August 13

- ★ Traditional Summer Camp for Troops & Provisional Scouts
- ★ *Trail to Eagle* Advancement Week

2010 Season Highlights!

- * Return of our popular Polaris First Year Camper Program!
- * Over 50 Merit Badges including New for the 2010 Season Cycling, Fire Safety, Sculpture, Astronomy, SCUBA, Geocaching and many more!
- * For the 100th Anniversary of Scouting, the BSA re-issued four Historical Merit Badges to help celebrate scouting's past. Signaling, Tracking, Pathfinding and Carpentry are **only available in 2010** and we are proud to be offering all four!
- * Weekly 100th Anniversary Celebratory Events and look for our **100th Anniversary Themed “Camp Hinds Cup”** for the camp-wide event on Friday!



Camp Telephone & Address

There is a phone located at camp for business and emergency use. The camp phone number is **(207) 655-4878**. Remember, there is no phone next to your son's tent so parent's should *only use this number in case of an emergency*.

There is a pay phone available in camp for non-emergency use. We strongly encourage all leaders to keep their Scouts away from the phone. Experience has taught us that this really helps with homesickness. ***Camp does require that all Scouts using the pay phone have the permission of their Scoutmaster to use the phone!***

Scouts enjoy receiving mail from home during their stay at camp! We encourage you to write, but be sure to write early in the week as even though mail is delivered daily, sometimes can take a day or two for mail to reach camp depending on your location. Each campsite has a mailbox in the Trading Post for mail and non-emergency messages! Leaders, please check your mailbox a couple of times each day for incoming mail and messages. All emergency messages received in the camp office will be delivered immediately to the adult leadership of the Scout to whom the information concerns by the camp staff.

Mailing Address:

Scout's Name
Scout's Troop # and Campsite
Camp Hinds
146 Plains Road
Raymond, ME 04071

For Updates & The Latest Information...

Please refer to the website at <http://www.camphinds.org>! Any changes to course offerings, schedules, etc. will be posted there as soon as they become available. You also can sign-up for the Council E-Lists and receive program specific council newsletters right in your inbox!





A Typical Day at Camp

The day at Camp Hinds is organized to provide personal advancement opportunities, time to unify and have experiences as a troop, and open time to make new friends, work on advancement or enjoy the many evening programs and events that we offer.

Morning activities include 3 periods where boys attend merit badge sessions and work on advancement. Working with their scoutmaster, boys individually choose the badges they want to work on. Signups are done prior to camp. Limited changes can be accommodated after arrival.

The afternoons at Camp Hinds offers activities for all ages. Many older boys will choose to participate in one of our older boy programs. Polaris participants will have some scheduled afternoon events as well as some additional advancement opportunities. All afternoons at camp will have programmed activities geared for troops to participate in including hiking, swimming, boating, shooting sports, troop sport competitions and our popular out-posts. Working with your SPL, troops may pre-register for some events at camp, while others will be on a drop-in basis. Friday afternoon will include our expanded Camp Hind Relay Race.

Evenings at Camp Hinds allow time to visit open program areas as a troop or with a buddy. Many nights will also include special camp programs such as our Duty to God religious service, night hike, drumming circle, Scout Master Splash or Iron Chef competitions. Some merit badge sessions and advancement opportunities may be offered. Special merit badge helps are available. At the end of your busy day, all campers enjoy time around the campfire.

Special Camp Programs

In addition to our traditional Scout camp, specialized programs are offered each week at Camp Hinds. We are pleased to introduce the addition of a series of new merit badges including the ***only available in 2010 Historical Merit Badges, Scouting Heritage and Geocaching.*** We are also proud to announce the return of our ***Polaris First Year Campers Program.*** Our ***Trail to Eagle*** Program is offered weeks 1 & 6. Our excellent ***BSA Lifeguard*** program is offered week 2. ***Scuba with PADI certification (and NEW this Year SCUBA Merit Badge)*** is scheduled for week 3. We will also once again be offering one 3-weeks session of the ***CIT, or Counselor In Training,*** program this year during Weeks 2-4.



Looking For Something New?



Take The Cycling Merit Badge and Discover Nature on Two Wheels!

Program Specifics: This program will run weeks 2, 3, 4 and 5 and is for older boys (13+) who meet the requirements **only**. The merit badge will be offered as a double period (periods 2 & 3) with our new Fitness/Sports staff. In addition to the morning classes, participants will enjoy two afternoons of cycling outside of camp. Limited to 12 scouts.

Pre-camp requirements: Participants should be familiar with the requirements for the Cycling merit badge. Requirements 1-7 will be covered at camp. **Each scout should complete at least 3 rides prior to camp. These should include one 10 mile ride, and two 15 mile rides. Come with a log of ride dates, routes traveled and interesting things seen.**

** At camp, we will complete at least one 10 mile ride and one 25 mile ride. Rides will start and end from Camp Hinds. Adult leadership will be provided, along with a chase vehicle in the event of a breakdown. Information will be provided to participants of upcoming 50 mile rides being held in the Southern ME area.

Equipment needs: All participants need to provide a bicycle suitable for road travel. The bike should be well-maintained and the proper size for the participant. In addition, each cyclist needs to bring a bicycle helmet that meets standard safety requirements. Participants need their own water bottle and a small backpack or bike pack to carry water, a jacket and some snacks. Bright colored clothing is encouraged.

**Don't be left behind!
Start Cycling today!**



Join *Polaris!* **Our First Year Camper Program**

We are pleased to offer our outstanding Polaris program for Boy Scouts up to age 13, Tenderfoot Rank to First Class. This is the perfect introduction to the Camp Hinds experience and your scouts are guaranteed an amazing camp experience. In this program, Scouts will:

- Have excellent staff that stay with you all week.
- Learn the patrol method with other first year scouts!!
- Make new camp friends!
- Complete a number of requirements for Tenderfoot through First Class while still earning one or more merit badges at camp.
- Have an opportunity to experience every program area at camp!
- Build scout spirit! Work as a team! Develop leadership skills!
- Get the Polaris patch to wear on your uniform!

A typical day in the *Polaris* Program:

8:30 – Welcome! Patrol games and challenge

9:00 - Knot tying and simple lashings

10:00 - Demonstrate proper care of the ax.

10:30 - Merit Badge Session



Daily Special Events Include: ice cream social, hike to Rattlesnake Mountain, Polaris Campfire and more!

Program Specifics

Scouts will be divided into patrols for the week. Scouts will work on rank requirements for a double period and their choice of a merit badge during the third period. Special afternoon and evening events will also be scheduled – including a hike, and a Polaris campfire.

Note to Scoutmasters and parents: While most of the rank requirements for Tenderfoot to First Class will be covered, we realize that selected requirements are best done as a troop. We encourage all scouts to learn the first aid requirements prior to attending camp.

***Sign your younger Scouts up for this new program full of skills,
Scout spirit, new experiences and fun!!***



*For the Scout that is serious about working on his Eagle rank...
consider our:*

Trail to Eagle Program

When: Offered Week 1 (July 4-9) and Week 6 (August 8 – 13)

Who: Due to the demands of the Trail to Eagle Advancement Week, this program is only open to **13 year old Scouts who are Star or Life rank** and to all **14 years or older Scouts**.

Organization: Trail to Eagle participants can come with their troop or register as a provisional scout for the week. Adult volunteer Scoutmasters and trained staff serve as Scoutmasters and assistant Scoutmasters for the week.

Program Descriptions: Many of the Eagle required badges will be offered during the Trail to Eagle week. Participants may take up to 5 merit badges. Some badges require more than 1 session. Most merit badges do have work that needs to be done prior to camp in order to complete their badge. Scouts will need to provide proof of work indicating that the requirement has been completed. A letter from your scoutmaster or parent or the written work will need to be presented to the instructor. **Merit badge booklets are required for most of the badges.** Scouts are encouraged to bring them from their troop library or to purchase them at the Scout shop prior to camp. Limited booklets will be available at the trading post.

All Scouts are also required to register for a daily leadership session. How do you choose a project? What do I need to include in a project proposal and write-up? How do I prepare for my Eagle Board of Review? How to plan an Eagle ceremony and opportunities to stay in scouting beyond achieving the Eagle are all discussed. Our Eagle Scouts on staff and volunteer Scoutmasters will be teaching these sessions. **As part of the leadership session, all participants will complete a camp service project.** Please bring work gloves and work clothes for the project.



Trail to Eagle Merit Badges 2010

Merit Badge	General Information	Pre-requisites
Citizenship in the Community	Bring a map of your community. Merit badge booklet required.	3a (be ready to discuss b) 4a & 4b, 7, and come with information to complete req. 8
Citizenship in the Nation	Bring copy of historical speech to camp with you. Merit badge booklet required.	2 & 6
Citizenship in the World	Broaden your world views! Merit badge booklet required.	7c and/or 7e
Communications	Come ready to talk at this badge! Merit badge booklet required.	4, 5, & 8 if possible
Emergency Preparedness	Merit badge booklet required.	Complete 2c, 8c and 9a, 9b or 9c prior to camp.
Environmental Science	This requires a 2 hour session to complete. Merit badge booklet required.	
First Aid	Bring completed first aid kit from home. Merit badge booklet required.	2d
Lifesaving	Must be a swimmer and have swimmer MB. May require extra time and/or help.	
Personal Fitness	Design your own fitness plan and execute it for 12 weeks. Merit badge booklet required.	1a and 1b, 6, 7 and 8
Personal Management	Personal financial plan. These requirements take 13 weeks to complete. Merit badge booklet required.	1 and 2 must be completed with family.
Swimming	Must pass swimmers test. Have long sleeve pants, shirt and shoes that can get wet.	

Note: If a Scout does not complete the required pre-requisites or all of the work at camp, he will not complete the badge at camp. A list of partial requirements covered will be provided to the Scoutmasters.



Take the BSA Lifeguard Course at Camp Hinds this summer!!

The purpose of the BSA Lifeguard is to provide an intensive training program in aquatics safety for older Scouts and adult leaders.

Completion of the course earns participants a 3 year lifeguard certification recognized at all BSA camps and events. In many states, BSA lifeguards may work at public beaches and camps.

Who: All participants must be excellent swimmers. To enroll, you must either be at least 14 years of age or have completed the eighth grade. Merit badge pre-requisites include: Swimming, Lifesaving, Rowing, Canoeing and First Aid. Adults wishing to participate must contact the Camp Hinds Administration for approval. Available space will be given to Scouts first. Adults participating will be charged the extra leader fee as they are not available to provide troop leadership in their units.

When: For the 2010 Camp season, the BSA Lifeguard course will be offered **Week 2 only**. Scouts may come with their troop or register as a provisional Scout and participate in this program.

Program Description: This is an intensive program that will run all week and involve the candidate for most of the camp week, including evenings. Scouts will learn multiple rescue techniques including rescue from a watercraft, swimming extension rescue, active drowning rescue, passive drowning rescue, and submerged victim rescue. Course also covers long shallow diving, stride jumping, compact jump and defense and grip escapes and backboarding procedures. Students will need to pass a written exam on theory and knowledge showing an understanding of aquatics program and emergency management skills. Scouts will serve as a lifeguard at 2 or more aquatic events during the week.

Note: This course covers some first aid and CPR but in order for your certification to be valid, you must hold current certification in CPR. We encourage participants to attend a class offered by the American Heart Association, the American Red Cross or the National Safety Council prior to camp.



Be One of the 1st To Earn The NEW SCUBA Merit Badge!

**Camp Hinds, In Conjunction with Maine Divers,
is offering as part of the new SCUBA Merit Badge**



(Self Contained Underwater Breathing Apparatus)

Offered Week 3 ONLY!

Come as a Provisional Scout or with your Troop

Come to Camp and get your SCUBA PADI Certification and SCUBA MB!

Work with Maine Divers Scuba Center (www.mainediversscubacenter.com) and their Master Instructors on your PADI certification! PADI is the internationally recognized “Professional Association of Dive Instructors.”

Participants that successfully pass the course will receive their Open Water PADI Certification and will be registered with PADI. They will also receive the **NEW SCUBA MERIT BADGE!** Divers under the age of 18 will have limits on their certifications as to whom they can dive with until they reach the age of 18. **Open to scouts and adults.**

- * **Classes offered in the afternoon**
- * **Scouts must be 14 years or older (no exceptions)**
- * **Scouts must be strong swimmers with pre-requisites of Swimming MB and Lifesaving MB**
- * **Mandatory online classroom instruction, with PADI and in conjunction with the Maine Divers, will begin in June.**
- * **Extra Camp Fee will apply to cover the PADI Certification and SCUBA Gear.**

While in Camp, Scouts can attend either a morning or afternoon session of SCUBA. The program will encompass the full morning or afternoon time frame. Scouts can also choose to take merit badges in the morning or older boy activities in the afternoon to round out their camp program.

The camp fee for SCUBA participants is \$600 for the week, which includes the PADI Certification Fee and **ALL REQUIRED GEAR!** **This year we are also offering afternoon SCUBA Refresher Courses (for those individuals who already have SCUBA PADI) for \$350!** A parents/guardian evening will be set up in May for Scouts and parents to visit the Dive Shop in Portland, be fitted for gear, sign up for online training and for parents/guardians to sign health forms and permission slips.

Open to adult leaders also (if space allows). Deadline for registering for the scuba program is **May 1st**. Complete the SCUBA registration forms and mail to Pine Tree Council, as directed on the registration form.



Ever wonder about a summer living and working at Camp?

Join the Counselor in Training Program!!

Camp Hinds offers an excellent CIT program for interested Scouts that will introduce them to life as a staff member, as well as provide valuable leadership, communication skills and work experience.

When? The CIT program is a 3 week program. Participants will live and work at Camp Hinds for all three weeks, with only weekends off. One CIT session will be offered for the 2010 season. Participants must be available to attend all 3 weeks in order to enroll in the CIT program.

CIT Dates: July 11-30, 2010

Who? Scouts who wish to participate need to be 15 years old as of July 1, 2010 and must fill out a Camp Hinds Staff application. Applications are due into the Pine Tree Council office by May 1st. All staff who apply will be contacted by the Camp Hinds Administration for an interview in order to be selected into the program. Late applications will be permitted as space permits.

Cost? For those Scouts who are accepted, the cost is \$200 for all three weeks. In addition, each Scout needs to have 2 complete class A uniforms (Scout shorts, shirt, socks) as well as Scout shorts and Scout socks for class B uniforms to last a week. A complete supply list will be provided upon acceptance to the program.

Program Specifics The CIT program has been planned so that Scouts will have increasing responsibilities at camp, all the time learning leadership, teaching and communication skills. Typically during Week 1, Scouts will be able to earn merit badges and learn teamwork by participating in troop rotations as a CIT troop. Week 2 finds our CITs taking limited merit badges while doing observations and some limited assisting in many different areas throughout camp. It is our goal to introduce our CITs to all the programs at camp, including COPE. Week 3 they will experience life as a camp staff – assisting in some merit badge instruction, helping with troop rotations and evening activities at camp, including our campfires. Scouts who complete this program may be eligible for staff positions the following year. If a scout is hired, a scout will have a starting salary bonus of \$100.

Parent Meeting: A parent meeting will be held at Camp Hinds prior to the CIT session. Accepted applicants will be mailed the date and time for this meeting.



Older Boy Weekly Programs

Camp Hinds offers special afternoon programs for our Scouts 14 years and older in place of attending troop activities. This is a great way to meet other Scouts your age and try something new at Hinds. Class sizes are limited. Pre-register to insure a space in the program you want. Attendance at all sessions is required. The following courses will be offered each week.

COPE – Our “Challenging Outdoor Physical Experience” program is designed to challenge you both mentally and physically. The program consists of team building activities on the ground, the low course (elements 6 ft. in height) and the high course (elements 20 ft. in height). Based upon the values of teamwork and “challenge by choice”, no one is forced to do a task if they do not wish to undertake the challenge presented. This is a four day course – running Monday – Thursday. Participants will earn the COPE “knot” after completion of the course.

Lights, Camera, Action!!! Spend the afternoons planning, directing, filming and editing your own feature film!! Scouts will learn all aspects of film making – from developing a story board, operating a video camera and filming and editing your work. Participants will earn the cinematography merit badge as well as a chance to preview their own film as part of the Friday night closing campfire. Course will run Monday – Thursday.

Hit the Waves!!! Spend your afternoon on Panther Pond! Older scouts will have time to waterski or wakeboard and earn requirements toward the Water Sport Merit Badge. Participants must be swimmers. Please register for session 1 (Monday – Tuesday) or session 2 (Wednesday-Thursday). A Monday night class is required all participants.

Par for the Course!! NEW this Year!! Go green and earn the golfing merit badge at Camp Hinds! Enjoy two afternoons and work on your grip, stance and swing. For the beginner or the experienced golfer. Participants are invited to bring their own golf clubs. Additional green fee will be required. Course will run Wednesday-Thursday afternoons.

Finders Keepers!!! Using GPS, take part in completing one of BSA’s newest merit badge: GPS/GIS. Catch the geocaching bug and learn to locate treasures right at Camp Hinds. This two day course will leave you looking for more! Course will run Monday – Tuesday afternoons.

In addition to the weekly older boys program, limited afternoon daily events may be offered to the older Scouts. These will take the place of troop activities for all or part of the afternoon. Watch for the daily announcements or see the Program Director for more information!



Merit Badge Basics

Merit badge classes expose scouts to new subjects, teach a variety of skills and are an important part of the Scouting programming at Camp Hinds. Our mornings are filled with merit badge sessions, enabling all scouts to earn two or three badges during their time at camp. For the motivated scout, additional opportunities are provided, usually in the evening, to start and possibly complete additional badges.

Consider your options: Choosing the right merit badges is an important step for camp success. While a scout may be interested in a particular badge, it may not be the right badge (or the right year) for him to take the merit badge. Many of our badges have pre-requisites and/or specific age requirements. Scoutmasters need to meet with their scouts and determine which merit badges and advancement opportunities best suit their needs. A list of merit badges and their pre-requisites are included in this packet.

Pre-register!!! Beginning May 15th, you can complete on-line registration for merit badges for your troop at www.pinetreebsa.org/scss. Classes are filled on a first- come basis. On-line registrations will be given first priority. If on-line service is not available to you, you can go to the Pine Tree Council Center and ask for help to enter your badges for your troop. Your last option is to mail your advancement forms. All mailed registration forms should be mailed to camp two weeks prior to your arrival. Any late registrations and merit badge changes will be done on Sunday afternoon at camp as well as Monday morning before and after breakfast.

Confirm your choices: All Scoutmasters who pre-register will receive a tentative schedule for their troops on Sunday afternoon. Although we try to meet as many scouts' choices as possible, please be aware that some merit badges have class limits and will fill up. Preference is given to older youth who have not yet completed the badge. In order to balance class sizes, we occasionally change the time a scout has a class. Some classes are balanced based on equipment needs or staff availability. Scoutmasters will receive a final printout for each scout and one for their troop at the Sunday evening campfire.

Check for Pre-camp requirements: Many merit badges require scouts to complete requirements prior to camp. These are listed on the merit badge page. Please consult the merit badge pamphlet for specific information about these requirements. Review these requirements with a scout and their parents so they can encourage a scout to come to camp prepared and ready to complete the badge. If the pre-camp requirements are not done prior to camp, a scout will earn a partial on that merit badge.

Be Prepared with merit badge books and any special equipment!:

For the following **Eagle Required Badges (Emergency Preparedness, Personal Fitness, Communications, Environmental Science, First Aid and all Trail to Eagle badges)** we are asking that scouts bring the merit badge booklet from their troop library or purchase them at the scout shop prior to camp. Limited copies will be available in the trading post. This will enable camp staff to have more interactive and informative sessions.

Some merit badges require special equipment (fishing reel, musical instrument, etc). While the camp has some equipment, a scout will increase his learning opportunities by bringing his own equipment from home. Please label any items brought from home. The camp cannot be responsible for lost or damaged items.

Completing the badge: Every scout should be strongly encouraged to attend each of his merit badge sessions. Careful planning has been done by the staff to ensure that the information required is presented in an interesting and interactive way. If a scout needs to miss a session (sickness or absent from camp etc.), he will need to complete outside work or go home with only partial requirements.

Extra Help for Merit badge work: Scoutmasters should check with their Scouts to make sure camp work is being completed. Our staff will try to inform Scoutmasters if any of their scouts are having trouble completing the required work. All scouts can receive extra help for merit badges during the scheduled open areas during the evening or by prior arrangement with a camp staff member. If you have a question as to why a Scout is not being signed off on a requirement, please see the Merit Badge counselor. If a problem is still un-resolved, see the area director and then the program director and we will meet and discuss the issue.

Paperwork and Partial: Camp Hinds uses a camp facsimile of the blue cards to record all work done in camp. Leaders will be able to pick up copies of the Camp Hinds Merit badge sheets for their youth Friday afternoon. Completed badges will be recorded and kept in the records at Camp Hinds. If you are missing paperwork, please contact the camp office before August 15th.



2010 Camp Hinds Merit Badge Information

<p>Archery</p> 	<p>Recommended For: 2nd Year Campers and older</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Meets for a double period</p>
<p>Art</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: A good merit badge for those with some artistic talent.</p>
<p>Astronomy</p> 	<p>Recommended For: 2nd year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Do requirement 6 prior to camp.</p>	<p>Other information: At least one night observation session will be required.</p>
<p>Basketry</p> 	<p>Recommended For: 2nd year Campers and older.</p>	<p>Prerequisites: None</p>	<p>Other Information: Materials for basic project included.</p>
<p>Canoeing</p> 	<p>Recommended For: 2nd Year Campers</p>	<p>Prerequisites: Must be a swimmer.</p> <p>Preparation: Bring shoes or sandals that can get wet for swamping.</p>	<p>Other Information:</p>



Camp Programs

<p>100th Anniversary Historical MB Carpentry</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Special Historical Merit badge for 2010 only!</p>
<p>Cinematography</p> 	<p>Recommended For: Part of the Older boy program – Lights, Camera, Action.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Will be held during the afternoon sessions at camp. Will make a camp movie!</p>
<p>Climbing</p> 	<p>Recommended For: 3rd Year Campers and above. Must be at least 13.</p>	<p>Prerequisites: None</p> <p>Preparation: Need to bring long sleeve shirt and long pants</p>	<p>Other Information: The merit badge includes climbing on the tower and natural rock faces. This MB is a Double Session</p>
<p>Communications</p> 	<p>Recommended For: 2nd year campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Complete req. 4 & 5 prior to camp.</p>	<p>Other Information: Eagle required badge. Help make a Camp Hinds newsletter and be part of a campfire as part of this merit badge.</p>
<p>Cycling</p> 	<p>Recommended For: 3rd Year Campers and above. Must be at least 13.</p>	<p>Prerequisites: <u>Must Have Own Bike and Helmet</u></p> <p>Preparation: Must have completed pre-camp rides.</p>	<p>Other Information: Offered weeks 2-5 only. This merit badge is a double period. See cycling sheet for more details.</p>
<p>Emergency Preparedness</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: Earn First Aid Merit Badge</p> <p>Preparation: Complete 2c, 8c, and 9 a, 9b or 9c prior to camp. Merit badge book required</p>	<p>Other Information: Is an Eagle Required Merit Badge.</p>



Camp Programs

<p style="text-align: center;">Environmental Science</p> 	<p>Recommended For: 3rd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Merit badge book required</p>	<p>Other Information: Extensive Merit Badge. Meets for a double period.</p>
<p style="text-align: center;">Fingerprinting</p> 	<p>Recommended For: All Campers</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Meets Monday Night. Great badge for first year Scouts.</p>
<p style="text-align: center;">Fire Safety</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Complete req. 11 prior to coming to camp.</p>	<p>Other Information: Visit a fire station prior to camp.</p>
<p style="text-align: center;">First Aid</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: Must have First Aid skills up through and including First Class.</p> <p>Preparation: Complete Req. 2d (First Aid Kit)</p>	<p>Other Information: Merit badge book required.</p>
<p style="text-align: center;">Fly Fishing</p> 	<p>Recommended For: 3rd year campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Bring fly reel and rod if possible.</p>	<p>Other Information: May require fishing outside of merit badge session. You must catch 2 fish, on a fly road, and clean and cook one of them.</p>
<p style="text-align: center;">Geology</p> 	<p>Recommended For: All campers</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information:</p>
<p style="text-align: center;">Golf</p> 	<p>Recommended For: Part of the Older Boys "Par for the Course" afternoon program.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Participants are invited to bring their own golf clubs. Additional green fees may be required.</p>





Camp Programs

<p>GPS/GIS</p>	<p>Recommended For: Part of the Older Boys “Finders Keepers” af- ternoon program.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: One of BSA newest merit badges. Requirements still not released.</p>
<p>Indian Lore</p> 	<p>Recommended For: All Campers</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Learn about the crafts and culture of people who first lived in Maine.</p>
<p>Kayaking BSA</p> 	<p>Recommended For: 3rd year campers and older.</p>	<p>Preparation: Must have Swimming and Canoeing or Rowing MB</p>	<p>Other Information: Not a Merit badge but an award from BSA.</p>
<p>Leatherwork</p> 	<p>Recommended For: All Campers Part of the Polaris First Year Camper Program</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Good choice for first year campers. Materials for basic projects included</p>
<p>Lifesaving</p> 	<p>Recommended For: 2nd Year Campers and older</p>	<p>Prerequisites: Must be a swimmer and have Swimming MB.</p> <p>Preparation: None</p>	<p>Other Information: Eagle Required Badge. Meet requirements other- wise meet by Emergency Preparation. May require extra time and/or help.</p>
<p>Motorboating</p> 	<p>Recommended For: 3rd Year Campers and older.</p>	<p>Prerequisites: Must be 13 or above and already have Swimming MB and Canoeing or Rowing MB</p> <p>Preparation: None</p>	<p>Other Information: Class Size Limited</p>
<p>Music</p> 	<p>Recommended For: All campers</p>	<p>Prerequisites: None</p> <p>Preparation: Complete req. 3 prior to camp.</p>	<p>Other Information: Good merit badge for mu- sic lovers or those in- volved in school music program.</p>



Camp Programs

<p>Orienteering</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: Should have completed orienteering requirements up through First Class Preparation: None</p>	<p>Other Information:</p>
<p>100th Anniversary Historical MB Pathfinding</p> 	<p>Recommended For: All Campers</p>	<p>Prerequisites: None Preparation: None</p>	<p>Other Information: Special Historical Merit badge for 2010 only!</p>
<p>Pioneering</p> 	<p>Recommended For: For 2nd Year Campers and older.</p>	<p>Prerequisites: Should have completed knots and lashing requirements up through First Class Preparation: None</p>	<p>Other Information:</p>
<p>Reptile/Amphibian Study</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None Preparation: Complete req. 8 prior to camp.</p>	<p>Other Information: Must own or observe a reptile or amphibian for at least one month.</p>
<p>Rifle</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None Preparation: None</p>	<p>Other Information: Meets for a double period. Class size limited.</p>
<p>Rowing</p> 	<p>Recommended For: All Campers</p>	<p>Prerequisites: Must be a swimmer Preparation: None</p>	<p>Other Information: Could be difficult for small frame Scouts. Needs shoes or sandals that can get wet for swamping</p>



Camp Programs

<p>Sculpture</p> 	<p>Recommended For: 2nd year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Make a life-size head.</p>
<p>Shotgun</p> 	<p>Recommended For: 3rd Year Campers and older.</p>	<p>Prerequisites: Must be at least 13 years old or have Rifle Merit Badge.</p> <p>Preparation: None</p>	<p>Other Information:</p>
<p>100th Anniversary Historical MB Signaling</p> 	<p>Recommended For: 2nd Year Campers and older</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Special Historical Merit badge for 2010 only!</p>
<p>Small Boat Sailing</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: Must be a swimmer and have earned Canoeing MB or Rowing MB</p> <p>Preparation: None</p>	<p>Other Information: Class size limited</p>
<p>Soil & Water Conservation</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Part of the requirement for the World Conservation Award</p>
<p>Space Exploration</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: None</p>	<p>Other Information: Build, launch and recover a model rocket</p>
<p>Sports</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None</p> <p>Preparation: Requirements 4 & 5</p>	<p>Other Information: Must play in 2 different sports prior/following camp to earn the merit badge.</p>



Camp Programs

<p>Swimming</p> 	<p>Recommended For: All Campers Part of the Polaris First Year Camper Program</p>	<p>Prerequisites: Must be a swimmer. Preparation: Bring long sleeve button up shirt, long pants and shoes that can get wet.</p>	<p>Other Information: Great first year badge. Prerequisite for many of the aquatic merit badges.</p>
<p>Theater</p> 	<p>Recommended For: 3rd Year campers and older.</p>	<p>Prerequisites: None Preparation: Complete req. 1 prior to camp</p>	<p>Other Information: Participate in a Camp Hinds campfire program as part of this badge.</p>
<p>100th Anniversary Historical MB Tracking</p> 	<p>Recommended For: 2nd Year Campers and older.</p>	<p>Prerequisites: None Preparation: None</p>	<p>Other Information: Special Historical Merit badge for 2010 only!</p>
<p>Water Sports</p> 	<p>Recommended For: Part of the older boys Hit the Waves afternoon program.</p>	<p>Prerequisites: Must have Swimming MB and/or Rowing and Canoeing MB. Preparation: None</p>	<p>Other Information: Class size limited Monday evening session required.</p>
<p>Wilderness Survival</p> 	<p>Recommended For: 2nd year campers and older.</p>	<p>Prerequisites: Should have completed the camping requirements up through First Class. Preparation: Bring supplies for Req 5 (small survival kit)</p>	<p>Other Information: Must sleep out in shelter for one night to complete badge at camp</p>
<p>Woodcarving</p> 	<p>Recommended For: All Campers</p>	<p>Prerequisites: None Preparation: Helpful to bring own jack-knife for carving projects. Blade must lock or be BSA approved.</p>	<p>Other Information:</p>



Afternoon Troop Activities

Are you ready for the Ultimate Frisbee troop tournament? Or would you rather see nature close up and personal on the Swamp Romp.? Take a ride down the Tenny, hang out at West Beach, or try something new at the craftshop.

Afternoon programs at Camp Hinds are designed as a fun way for Scouts to experience as many areas of camp as possible and to build teamwork within their troop. Programmed troop events run from Monday afternoon to Thursday afternoon, culminating in an all camp event scheduled on Friday. Please encourage all of your scouts to participate. Older boys enrolled in a weekly program will miss troop rotations. Polaris participants will have the option of attending scheduled afternoon Polaris events or doing activities with their troop.

New this year!! Troops may register on-line for troop rotations at www.pinetreebsa.org/scss. Priority will be give to troops who register early. Troops will also have the option of suggesting their first/second choices of days for outposts. Afternoon schedules will be finalized by the Program Director on Monday morning. Completed schedules will be handed out at the Senior Patrol Leaders' meeting on Monday. Although we try to meet all troop requests, on occasion we may need to change the schedule based on staffing limitations.





Camp Hinds 2010 Afternoon Troop Activities

- Please encourage all of your Scouts to participate.
- An adult leader MUST accompany the troop at all of the afternoon activities.
- Never invite you or your troop into a program area without a staff person present

<p><u>Ultimate Frisbee Tournament - 2 periods</u> Ready for the ultimate challenge? Join our new sports/fitness staff for an afternoon of organized frisbee tournament play. Play against another troop or combine troops to make your way into the winners bracket!</p> <p><u>CPR Practical – 1 period</u> A 50 minute lesson on the basics of CPR. Come to learn for the first time or as a review. This is not a certification course but it does satisfy the CPR requirement for the following merit badges – Swimming, Lifesaving, First Aid, and Emergency Preparedness and could save your life!!</p> <p><u>Tomahawk Throwing – 1 period</u> Try your hand at learning the skill of tomahawk throwing. Fun to learn, easy to improve. Learn this old time scouting skill.</p> <p><u>Tinsmithing – 1 periods</u> Come to the craftshop to learn the art of tinsmithing and make a useful camp item. A great way to learn something new and pound on something too!</p> <p><u>Hinds History Hike – 1 period</u> Celebrate the 100th year of scouting by learning more about the history, secrets and trivia that make Camp Hinds so special. Walking tour included.</p> <p><u>Dyed in the Wool! Tie-dying! 1 period</u> Show off your color in this afternoon session of tie-dying with our very hip craftshop staff. It may be a blast from the past – but you’ll be sure to be cool with the troops at camp.</p> <p><u>Rifle Shooting – 1 period</u> Wander up to the Rifle Range and shoot off a few rounds with our knowledgeable and extremely accurate shooting sports staff!</p> <p><u>Archery – 1 period</u> Welcome to Sherwood Forest! Choose this period and learn the ancient art of archery with your troop. You won’t want to miss this one!!!</p> <p><u>Boating – 1 period</u> Nothing like boating on Panther Pond! If you have a unit full of swimmers, take out our canoes or rowboats with your troop for some R&R or even some fishing!!!</p>	<p><u>Take a Swim – Main Beach – 1 period or 2</u> Beat the heat and chill at the Hinds Main Beach. Play some water polo or bring your own ideas for some free swim time. Your unit will be expected to provide extra help as life-guards. You may choose 1 period or 2.</p> <p><u>Water Games at West Beach – 1 period or 2</u> Cool off at our famous West Beach. Your unit will be expected to provide extra help as life-guards for this activity. Troops may choose 1 period or 2.</p> <p><u>Capture the Flag, anyone? 2 periods</u> Our sports staff will be ready to organize Capture the Flag teams for any interested troops. A great way to make new friends and burn energy.</p> <p><u>Rattlesnake Mountain Hike – 3 periods</u> Take the afternoon and enjoy the wonderful views up Rattlesnake Mountain. The perfect “high adventure” activity, on a clear day, you can see the Presidential Range in NH. Your unit will be expected to provide the proper leadership. Maps of the trails will be provided.</p> <p><u>Tenny River Run – 3 periods</u> Paddle your way down the Tenny River to Crescent Lake for an afternoon of relaxation and free time. The perfect activity for a troop of swimmers – the unit will be expected to provide the proper leadership for this trip, including one with Safe Swim Defense and Safety Afloat Training.</p> <p><u>Swamp Romp – 2 periods</u> - Not for the faint of heart, continue this well-known Camp Hinds tradition with your troop. A great way to see nature up close and personal!!!</p> <p><u>Camp Hinds Service Project – 1 period</u> Spend an hour helping out Camp Hinds!! Your service is not only needed but it will help to improve camp for future campers as well as earn valuable service hours towards rank advancement.</p> <p><u>Troop Time – 1 period</u> Spend some time working on troop programming in your camp site, take a hike around camp or play a sport with your own troop.</p>
--	--



Special Events & Camp Activities

Polar Bear Dip: Up with the sun? Join the waterfront staff for the mystery and majesty of the Polar Bear Dip. Every morning, Monday through Friday, at 6:45 a.m. on the Main Waterfront, we invite you to take the plunge into Panther Pond. For those brave enough to attend four mornings, the honor of being able to purchase the Polar Bear Dip patch will be theirs.



Mile Swim, BSA: This is a rugged swimming challenge for all Scouts and leaders who want to test their endurance. Swimmers swim Monday – Thursday at 11:45. Participants must attend ALL the mile swim sessions. Completion cards will be given to all who complete the challenge and a patch can be purchased at the trading post with the completion card.

Fishing anyone? Scouts may go fishing with a buddy during open areas. A favorite spot is along Tenny Point. Scouts may fish from rowboats only during troop rotations or open boating times. Fishing is not allowed off the bridge or in the swimming or boating areas. No wading is allowed while fishing at any time.

Sports Activities: Watch for information to join the troop sport tournament and take on another troop. Feel like playing just for fun? Volleyball, soccer, basketball, baseball, badminton, ultimate frisbee or your troop's favorite sport are available for your troop to participate in during your week at camp. Stop at the camp office to check on availability of camp equipment.

Morning Flag Duty – We see the Staff take down the flags at retreat but who puts them up each morning? Solve this camp mystery by making it you and your troop!! Volunteer for this important camp service and meet some basic scout skills requirements at the same time. Stop by the office or see the Program Director for details.

Leaders Shoot/ Leaders Climb: Join other leaders at the shooting range or the climbing wall for these special leader only events. Dates and times will be announced at the Scoutmaster coffees.

ScoutMmaster Splash! Will you win in splash, style or pain? We invite all willing leaders to compete in the annual Scoutmaster Splash. Can you beat our own Camp Director and members of the aquatic staff? This not-to-be missed camp tradition is a wet and wacky time for all.

Night on Scout Island: Pine Tree Council owns an island on Little Sebago Lake just minutes from Camp Hinds. Stop by the camp office to check on availability for your troop.

Duty to God Service: A non-denominational service is held every Tuesday evening at the Council Ring. All scouts and leaders are encouraged to attend. For all of camp, this is a “period of silence”. No program areas, including the camp office and trading post, are open.



Ice Cream Social with Staff: All first year campers at Hinds, regardless of their age, are invited to an ice cream social on Monday night to meet the staff, make new friends and get comfortable with camp life. Don't miss this *sweeet* Hinds tradition!!

Friday Afternoon Camp Wide Event: Prepare for the Camp Hinds Relay Race which promises to be even better than last year. Plans are being made to expand the competition field. Senior patrol leaders will get info at the SPL meetings.

It's Show Time! While the Sunday night campfire is the chance for the staff to entertain YOU – we invite any interested troops to audition for a spot in the midweek or closing campfire. Sing us a song, do a short skit, lead us in a cheer or chant . . . show us your troop talent and spirit. See the program director for details.

Friendships Campfires: New this year!! To promote friendship and Scouting fellowship, troops are encouraged to host a Friendship Campfire in their campsites! It's easy and a good way to share your troop traditions with others and make new friends. Choose a troop of your own or contact the Program Director for info. Plan a short program or game, share a treat and don't forget to invite available staff to join the fun!

Wear Your PJ's to Breakfast: Continue the mid-week tradition and wear your pj's to breakfast on Wednesday morning. Pink optional but encouraged!



Looking for Your Great Photos!!

Back by popular demand – watch for the weekly Camp Hinds slide show!!! We invite all leaders to help us by taking troop photos of your week at camp. Don't let your troop down – bring a digital camera to camp and help document the week for scouts, parents and the next generation! Staff will make the final decisions as to what photos are included. Listen for details as to where to bring your best photos!!



Awards, Awards, Awards

At Camp Hinds we want to encourage all Scouts and Scoutmasters to do their best, live the Scout law and fully participate in everything that Camp Hinds has to offer. To encourage individual Scouts, Scoutmasters, troops, and outstanding staff, we have the following awards. Award winners will be recognized at the closing ceremony on Friday.

Best Troop Award! New this year – show us your most outstanding troop!! Inspections, good turns, camp participation in special events, and the Camp Hinds Relay score will all combine to earn you this coveted award! More information will be given out at the Scoutmaster meeting.

Camp Hinds Relay Winner: Enter your troop in the Camp Hinds Relay race! Archers, runners, canoeists, and even a willing Scoutmaster all work together to win the 2010 Expanded Camp Hinds Relay Cup!

Honor Camper Award: At the conclusion of the week, each troop should vote for the Scout that they feel has best lived up to the Scout Oath and Law during their week at camp.

Honor Scoutmaster Award: Camp Hinds wants to recognize outstanding Scoutmasters who fully participate and enjoy their week at Camp Hinds. Information will be given out at the Sunday scoutmaster meeting. Do you have what it takes to be an honor Scoutmaster?

Honor Staff Member Award: Troops can recognize outstanding service in our staff by nominating a favorite staff member at the end of the week. So keep your eyes open for some quality service!

Baden Powell Award: Can you work as a team during your week at camp? Every patrol in camp is eligible to work towards this award which includes patrol spirit, advancement, service and living the Scout Law all week.

Paul Bunyan, Totin Chit and Firem'n Chit: All three of these awards are available at Camp for individuals or as a patrol activity. Contact the Scoutcraft director for open times to earn the Totin and Firem'n chits at camp this year.

World Conservation Award: Scouts can earn the World Conservation Award by completing the following merit badges: Environmental Science, Soil and Water Conservation OR Fish and Wildlife Management, and Citizenship in the World. The Soil and Water Conservation merit badge will be offered this year as part of our econ program for interested scouts.



On-site Leadership Training!!

Waterfront Orientation: A brief, but mandatory waterfront orientation for all Scouts and Leaders will be held at the waterfront directly after dinner on Sunday night. Everyone in camp must attend.

Trek on Safely Training: Trek on Safely is the Boy Scout training for adult leaders on how to perform safe High Adventure activities with their unit. The training takes 30-45 minutes and will be offered for all interested adults.

Safety Afloat and Safe Swim Defense: This training is required for troops wanting to do aquatics based activities at camp, including the Tenny River Run. Adults are encouraged to attend this important training at 11:30 on Monday at the waterfront. No swimming is involved. You can also take this training prior to camp online at www.pinetrebsa.org. Please bring proof of training to camp.

Climb on Safely Training: Climb on Safely training will be held for any interested adults. This training is important for any troop leaders wishing to have their youth participate in climbing activities outside of a Boy Scout camp. The training is focused on making leaders aware of BSA climbing policies and procedures so that this information can be passed to facilitators not familiar with the BSA program.

Leave No Trace: Leave No Trace is the Boy Scouts training on how to perform successful low-impact camping excursions. The training takes 30-45 minutes and will be offered for all interested campers and leaders. Participants will receive a card verifying your training at the end of the session.

Scoutmaster Coffees and Leaders Meeting: Don't miss your chance to sit back with the Program and Camp Director and learn from other Scoutmasters. Meetings will be held Tuesday and Thursday mornings at 8:45. A closing informational meeting will be held on Friday morning to confirm check out and departure procedures.

SPL Daily Meetings: A brief meeting will be held daily with the Program Director for all Senior patrol leaders. Please send a troop representative to this lively, informative meeting. Not to be missed, this is where the communication with your troop all happens!!

Check the complete schedule for times, dates and locations of all leadership trainings or stop by the office for more information.



Youth Fees

The 2009 Summer Camp Fee for Camp Hinds is **\$295.00** per week for *PTC Scouts*. The cost for *Out of Council Scouts* is **\$325.00**. If you are going to be attending Camp Hinds as a *provisional camper* add **\$25.00** to the above fee. For those Scouts who are coming to camp for their **SCUBA certification**, your cost will be **\$600** for the week which includes your camp fee and *PADI* fees. If you are coming to camp for the SCUBA Refresher Course the fee is **\$350**.

Second Week & Sibling Discounts!

If you are coming for a 2nd week of camp, your first week is full price and your **second week is only \$225 (whether it's with your troop or provisional)**. Have a second son coming to camp? **The second sibling comes for \$225!**

Adult Leader Fees

Two adults are free with the first eight boys! One additional adult goes free for each additional eight boys! Extra adult leaders are charged **\$90.00** per week. The Adult fee will be prorated according to the # of Scouts attending camp @ \$15.00 a day.

Early Bird Discounts!

If your total camp fee is paid in full by June 1st, 2010 **deduct \$20.00** from the above fee!

Reservation Policy

To reserve a troop campsite, the reservation fee is \$10.00 per Scout (an additional \$25.00 per Scout is due by April 1, 2010). Reservations can be made through the Pine Tree Council Camping Secretary, at (207) 797-5252 x 14. *Camp space is limited so reserve early!*

Refund Policy

Individuals or groups that cancel a program reservation *30 days* prior to the date of the event will receive a refund, less 15% administrative charge. **No refunds will be made after the 30-day cancellation period.**

Any exception to this policy will need a written request with documentation (i.e. a Scout broke his leg, we would need documentation from a physician) for a refund to be considered.

Camperships!

Limited financial assistance, usually a portion of the camp fee is available on an individual basis for Scouts who could not attend camp without assistance. Applications must be submitted and approved by the unit leader and the Pine Tree Council Campership Committee. Applications are available through PTC at (207) 797-5252 or at www.pinetreebsa.org!

The campership application deadline is May 15th, 2010!

Note on Camperships to Scoutmasters: Camperships should be reserved for those that truly need financial assistance. Scoutmasters need to sign off on the campership forms and must be submitted entirely completed.

Order of the Arrow Campership!

Madockawanda Lodge offers two free camperships to deserving Scouts through the Lenny Niman Memorial Campership Program. Applications are available through PTC, your OA Chapter or on the web at: pinetreebsa.org/lodge

Libra Foundation

If you live in Portland or Lewiston, you may be eligible for the Libra Foundation Camperships. Find information through your school office or by visiting their website at: unitedwaygp.org/summercamps.htm



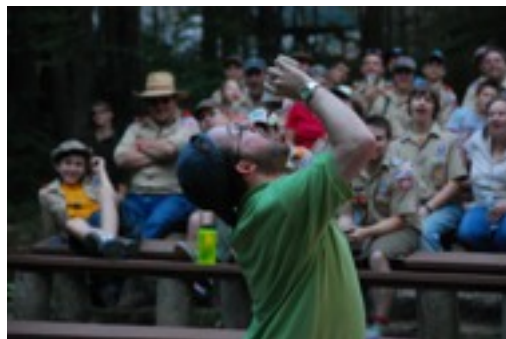
For Leaders - Arrival

Scouts should arrive at the Camp Hinds parking lot (not the parking lot on Plains Road by the one in camp by Cadigan Cabin) just prior to the gates opening at **2pm on Sunday**. Once there, troops will be greeted by their campsite guide, who will accompany the boys, parents and leaders to their campsite. *A vehicle pass will be given to each troop to enable all gear to be brought to the campsite. Vehicles without a pass will not be allowed into camp.* Once the unloading of gear is complete, vehicles need to be moved back to the parking lot. Each troop is allowed a trailer with gear to remain in the campsite.

Scoutmasters and SPLs don't forget about your orientation meeting at 1pm at the Tabor Retreat!

After unloading is complete, and the vehicles are parked, the campsite guide will accompany the boy son a tour of camp and to the Health Lodge for a medical check-in. *All medications* must be checked in at the Health Lodge at this time. As a reminder, it would be prudent for leaders to have copies of all medical forms in the event some are missing. Once the boys and leaders have completed their medical check-ins, they will be given identifying armbands that they are to wear for the duration of their week stay.

Following the medical checks, buddy tags will be given and all must complete their swim test followed by time to get settled into your campsite. A brief waterfront orientation, *mandatory for all*, will follow the evening meal on Sunday.



For Leaders - Departure

On Friday, the camp gathers for a sit down lunch, highlighted by the traditional plaque hanging ceremony in the dining hall. Following lunch there is some time to begin the process of packing and cleaning the campsites before the annual campwide events (which will end at approximately 4:30pm)!

Starting at **5pm**, parents and guardians can arrive to pick up boys and gear. Given the large amount of pedestrian traffic, *only one troop vehicle will be allowed in each campsite to haul out troop and personal gear.* Vehicle passes will be issues to Scoutmasters on Friday.



Dining Hall & Meals

Overview

Meals are prepared by our kitchen staff and served in the dining hall. The camp menu has been designed and dietician approved to ensure that properly balanced meals are being served to the growing young men that visit Camp Hinds each summer. *A copy of the camp menu will be posted in the dining hall.*

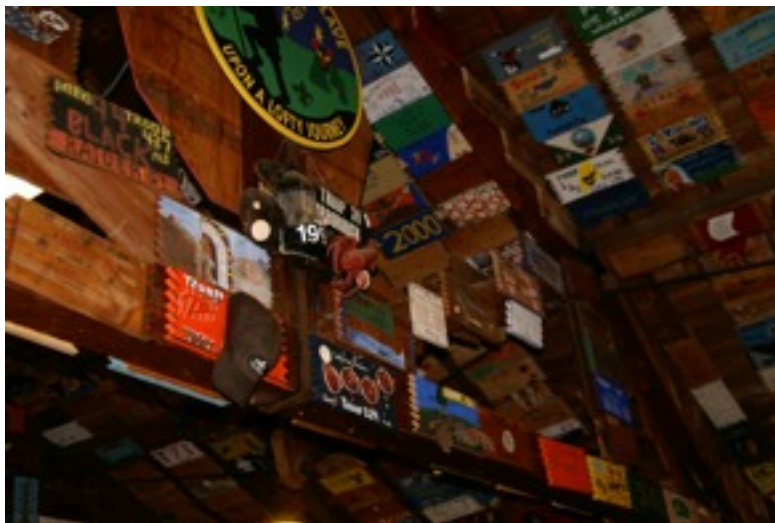
Troops are assigned tables at the dining hall on Sunday by the Dining Hall Steward based on the number of people in your troop, including adult leadership. These assignments will be used for breakfast and dinner. Some of our troops will eat indoors and some will be assigned tables at the outside dining deck. Tables are set to hold eight people. **Troops are strongly encouraged to assign one adult leader to each table.**

Breakfast and dinner are served family style, with the kitchen staff providing platters or bowls of food for each table. Lunch is served buffet style (described below).

The Waiter System

The waiter system is used at camp during the family style meals to help facilitate the serving and cleanup of the meals. **Each troop needs to assign waiters, one per table assigned to the troop, for each of these meals!**

All waiters are responsible for arriving at the dining hall 20 minutes before breakfast and dinner. The Dining Hall Steward will instruct waiters in setting the tables for the meal being served. Waiters are the only Scouts allowed to be up during the meal to get seconds and desserts from the kitchen. Waiters are also responsible for staying after the meal to clear their tables and sweep the floor. The Dining Hall Steward will dismiss them from their duties when he or she feels the hall has been properly cleaned.





Cafeteria Style Lunch

While breakfast and dinner are “family style”, during lunch we change things up (just a bit) to provide a more convenient lunch break. *Our dining room will be open for serving lunch from 12pm to 1pm.* Scoutmasters can decide if they want their troop to eat together, by patrol or with the buddy system. You may choose to eat inside or outside on the picnic tables. A self-serve salad bar will be available as well as a lunch entree (no worries, we would never forget the dessert!) at the window. This will allow more flexibility with the schedule and give those that need it, the opportunity for a longer lunch break or siesta.

Troop Cooking

All troops will be cooking Wednesday night dinner in their campsite! The kitchen will provide a variety of ingredients, to be announced at the Leaders Meeting, that troops can cook according to their own personal taste and cooking techniques. *As a note, troops will need to provide a majority of their utensils and cookware.* Camp will have a limited amount of cooking equipment available at the camp room.

If your troop is interested in doing **more troop cooking** in your campsite, arrangements may be made through the Camp Office for in camp meals and through the Program Director for Outpost trips.

Special Diets

Arrangements can be made with the cook for those with special dietary concerns (religious or health based). Please contact the camp at least one week prior to your arrival at camp for special diets so that arrangements can be made and food can be ordered.

Friday BBQ and Parents Night

Parents and Family are invited to attend the Friday evening activities, including retreat, BBQ, midway display and closing campfire (all starting around 5pm). Please stay and attend the Friday closing campfire with your Scout! It’s the culmination for what is the highlight of their summer! The staff, and even some Scouts, will be putting on a show for all of our visitors that your Scout will *not want to miss!*

BBQ Tickets are available for purchase at the Trading Post starting on Sunday. Tickets must be purchased by noon on Tuesday to allow time for ordering food. The meal will be hamburgers, hot dogs and all the fixing’s (Vegetarian options will be available)! Campers do not need to purchase tickets. **The tickets are \$5.00 per person/\$3.00 for guests under 12.** In the event of “liquid sunshine” activities may be moved inside and arrival times may be assigned to campsites.



Adult Leadership in Camp

Every troop is required to have a MINIMUM of TWO LEADERS IN CAMP AT ALL TIMES! One MUST be 21 Years or Older and One 18+.

If your troop is having problems securing two-deep leadership for your week at camp, you should consider sharing a campsite with another troop. Arrangements for this can be done through the PTC camp administrator.

The troop is responsible for providing adult leadership for its Scouts. Discipline problems are the responsibility of the Troops leadership, with help from the camp staff when necessary. Feel free to contact the Camp Director with any concerns while in camp. Leaders are responsible for making sure their Scouts receive their medications. Notices will be sent to Scoutmasters for any Scouts consistently missing their medication distribution times.

Looking to Get Involved?

Do you want to take a more active role (either before or during) at Camp Hinds this summer? We would love to hear from you! In the Forms Section of this guide you will find a Leaders Resource Sheet. Please fill that out and return it to PTC at your convenience to let us know how you might help us this summer!

Leader Meetings...

Camp Hinds 2010 100th Anniversary of Scouting Program Kickoff!

We will hold two *special 100th Anniversary* kickoff celebrations and we strongly encourage **ALL Leaders** to attend. The meeting is an information meeting to update Scoutmasters and/or Troop Camp Leaders of the changes and program information for the 2010 camp season. Both meetings will cover the same information. **They will be held on April 28th @ 7pm at the PTC Office in Portland and May 8th @ 4pm at Camp Hinds.**

Pre-Camp Scoutmaster & SPL Meeting

We have a meeting for Camp Scoutmasters and SPL's held on each Sunday at 1:00pm at the Tabor Family Retreat. All Scoutmasters and SPL's are expected to attend. **No units will be allowed into camp before 2pm.** Material to be covered includes Merit Badge Registration, troop planing, camp rules and emergency procedures.

SPL Council and Scoutmaster's Coffee

All SPL's will meet daily with the Program Director at 11:45am at the Waterfront. If the SPL is not available, please send a representative. *Troop Leaders* are invited to meet with Camp Leadership at the Dining Hall on Tuesday and Thursday at 8:45am.



Camp Health & Safety Policies

The following rules and policies have been established by the Pine Tree Council Camp Administration for the health, safety and protection of all Scouts and leaders in camp.

- ➔ **NO ALCOHOL or ILLEGAL DRUGS** are permitted in camp at any time!
- ➔ **NO FIREARMS, AMMUNITION, FIREWORKS, HAND HELD WEAPONS** (swords, nightsticks, butterfly knives, etc.) or **ARCHERY EQUIPMENT** may be brought into camp. Due to our liability insurance, youth may only use the equipment provided by the camp.
- ➔ **NO PRIVATELY OWNED WATERCRAFT** are allowed in camp.
- ➔ **NO OPEN FLAMES IN ANY TENTS!** Troops may only use self-contained stoves and lanterns in their campsites, under the direction of knowledgeable adults.
- ➔ **NO LIQUID FUELS MAY BE USED TO START FIRES! ALL LIQUID FUELS MUST BE KEPT IN THE LOCKED LIQUID FUEL LOCKER PROVIDED BY CAMP.**
- ➔ **NO RUNNING IN CAMP**, except in an athletic field or event. *In an emergency, you may move quickly without running.*
- ➔ **NO PETS** allowed by campers or visitors.
- ➔ **APPROPRIATE FOOTWEAR** is required at all times.
- ➔ **THE BUDDY SYSTEM** for Scouts is required for ALL activities in camp!
- ➔ **SMOKING IS ONLY ALLOWED IN DESIGNATED SMOKING AREAS, BY 18+ YEAR OLD ADULTS.** *These areas will be selected by the camp administration.*
- ➔ **ALL VEHICLES, not necessary for the operation of camp, WILL BE KEPT IN THE PARKING LOT.**
- ➔ *Exceptions to the parking rule will be made for those with a physical handicap through arrangements with the Camp Director. Parking passes will be issued to troops on Sunday and Friday afternoons in order to transport supplies to your campsite. The no vehicle policy is for the safety of our Scouts, leaders and guests.*
- ➔ **YOUTH PROTECTION GUIDELINES, as established by the Pine Tree Council and the BSA, ARE TO BE ENFORCED AT ALL TIMES.** *Any physical, emotional, sexual or neglectful abuse must be reported to the Camp Director immediately so the proper steps can be taken to protect the Scout.*
- ➔ **SCOUTS & LEADERS LEAVING/ ENTERING CAMP AT ANYTIME MUST SIGN IN & OUT OF THE CAMP OFFICE.** *No Scout shall be released from camp without the permission of his parent or guardian.*
- ➔ **VALUABLES SHOULD BE LEFT AT HOME!** Please encourage Scouts to leave all electronic or expensive equipment at home. Advise your Scouts not to leave valuable items they do have in camp unlocked in their campsites. *Camp is not responsible for damaged or lost items during your stay.*



Medical Supervision

Dr. Donald Burgess, Chief of Pediatrics at Southern Maine Medical Center, oversees the camp medical staff. A licensed health officer is in camp, on duty at all times, to hand all medical emergencies. If the injury or illness is serious, the person is brought to a local health care facility. Written agreements are in place between Camp Hinds and local health care providers to care for our campers, staff and guests. **All medical illnesses or injuries must be reported to the health officers in camp - no matter how minor the incident.** Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Medical Forms

All Scouts and Leaders attending camp must have a completed BSA medical form on file with the camp health office while at camp. A new health form has been developed by the BSA and is included in this packet. **ALL PARTICIPANTS are REQUIRED TO USE THIS NEW FORM!** *Scouts and Leaders must have a valid physical within 12 months of camp. The height and weight restrictions are only guidelines for summer camp but are mandatory for high adventure activities.*

It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. NO exceptions will be made. Camp Leaders should collect all medical forms and check them to make sure they are complete prior to leaving for camp. Please mail a copy of each persons health form to Camp Hinds at least two weeks prior to your stay in camp. The health officers will review the forms before your arrival to help provide your troop with a smooth check-in once camp begins. **Please make two copies of your medical forms; one for camp and one for your records.**





Medical Recheck & Medications

Upon arrival in camp, all Scouts and Leaders will go through a medical recheck at the Camp Health Lodge. **Pine Tree Council and Camp Hinds must comply with all State of Maine laws and BSA politics concerning medication in camp. ALL medications brought to camp by campers, leaders and staff MUST be given to the Health Officer upon arrival in camp. This includes prescription and non-prescription medicine.**

The Health Officer is available at scheduled times to administer medications as needed. An exception may be made for a limited amount of medications to be carried by the Scouts or adult for life-threatening conditions including; bee-sting kits, nitroglycerin, inhalers and medication specifically prescribed “to be carried at all times” by a physician. Camp supplies over the counter medications such as pain relievers and antihistamines; along with first aid supplies, so there is no need to send these items to camp.

Emergency Medication Plan

The State of Maine requires that all campers that are going to carry a rescue inhaler or Epi-pens, provide the camp with an Emergency Medication Plan. Additionally, each camper must have their parent’s and physician’s approval to carry the inhaler and indicate that the camper is able to use the inhaler. At the time of check in, the camp health staff must also evaluate the camper’s ability to use the inhaler. Please be sure to complete the Emergency Medication Plan with the physician and send it to camp with the health form. A copy of the school asthma plan will be acceptable as well.

Peanut Butter Free Zone

Due to the increase in campers having peanut butter allergies, some which are life threatening, we have decided to make the Camp Hinds dining hall a peanut free zone. This means no foods with peanut oil or peanut butter will be used in the kitchen or dining hall.

Any parents, who have a camper with food allergies, still needs to list the allergies on the campers health form and notify the camp at least two weeks in advance.

Many campers love a peanut butter sandwich, and this can be a great snack! Troops may still choose to have peanut butter in their campsites as long as the Scouts in their campsite don’t have a peanut allergy. Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them.



Handicapped Information

Camp Hinds aims to make our program available to ALL Scouts. If you have a persons with a disability that may require special attention, auxiliary aids or any reasonable accommodations, please contact the *Camp Director* at 655-4878 at least two weeks prior to your stay at Camp Hinds.

Emergency Procedures

Camp Hinds has long established procedures recommended by the BSA for lost campers, lost swimmers, fires and severe storms. We use a siren as a warning device if and when it becomes necessary to call the camp together.

Camp Hinds has written agreements with local fire, police and medical departments to provide Camp Hinds with the necessary coverage for any emergency.

Further information on the emergency procedures to be followed while in camp can be found posted in each campsite for review by all Scouts and Leaders in camp.





Your Troop Campsite

Each troop site has two-man tents on platforms for all of our Scouts and Leaders. Bunks with mattresses or cots, picnic tables with tarps, water buckets, a flagpole and a bulletin board are also provided in each campsite.

Troops are encouraged to spruce up their campsite with troop flags or banners, cooking equipment and lanterns. Troops may want to bring along sports equipment, paper products, water jugs and campsite games.

Campsite Etiquette & Quiet Hours

Getting enough sleep can make a difference between having a great or poor week at camp! Camp Leaders should see that their Scouts are in the campsite by 9pm and that quiet hours are observed from 9:30pm-7am. A siesta is scheduled for rest time everyday directly following lunch. Everyone should show respect for others within the campsites, by following the quiet hours, assisting with campsites and general camp cleanliness by following the Scout Law.

Campsite Inspection

Camp Commissioners will inspect each campsite on a daily basis for cleanliness, safety and conservation, organization and Scout spirit! Troop Inspection Sheets are posted in each campsite. Can your Troop have the best site in camp? The top troops will be recognized in front of their peers!

Campsite Supplies & Fire Protection

A broom, shovel, rakes, fire buckets and a water hose will be kept in each campsite. Commissioners will check daily to see if the camp equipment is there. *Equipment that is lost or broken due to misuse will be charged to the unit.* There is no need to bring this equipment back to the camp room at the end of the week.

Please use care around the campfires in your sites. Only established campfire rings may be used in camp for fires. No liquid fuel may be used to start any fires. No open flames, of any type, are permitted around or in any tent. Full fire buckets are required around your campfire ring, along with a full, trash-free, 55gal drum in or near the campsite. Troops need to fill out and follow the posted Troop Fire Guard Plan found on the bulletin board in your campsite. Hot showers, with individual shower stalls, are available for all Scouts and Leaders. Latrines with toilets and hand-washing facilities are found in each campsite.



The Camp Room

The camp room is located next to the camp office. Toilet paper, cleaning supplies and extra fire buckets are available at the camp room. A limited supply of cooking equipment and American Flags are also available for units to check out.

The camp room will be open daily following breakfast until 8:45am. Please try to send a representative of your campsite during this time. If supplies are needed in an emergency basis, please check with the camp office.

Camp Good Turns

A Scout is helpful and clean! Each day troops are asked to assist in keeping camp clean with a rotating schedule of good turns. Good turns should be done directly following lunch. Schedules of good turns are posted in camp!

Donations & Camp Projects

We encourage troops to contact Ranger Bob Gosselin (655-4878) during the off-season, in order to find out what camp needs for help and equipment. Troops are always welcome to perform a small service project for camp such as building erosion walls and brush removal!

Adopt A Site

Units can also participate in the Adopt A Site Program, run by Ranger Bob, where units can select a site in camp and help keep it in working condition during the year.

Order of the Arrow Service Hour

Members of the Order of the Arrow will have the opportunity to participate in the OA Service Hour each week. On Thursday evenings, members of the OA will join with the OA staff members for a service project at camp. Your participation will earn your troop points in the campsite inspections and all workers will receive a specially designed patch after their “cheerful service.”



OA Brotherhood Conversions

A brotherhood conversion ceremony will take place on Thursday nights starting at 7pm. To be eligible, the Ordeal Member must have over 10 months of tenure as well as be a member in good standing (due paid in full). There will be a small fee attached to cover the cost of the Brotherhood sash.



Uniforms

Camp Hinds has a long established tradition of wearing uniforms in camp. Our staff is in uniform at all times, unless their job requires something else. We encourage all of our Scouts and Leader to proudly wear the Class A Scout Uniform every evening for retreat and the dinner meal. The 2010 camp t-shirt, hats, etc. will be available in the Trading Post for those that would like to purchase them.

Troop Photos & Photo Release Form

A professional photographer will be in camp on Tuesdays to take troop photos before and after lunch for those units wanting them. Photos are colored 8 x 10's. **The cost for each photograph will be \$8.00.** A troop photo order form will be given to each troop at camp. Money needs to be collected and turned in with the order form to the Trading Post by noon on Tuesday. Troops will receive their photos at the Friday night campfire.

Pictures may be taken in camp to be used by Pine Tree Council for advertising, marketing or to highlight our programs. Every Scout's family need to complete the Photo Release Form (found in the Forms section) and return it with the camp paperwork.

The Trading Post

Camp Hinds operates a trading post, like a general store. The trading post offers camp t-shirts, hats, sweatshirts, postcards and stamps, souvenir items, candy, soda and toiletries. We also offer camping equipment like flashlights, bug spray, jackknives and much more! The amount of money that each Scout bring is an individual matter and should be determined by the Scout and his parents. *Generally speaking, \$40.00 is plenty for a weeks stay.*

Visitors & Siblings

Visitors are welcome in camp, but please understand that everybody is on a busy schedule and Scout prone to homesickness may do better without visitors. **All visitors must sign in and out at the camp office.** Remember that the camp facilities are primarily for the use of campers and leaders. **Visitors must purchase tickets for meals, which are available in the trading post.** Visitors should limit their visits to dinner & "open area" time immediately following dinner. We ask that all visitors sign out before 9pm.

Due to insurance issues, limited space requirements and program needs, younger or older siblings of Scouts are not allowed to stay overnight in camp, even if their parents are Scout leaders in the campsite. They may come as an occasional guest to visit during the week. Program activities are open for Scouts and leaders only unless advertised as a family event - such as the Friday night Campfire & BBQ. Please be aware, there may be some children of the staff that live in the camp for the summer.



Directions to Camp Hinds 146 Plains Road, Raymond

Plains Road is between Route 85 and 121, both of which intersect Routes 302 and 11.

From the South:

- * Take exit 48 Westbrook of the Maine Turnpike
- * Turn right onto Riverside Street
- * Turn left at the third traffic light onto Route 302 West
- * Go 15 miles and turn right at the traffic light onto Route 85
- * Drive 6 miles on Route 85 past the Jordan Small School
- * Turn left onto Plains Road at the bottom of the hill
- * Camp is 1/2 miles on left

From the North:

- * Take exit 63 Gray off the Maine Turnpike
- * Turn left onto Route 202, go 0.5 miles
- * Turn right onto Route 26a
- * Go 3 miles and turn left onto North Raymond Road (by Dry Mills Store)
- * Go 1.0 mile and turn left onto Egypt Road
- * Go 4.0 miles, at end of Egypt Road, take right onto route 85
- * Go 1.8 miles, past schools and down a large hill
- * Turn left onto Plains Road
- * Camp is 0.3 miles on left





Camp Paperwork

All paperwork needed for camp is enclosed in the following pages. Feel free to make additional copies of information to pass on to yours Scouts and their families.



CAMP WILLIAM HINDS 2010 DAILY ACTIVITY SCHEDULE

	CAMP	HINDS	DAILY	ACTIVITY	SCHEDULE	
	SUNDAY	Monday	Tuesday	Wednesday - PJ Breakfast	Thursday	Friday
6:45		Reveille & Polar Bear Dip Waiter's Call Breakfast	Reveille & Polar Bear Dip Waiter's Call Breakfast	Reveille & Polar Bear Dip Waiter's Call Breakfast	Reveille & Polar Bear Dip Waiter's Call Breakfast	Reveille & Polar Bear Dip Waiter's Call Breakfast
7:15						
7:30						
8:30		MERIT BADGE 1	MERIT BADGE 1	MERIT BADGE 1	MERIT BADGE 2	MERIT BADGE 1
9:20			MERIT BADGE 1 DOUBLE PERIOD			
9:30		MERIT BADGE 2			MERIT BADGE 3 DOUBLE PERIOD	MERIT BADGE 2
10:20						
10:30		MERIT BADGE 3	MERIT BADGE 3			MERIT BADGE 3
11:20						
11:30		SPL Meeting MILE SWIM	SPL Meeting MILE SWIM TROOP PHOTOS	SPL Meeting MILE SWIM	SPL Meeting MILE SWIM	Troop time to prepare for all-camp event.
11:45						
12:00		Dining Room Open for Cafeteria Style Lunch	Dining Room Open for Cafeteria Style Lunch	Dining Room Open for Cafeteria Style Lunch	Dining Room Open for Cafeteria Style Lunch	12:30 Lunch in Dining Hall and plaque hanging
1:00	SM/SPL Meeting	Siesta	Siesta	Siesta	Siesta	Troop time to
2:15	Welcome to Camp!	Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	Clean-up, And prepare for Camp Wide Event
3:00						
3:10	Med forms	Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	2:30 To 4:30
3:55	swim checks set up campsite!					
4:00		Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	Outdoor Activity Period	Camp Hinds Relay Race and All Camp Event
4:45						
5:00		Staff & Leader Swim	Staff & Leader Swim	Staff & Leader Swim	Staff & Leader Swim	
5:45		Retreat	Retreat	Retreat	Retreat	5:45 - RETREAT
6:00	Dinner	Dinner	Dinner	Dinner in Campsite	Dinner	6:00 -FAMILY B-B-Q
6:50	Waterfront Orient.	First Year Ice Cream Social	DUTY TO GOD SERVICE	OPEN AREAS	OA SERVICE HOUR	
untill		Special Evening MB's	Special Evening Events	Special Evening Events	Special Evening Events	CAMPFIRE AND CLOSING CEREMONY
8:30	Welcome Campfire	BLACK POWDER DEMO	OPEN AREAS			
(or DUSK)		Climb On Safely - Adults		Scoutcraft Overnight	MERIT BADGE EXTRA HELP	
9:00	Call to Quarters	Call to Quarters	Call to Quarters	Call to Quarters	Call to Quarters	Dismissal from Camp
9:25	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	
9:30	Taps	Taps	Taps	Taps	Taps	



A GUIDE TO THE SCOUTMASTER'S DAY HELPFUL SUGGESTIONS TO MAKE YOU WEEK RUN SMOOTHER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6:30 Polar Bear Swim 6:45 Revellie	6:45 Polar Bear Swim 6:45 Revellie	6:45 Polar Bear Swim 6:45 Revellie	6:45 Polar Bear Swim 6:45 Revellie	6:45 Polar Bear Swim 6:45 Revellie
	7:00 AM MB Changes @ Office 7:10 Send Waiters 7:30 Breakfast Scout to camproom for supplies	7:10 Send Waiters 7:30 Breakfast Scout to camproom for latrine supplies 8:45 Scoutmaster's Coffee	7:10 Send Waiters 7:30 Breakfast Scout to camproom for latrine supplies	7:10 Send Waiters 7:30 Breakfast Scout to camproom for latrine supplies	7:10 Send Waiters 7:30 Breakfast Scout to camproom for latrine supplies
	Scout to camproom for supplies Visit MB classes & take attendance Turn-in troop photo money to the Trading Post 11:30 Safe swim & Safety Afloat for All Leaders at the waterfront.	Visit MB classes & take attendance Turn-in BBQ count and get tickets at Trading Post before noon Tuesday Troop Photos before and after lunch	10:00 Leader's Chat w/ PTC Rep Visit MB classes & take attendance	Visit MB classes & take attendance Turn in Birthday names to office	Visit MB classes & take attendance Turn-in Honor Camper, Honor Scoutmaster, Honor staffer and Baden Powell awards.
1:00 SM & SPL meeting at Tabor retreat - Bring roster and troop relation request. 2:00 Gate opens-move in, med checks, swim checks 5:00 Deadline for MB changes in the office. Come at 7 AM Monday for additional changes.	11:30 AM SPL Meeting w/ Prog. Dir. 12-1pm cafeteria style lunch 1-2:00 Siesta in Campsites 2:15-4:45 Attend troop rotation activities with your Scouts Start getting accurate counts for Friday BBQ. Turn count into T-Post	11:30AM SPL Meeting w/ Prog. Dir. 12-1pm cafeteria style lunch 1-2:00 Siesta in Campsites 2:15-4:45 Attend troop rotation activities with your Scouts	11:30AM SPL Meeting w/ Prog. Dir. 12-1pm cafeteria style lunch 1-2:00 Siesta in Campsites 2:15-4:45 Attend troop rotation activities with your Scouts	11:30AM SPL Meeting with Prog. Dir. 12:30 Lunch in Dining Hall Bring plaques to lunch Campsite pack-up 2:30 Camp Hinds Relay Race and all camp events Pick-up advancement packet with med forms & troop photos at Rec Hall Check for mail at the Trading Post Pick up meds at Health lodge. 5:00 Families arrive at Camp Hinds 5:45 Retreat 6:00 Family BBQ	11:30 AM SPL Meeting with Prog. Dir. 12:30 Lunch in Dining Hall Bring plaques to lunch Campsite pack-up 2:30 Camp Hinds Relay Race and all camp events Pick-up advancement packet with med forms & troop photos at Rec Hall Check for mail at the Trading Post Pick up meds at Health lodge. 5:00 Families arrive at Camp Hinds 5:45 Retreat 6:00 Family BBQ
5:40 Send waiters 5:45 Retreat 6:00 DINNER Waterfront orientation for all of camp.	5:40 Send Waiters 5:45 Retreat 6:00 DINNER 7:15 Climb On Safety Training/Black Powder Demonstration Special Evening Events Check for mail at the Trading Post	5:40 Send Waiters 5:45 Retreat 6:00 DINNER Attend Duty to God Service w/ Scouts Special Evening Events Check for mail at the Trading Post Is someone working on your troop plaque yet?	5:00 Send two scouts for food from kitchen NO RETREAT 6:00 DINNER in Campsite	5:40 Send Waiters 5:45 Retreat 6:00 DINNER	5:40 Send Waiters 5:45 Retreat 6:00 Family BBQ
7:45 - Be ready for site guide to pick you up for Campfire 8:00 Opening Campfire	8:00 First Year Camper Ice Cream Social	8:30 Have troop activity or campfire at campsite	Special Evening Events Check for mail at the Trading Post	7:15 Order of the Arrow Service Hour Special Evening Events Leave No Trace Training	7:15 Attend closing campfire with your Scouts
9:15 Leader Meeting after Campfire. Get Merit Badges schedules	8:30 Have troop activity or campfire at campsite	8:30 Have troop activity or campfire at campsite	Scoutcraft Overnight Polaris Campfire	Have troop vote for Honor Camper and Honor Staffer Awards Photos due for Camp slide Show 8:30 Have troop activity or campfire at campsite	Have a safe drive home! See you next year!



2010 Individual Advancement Registration Worksheet

Scout: _____ DOB (m/d/y) ____/____/____ Week: _____

District: _____ Troop _____ Campsite _____

Merit Badge Morning Sessions – First period – Circle one:

Table with 3 columns: Open to all Scouts, Returning Scouts, 13 year old and older Scouts. Lists various merit badge options like Geology, Sculpture, Environmental Science, etc.

Merit Badge Morning Session – Second period – Circle one

Table with 3 columns: Open to all Scouts, Returning Scouts, 13 year old and older Scouts. Lists various merit badge options like Leatherwork, Carpentry, Motor Boating, etc.

Merit Badge Morning Session – Third period – Circle one

Table with 3 columns: Open to all Scouts, Returning Scouts, 13 year old and older Scouts. Lists various merit badge options like Woodcarving, Communications, Environmental Science, etc.

* Note cycling merit badges weeks 2-5 only.

Evening Merit Badge held during open areas 7:00 – 8:30

Fingerprinting - open to all Scouts Monday only

Older Boy Afternoon Programs - Participants must be 14 years or older.

- List of programs: COPE – Teamwork, low and high rope elements; Lights, Camera, Action – Movie making; Hit the Waves! Session 1 & 2; Par for the Course!; Finders Keepers!; BSA Lifeguard Program; SCUBA- Merit Badge and PADI Certification.

This is to certify that I have personally counseled the above Scout and I certify that he understands and meets the prerequisites as described in the Camp Hinds 2010 Leaders Guide and is qualified to work on the merit badge and/or programs selected. Note: Erasures or changes must be initialed by scoutmaster.

Scoutmaster _____ Date _____



2010 Camp William Hinds Trail to Eagle Merit Badge Registration Form

Scout: _____ Birthday: _____ Week (1 or 6): _____
District: _____ Troop _____ Campsite _____

Period 1 – follows Camp merit badge rotation

Emergency Preparedness Swimming
Lifesaving Environmental Science (per 1 & 2)
Citizenship in the Community

Period 2 – Follows Camp merit badge rotation

Swimming Lifesaving
Environmental Science (per 1 & 2) Environmental Science (per 2 & 3)
Citizenship in the World First Aid

Period 3 – Follows Camp merit badge rotation

First Aid Swimming
Environmental Science (per 2& 3) Communications
Citizenship in the Nation Personal Fitness

Period 4 – Afternoon Session 1

Communications Personal Fitness
Personal Management Leadership Seminar

Period 5 – Afternoon Session 2

Communications Personal Fitness
Personal Management Leadership Seminar

Evening Session

Citizenship in the Community Citizenship in the World
Citizenship in the Nation Leadership Seminar

Note: In addition to the 5 merit badge sessions, ALL participants should sign up for a leadership seminar. Participants will receive a finalized merit badge schedule on Monday morning.

This is to certify that I personally counseled the above named Scout and that he meets the age and rank requirements to complete this program. This Scout understands the description of the Trail to Eagle Program as described in the 2010 Camp Hinds Leader’s Guide. He is prepared to participate in the Trail to Eagle Troop. I have reviewed all the pre-requisites for the merit badge choices with this Scout and I will encourage him to come to camp with proof of work that I, a parent or a merit badge counselor have signed.

Scoutmaster Signature: _____ Date: _____



2010 Camp Hinds - Provisional/SCUBA Individual Boy Scout Reservation Form

To sign up for Camp: 1. Fill out this form for provisional camper. 2. Choose the date you are attending. 3. Circle program wanted- watch age restrictions! 4. Send in registration form with \$10.00 deposit to Pine Tree Council 131 Johnson Rd. Portland, ME 04102.

Provisional Scouts - (Individual Scouts coming without their own troop & leadership)

Scouts Name:		
Address:		
Town:	State:	Zip:
Parent's Name:		
Parent's Email:		
Phone - Day:	Night:	
Troop#	Birthdate: (m/d/y) ___/___/___	Rank:

2010 CAMP HINDS

DATES & PROGRAMS:

Check week and circle program requested!

- July 4 - 9** **WEEK 1**
Provisional Camping
Trail To Eagle*
- July 11 - 16** **WEEK 2**
Provisional Camping
BSA Lifeguard**
- July 18 - 23** **WEEK 3**
Provisional Camping
SCUBA MB/PADI Certification**
- July 25 - 30** **WEEK 4**
Provisional Camping
- Aug, 1 - 6** **WEEK 5**
Provisional Camping
- Aug. 8 - 13** **WEEK 6**
Provisional Camping
Trail To Eagle*

*Must be at least 13 years old
**Must be at least 14 years old

Camp Paperwork - Once a reservation is received at Pine Tree Council, paperwork regarding program specifics and what to bring to camp will be sent out!

2010 Provisional CAMP FEES:

- \$320.00 per week for Pine Tree Council Scouts
- \$355.00 per week for Out of Council Scouts
- \$600 per week for SCUBA MB/PADI certification
- \$350 per week for SUBA Refresher Course

Discounts:

EARLY BIRD – Deduct \$20.00 from fee if paid in full by June, 1, 2010

2nd Week of Camp: Camp fee is \$225 total

Siblings Discount: First brother goes at full fee, 2nd brother pays \$225.

Reservation policy:

- **Deposit** - \$10.00 per person to reserve a spot.
- **For the Early bird discount** the entire fee must be paid in full by June 1, 2010.
- **Otherwise** the bill must be paid in full 2 weeks prior to the start of camp.

REFUND POLICY:

Individuals or groups that cancel a program reservation 30 days prior to the date of the event will receive a refund of fees, less 15% administrative charge. No refunds will be made after the 30-day cancellation period.

Mail to: **Pine Tree Council, BSA**
131 Johnson Rd.
Portland, ME 04102



TROOP ROSTER

Please print or type

Troop _____ District or Community _____ Campsite _____
Week _____ Council Name _____

TOTALS:

FULL TIME ADULTS: _____
PART TIME ADULTS _____
SCOUTS: _____

REMINDER: Please try to have one copy of this roster ready to turn in at the Scoutmaster's meeting at 1:00 p.m. on Sunday.

ADULT LEADERS:

NAME OF LEADER	POSITION	DAYS IN CAMP (Please Circle)
1 _____	_____	Sun Mon Tue Wed Thr Fri
2 _____	_____	Sun Mon Tue Wed Thr Fri
3 _____	_____	Sun Mon Tue Wed Thr Fri
4 _____	_____	Sun Mon Tue Wed Thr Fri
5 _____	_____	Sun Mon Tue Wed Thr Fri
6 _____	_____	Sun Mon Tue Wed Thr Fri
7 _____	_____	Sun Mon Tue Wed Thr Fri
8 _____	_____	Sun Mon Tue Wed Thr Fri

Boy Leaders (Those not listed with a patrol)

SPL _____ 4 _____
2 _____ 5 _____
3 _____ 6 _____

PATROL NAME: _____

1 _____ 5 _____
2 _____ 6 _____
3 _____ 7 _____
4 _____ 8 _____

PATROL NAME: _____

1 _____ 5 _____
2 _____ 6 _____
3 _____ 7 _____
4 _____ 8 _____



PATROL NAME: _____

1	_____	5	_____
2	_____	6	_____
3	_____	7	_____
4	_____	8	_____

PATROL NAME: _____

1	_____	5	_____
2	_____	6	_____
3	_____	7	_____
4	_____	8	_____

PATROL NAME: _____

1	_____	5	_____
2	_____	6	_____
3	_____	7	_____
4	_____	8	_____

PATROL NAME: _____

1	_____	5	_____
2	_____	6	_____
3	_____	7	_____
4	_____	8	_____

PATROL NAME: _____

1	_____	5	_____
2	_____	6	_____
3	_____	7	_____
4	_____	8	_____



Camp Hinds ~ Camp Payment Coupon

Scout leader's- to help ensure that your summer camp payments are credited correctly to your troop's summer camp account- please complete and submit one of these payment coupons with each payment.

Camp Hinds ~ Camp Payment Coupon
 Date _____ Troop # _____ District _____
 Scoutmaster's Name _____
 Week attending Camp _____ Campsite _____
 Amount Enclosed \$ _____ Payment for # of Scouts _____ @ \$ _____
 Comments _____
 Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102

Camp Hinds ~ Camp Payment Coupon
 Date _____ Troop # _____ District _____
 Scoutmaster's Name _____
 Week attending Camp _____ Campsite _____
 Amount Enclosed \$ _____ Payment for # of Scouts _____ @ \$ _____
 Comments _____
 Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102

Camp Hinds ~ Camp Payment Coupon
 Date _____ Troop # _____ District _____
 Scoutmaster's Name _____
 Week attending Camp _____ Campsite _____
 Amount Enclosed \$ _____ Payment for # of Scouts _____ @ \$ _____
 Comments _____
 Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102

Camp Hinds ~ Camp Payment Coupon
 Date _____ Troop # _____ District _____
 Scoutmaster's Name _____
 Week attending Camp _____ Campsite _____
 Amount Enclosed \$ _____ Payment for # of Scouts _____ @ \$ _____
 Comments _____
 Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102

Camp Hinds ~ Camp Payment Coupon
 Date _____ Troop # _____ District _____
 Scoutmaster's Name _____
 Week attending Camp _____ Campsite _____
 Amount Enclosed \$ _____ Payment for # of Scouts _____ @ \$ _____
 Comments _____
 Send payments to: Pine Tree Council, 131 Johnson Rd Portland, ME 04102



Annual Health and Medical Record

(Valid for 12 calendar months)

Medical Information

The Boy Scouts of America recommends that all youth and adult members have annual medical evaluations by a certified and licensed health-care provider. In an effort to provide better care to those who may become ill or injured and to provide youth members and adult leaders a better understanding of their own physical capabilities, the Boy Scouts of America has established minimum standards for providing medical information prior to participating in various activities. Those standards are offered below in one three-part medical form. Note that unit leaders must always protect the privacy of unit participants by protecting their medical information.

Parts A and C are to be completed annually **by all BSA unit members**. Both parts are required for all events that do not exceed 72 consecutive hours, where the level of activity is similar to that normally expended at home or at school, such as day camp, day hikes, swimming parties, or an overnight camp, and where medical care is readily available. Medical information required includes a current health history and list of medications. Part C also includes the parental informed consent and hold harmless/release agreement (with an area for notarization if required by your state) as well as a talent release statement. Adult unit leaders should review participants' health histories and become knowledgeable about the medical needs of the youth members in their unit. This form is to be filled out by participants and parents or guardians and kept on file for easy reference.

Part B is required with parts A and C for any event that exceeds 72 consecutive hours, a resident camp setting, or when the nature of the activity is strenuous and demanding, such as service projects, work weekends, or high-adventure treks. It is to be completed and signed by a certified and licensed health-care provider—physician (MD, DO), nurse practitioner, or physician's assistant as appropriate for your state. The level of activity ranges from what is normally expended at home or at school to strenuous activity such as hiking and backpacking. Other examples include tour camping, jamborees, and Wood Badge training courses. It is important to note that the height/weight chart must be strictly adhered to if the event will take the unit beyond a radius wherein emergency evacuation is more than 30 minutes by ground transportation, such as backpacking trips, high-adventure activities, and conservation projects in remote areas.

Risk Factors

Based on the vast experience of the medical community, the BSA has identified that the following risk factors may define your participation in various outdoor adventures.

- Excessive body weight
- Heart disease
- Hypertension (high blood pressure)
- Diabetes
- Seizures
- Lack of appropriate immunizations
- Asthma
- Sleep disorders
- Allergies/anaphylaxis
- Muscular/skeletal injuries
- Psychiatric/psychological and emotional difficulties

For more information on medical risk factors, visit Scouting Safely on www.scouting.org.

Prescriptions

The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. A leader, after obtaining all the necessary information, can agree to accept the responsibility of making sure a youth takes the necessary medication at the appropriate time, but BSA does not mandate or necessarily encourage the leader to do so. Also, if state laws are more limiting, they must be followed.



BOY SCOUTS OF AMERICA



Annual BSA Health and Medical Record

Part A

GENERAL INFORMATION

Name _____ Date of birth _____ Age _____ Male Female
 Address _____ Grade completed (youth only) _____
 City _____ State _____ Zip _____ Phone No. _____
 Unit leader _____ Council name/No. _____ Unit No. _____
 Social Security No. (optional; may be required by medical facilities for treatment) _____ Religious preference _____
 Health/accident insurance company _____ Policy No. _____

**ATTACH A PHOTOCOPY OF BOTH SIDES OF INSURANCE CARD (SEE PART C).
 IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE."**

In case of emergency, notify:

Name _____ Relationship _____
 Address _____
 Home phone _____ Business phone _____ Cell phone _____
 Alternate contact _____ Alternate's phone _____

MEDICAL HISTORY

Are you now, or have you ever been treated for any of the following:

Yes	No	Condition	Explain
		Asthma	
		Diabetes	
		Hypertension (high blood pressure)	
		Heart disease (i.e., CHF, CAD, MI)	
		Stroke/TIA	
		COPD	
		Ear/sinus problems	
		Muscular/skeletal condition	
		Menstrual problems (women only)	
		Psychiatric/psychological and emotional difficulties	
		Learning disorders (i.e., ADHD, ADD)	
		Bleeding disorders	
		Fainting spells	
		Thyroid disease	
		Kidney disease	
		Sickle cell disease	
		Seizures	
		Sleep disorders (i.e., sleep apnea)	
		GI problems (i.e., abdominal, digestive)	
		Surgery	
		Serious injury	
		Other	

Allergies or Reaction to:

Medication _____

Food, Plants, or Insect Bites _____

Immunizations:

The following are recommended by the BSA. Tetanus immunization must have been received within the last 10 years. If had disease, put "D" and the year. If immunized, check the box and enter the year received.

Yes	No	Date
<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____
<input type="checkbox"/>	<input type="checkbox"/>	Pertussis _____
<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria _____
<input type="checkbox"/>	<input type="checkbox"/>	Measles _____
<input type="checkbox"/>	<input type="checkbox"/>	Mumps _____
<input type="checkbox"/>	<input type="checkbox"/>	Rubella _____
<input type="checkbox"/>	<input type="checkbox"/>	Polio _____
<input type="checkbox"/>	<input type="checkbox"/>	Chicken pox _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____
<input type="checkbox"/>	<input type="checkbox"/>	Influenza _____

Exemption to immunizations claimed.

(For more information about immunizations, as well as the immunization exemption form, see Scouting Safely on Scouting.org.)

MEDICATIONS

List all medications currently used. (If additional space is needed, please photocopy this part of the health form.)

Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>
Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Reason for medication _____ Approximate date started _____ Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>

NOTE: Be sure to bring medications in the appropriate containers, and make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication.

Emergency contact No.:

Allergies:

DOB:

Last name:



Part B
PHYSICAL EXAMINATION

Height _____ Weight _____ Meets height/weight limits Yes No Blood pressure _____ Pulse _____

Individuals desiring to participate in any high-adventure activity or events in which emergency evacuation would take longer than 30 minutes by ground transportation will not be permitted to do so if they exceed the weight limit as documented at the bottom of this page. Enforcing the height/weight limit is strongly encouraged for all other events, but it is not mandatory. (For healthy height/weight guidelines, visit www.cdc.gov.)

	Normal	Abnormal	Explain Any Abnormalities	Range of Mobility	Normal	Abnormal	Explain Any Abnormalities
Eyes				Knees (both)			
Ears				Ankles (both)			
Nose				Spine			
Throat							
Lungs				Other	Yes	No	
Heart				Contacts			
Abdomen				Dentures			
Genitalia				Braces			
Skin				Inguinal hernia			Explain
Emotional adjustment				Medical equipment (i.e., CPAP, oxygen)			

Allergies (to what agent, type of reaction, treatment):

I certify that I have, today, reviewed the health history, examined this person, and approve this individual for participation in:

- Hiking and camping
- Competitive activities
- Backpacking
- Swimming/water activities
- Climbing/rappelling
- Sports
- Horseback riding
- Scuba diving
- Mountain biking
- Challenge ("ropes") course
- Cold-weather activity (<10°F)
- Wilderness/backcountry treks

Specify restrictions (if none, so state)

Certified and licensed health-care providers recognized by the BSA to perform this exam include physicians (MD, DO), nurse practitioners, and physician's assistants.

- To Health Care Provider:** Restricted approval includes:
- Uncontrolled heart disease, asthma, or hypertension.
 - Uncontrolled psychiatric disorders.
 - Poorly controlled diabetes.
 - Orthopedic injuries not cleared by a physician.
 - Newly diagnosed seizure events (within 6 months).
 - For scuba, use of medications to control diabetes, asthma, or seizures

Provider printed name _____
 Signature _____
 Address _____
 City, state, zip _____
 Office phone _____
 Date _____

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
60	97-138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

Part B Last name: _____ **DOB:** _____



Part C

Parental Informed Consent and Hold Harmless/Release Agreement

I understand that participation in Scouting activities involves a certain degree of risk. I have carefully considered the risk involved and have given consent for myself or my child to participate in these activities. I understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

I approve the sharing of the information on this form with BSA volunteers and professionals who need to know of medical situations that might require special consideration for the safe conducting of Scouting activities.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

Without restrictions.

With special considerations or restrictions (list)



Talent Release Form

I hereby assign and grant to the local council and the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child by the Boy Scouts of America, and I hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America, and I specifically waive any right to any compensation I may have for any of the foregoing.

Yes No

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity.

Participant's name _____

Participant's signature _____

Parent/guardian's signature _____
(if under the age of 18)

Date _____

Attach copy of insurance card (front and back) here. If required by your state, use the space provided here for notarization.



BOY SCOUTS OF AMERICA
1325 West Walnut Hill Lane
P.O. Box 152079
Irving, Texas 75015-2079
<http://www.scouting.org>



2008 Printing

Part C Last name: _____ DOB: _____



CAMP EMERGENCY MEDICATION PLAN

Scout's Name: _____ Date of Birth: _____ Pack or Troop #: _____
Camp Hinds Camp Telephone & Fax: 207-655-4878

TO BE COMPLETED BY PARENT OR GUARDIAN:

I authorize the exchange of medical information about my child's asthma between the physician's office and camp nurse.

Parent or Guardian signature: _____ Date: _____
 Parent or Guardian tel.# home: _____ work: _____ cell phone: _____
 Physician/Healthcare Provider Name: _____ Parent concerns: _____

My child may carry and use his/her: inhaled asthma medicine Yes No Epi-Pen Yes No N/A

TO BE COMPLETED BY CAMPER'S PHYSICIAN/HEALTHCARE PROVIDER:

Provider name: _____ Tel.#: _____ Fax# _____
 NO changes from previous plan

Peak Flow:
 Child's predicted, or personal best peak flow: _____ Date: _____
 Child's Green Zone: _____ Yellow Zone: _____ Red Zone: below _____

Medications:
Preventive (Controller) Medications: _____

Quick Relief Medications: (check the appropriate quick relief med, circle device, list dose/ frequency):
 Albuterol (Proventil, Ventolin) Pirbuterol (Maxair) Other: _____
 ▶ Inhaler with spacer OR nebulizer ▶ Dose/Frequency: _____

Allergies /Triggers for asthma: None known
 Avoid animals
 Other triggers to avoid: _____

Exercise Pretreatment Instructions (check all that apply)
 Give 2 puffs of quick relief inhaler 15 minutes prior to recess/ physical education and/ or _____
 May repeat 2 puffs of quick relief inhaler if symptoms recur with exercise, or _____
 Measure Peak Flow prior to recess / physical education; restrict aerobic activity when child's peak flow is below _____

Asthma Exacerbation Treatment Instructions:
 ➤ **YELLOW ZONE: If child is coughing, wheezing or short of breath, and/or peak flow is in Yellow Zone:**
 Give 2 puffs of child's quick relief inhaler with spacer (or nebulizer treatment). May be repeated in 10 minutes if doesn't recover to Green Zone. Notify parents of exacerbation.
 Other: _____
 ➤ **RED ZONE: If child is in respiratory distress, and/or peak flow is in Red Zone:**
 Give 4 puffs quick relief inhaler (or nebulizer treatment), and call parent and Healthcare Provider.
Call 911 if child does not improve quickly or parents/Healthcare Provider cannot be reached.
 Other: _____

Special Instructions:
 Maine law now permits campers to carry and use inhaled medications and Epi-pen after demonstrating appropriate use of Inhalers and or Epi-Pen to camp nurse. Please check appropriate boxes below:
 ➤ This camper has the knowledge and skill to carry and use: Inhaled medication Epi-pen
 ➤ This camper is not able to carry and use by himself/herself: Inhaled medication Epi-pen
 ➤ Please contact Healthcare Provider and parent if camper is using quick relief medicines more than 2 times a week (i.e. in excess of pre-exercise treatment)
 Other: _____

 Healthcare Provider signature Date

TO BE COMPLETED BY CAMP NURSE: This camper demonstrates knowledge and skill to carry and use:
 Inhaler medications YES NO _____
 Epi-Pen YES NO N/A _____
 Camp Nurse Signature Date

(revised for camp use 1/1/2007)

**CAMP EMERGENCY MEDICATION PLAN****ASTHMA PLAN INSTRUCTIONS**

Every camper with asthma should have a current Camp Emergency Medication Plan completed and signed by their physician (or other health care provider) and kept on file in the camp nurse's office. The form must also be signed by a parent/guardian. The plan should be updated each year or when there are major changes to the plan (such as in medication type or dose). The physician's office is encouraged to fax the plan to the camper's camp nurse.

The camp plan is intended to strengthen the partnership of families, healthcare providers and the camp. It is based on the NHLBI Guidelines for Asthma Management. (For more information contact the camp nurse or www.nhlbi.nih.gov).

CARRYING AND ADMINISTERING QUICK RELIEF INHALERS and/or Epi-Pen:

- Most campers are capable of carrying and using their quick relief inhaler by themselves. The camper, camper's parents, camp nurse and healthcare provider should make this decision. The camp nurse must also evaluate technique for effective use.
- The appropriate boxes must be checked by the parent, provider and camp nurse to indicate the camper's ability to carry and self-administer these medications.

USE OF QUICK RELIEF MEDICATIONS MORE THAN TWICE WEEKLY:

- This indicates poor control of asthma, and providers should be notified by the camp nurse or designated staff.

PEAK FLOW ZONES (based on camper's personal or predicted best):**Green zone: Peak flow 80-100%**

- Symptoms and/or use of quick relief medication ≤ 2 times a week
- Use daily controller medication at home
- Full participation in physical education and sports

Yellow zone: Peak flow 50-80%

- Has symptoms or needs quick relief medication >2 times a week
- Needs quick relief medication and further observation by camp nurse; notify parents
- Attend physical education but restrict strenuous aerobic activity

Red zone: Peak flow $<50\%$

- Symptoms may include shortness of breath, retractions, difficulty talking or walking; quick relief medication not effective
- Requires immediate action, close monitoring and notification of parent and healthcare provider



CAMPERSHIP APPLICATION

DEADLINE: MAY 15, 2009

It is the intent of the Council Campership fund, to provide assistance to youth in securing the necessary funds to experience an outdoor Scouting Adventure. Realizing that families occasionally are not in the financial position to pay for their son to attend a camping experience, the campership funds are made available to assist those Scouts with a financial need. Camperships are available to individuals with a financial need and are to support and supplement other sources of funding, such as family, unit, sponsor and/or other sources.

All information requested on this form must be completed for the Campership Application to be accepted for processing. *All information on this form is confidential.*

(Please Print)
Youth's Name: _____ Pack/Troop # _____

Address: _____

City: _____ St/Zip: _____

Telephone: _____ District: _____

Has this Scout received a Pine Tree Council Campership in the past? Yes No

Does his Pack/Troop conduct a fundraiser(s) for camp? Yes No

 Popcorn Sale? Yes No

 Other ? _____ Yes No

 Did this Scout participate? Yes No

Which camp do you plan to attend: (check one)

Hinds Boy Scout Camp _____

Webelos Resident Camp _____

York Day Camp _____

Abnaki Day Camp _____

Casco Bay Day Camp _____

Downeast Day Camp _____

K-Valley Day Camp _____

Name of Unit Leader: _____ Date: _____

Address: _____

City: _____ State/Zip: _____

Unit leader signature: X _____

Be sure to complete both sides...

Camper.Doc



PINE TREE COUNCIL

BOY SCOUTS OF AMERICA

The Pine Tree Council believes that each Scout should contribute something towards camp. This policy also allows us to utilize our limited funds for more individuals. It should be understood that we do not award camperships for Funpack Weekends, or extra weeks at camp.

Contribution from boy and family: _____
 Contribution from Troop/Pack: _____
 Contribution from sponsor: _____
 Contribution from fundraiser: _____
 TOTAL CONTRIBUTIONS: _____

CAMP FEE: _____ AMOUNT REQUESTED FROM CAMBERSHIP FUND: _____

Confidential Information (must be complete):

Gross annual family income as of application date:

Father's occupation: _____

Mother's occupation: _____

Total number of people in household _____

Do you qualify for free or reduced school lunch? _____

_____	Below \$10,000
_____	\$10,001-\$15,000
_____	\$15,001 - \$20,000
_____	\$20,001- \$25,000
_____	\$25,001- \$30,000
_____	\$30,001 or above

Parent or Guardian Statement: I am requesting financial assistance because _____

Signature of Parent: X _____ Date: _____

Please return to:

Campership Committee
 Pine Tree Council, Inc.
 Boy Scouts of America
 131 Johnson Rd.
 Portland, ME 04102

MAY 15th DEADLINE!!!

OFFICE USE ONLY

Action of Committee:

Not Approved: _____ Approved: _____ Amount: \$ _____ Initials: _____

Be sure to complete both sides...

Camper.Doc